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Resort View

President's Trophy

Updates

A Special Photo Tribute
to LG Neo Kian Hong

Front Page

President's Trophy 2013

On Par

Check Out

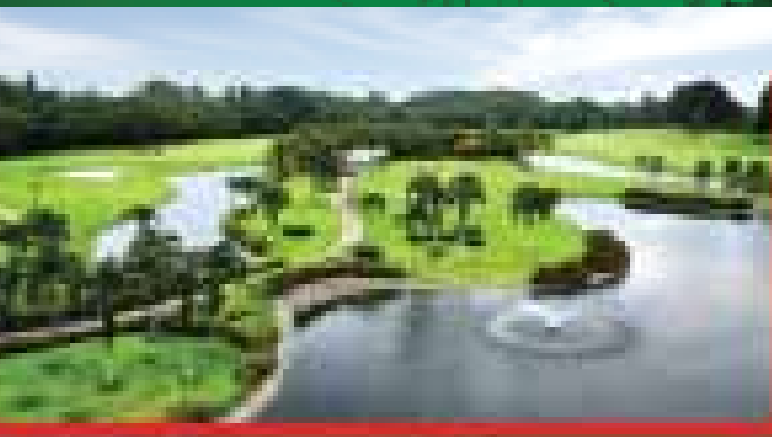
Hot List Demo Day 2013



In celebration of **Total Defence Day**, we are offering existing and potential members a renewal/sign up promotion you cannot resist.



HIGH TIME TO BECOME AN NSRCC MEMBER!



When you become an NSRCC member you will enjoy a club's privileges including:

- A full range of amenities to suit our lifestyle
- Beachfront Bungalows and Spa Sports Centre
- Affiliation to overseas golf clubs

Time waits for no man. Sign up today and walk away with a cool new Luminox timepiece and a full suite of amenities and benefits to choose from!



10-YEAR FULL MEMBERSHIP
Ordinary \$7,070 Associate \$8,830
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Colours: Black \$950

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\$80 off retail fees

Visit our website www.nsrcc.com.au for more information. You can also call our **Memberships Centre** on **1528 8528** or email us at www@nswsports.com.au for enquiries.

Promotion ends **31st March 2013**



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Editor Tan Sze Wah

theeditorspeaks

By the time you read this, you have probably gotten over Lunar New Year feasting and Budget 2013. As most of all of you are car owners, I expect a lot of coffee shop talk at The Deck for the next few months on cars and COEs!

The F1 season will also be starting soon and for motorsports fans, why not catch some of the high speed action at our new Sports Lounge, which will be opening soon.

I trust everyone had a good break from big family gatherings, red packet giving, binging on New Year goodies, reunion meals in celebration of Spring Festival, considered to be one of the most important holidays for Chinese families. I always have a tradition of taking family photo on the first day of the New Year and it is fascinating to see how fast the children grow up! It seems not that long ago they were learning to swim at NSRCC! So do bring your kids here to enjoy the facilities and don't forget your NS45 SAFRA vouchers are valid for use here.

The rescheduled President's Trophy was met with fine weather and for the first time, awards were presented to golfers from the Professional, National and Development teams for their successes in local and international tournaments.

In this issue of Seen & Heard, we look back at the countdown party which attracted over 100 party-goers. The celebration was an intimate affair as members and guests enjoyed alfresco dining by the seaside, accompanied with a live band and sumptuous food. It was also our first ever countdown event held in NSRCC Sea Sports Centre. Catch all the excitement on page 6.

Prior to the new year, NSRCC also organised the first ever flea market for members looking for a retail fix or vendors

to start a small business through the "recycling" of pre-loved and new items. Now you don't need to go Sungei Road to find that little obsolete spare part! Also, as part of the Resort's support of Earth Hour, a corporate social responsibility initiative, members can register for the Lights-Out Bowl at Resort Bowl on 23 March, with more details available on page 8. Pledge your participation with us today.

With the March school holidays in sight, those looking for a short break can choose from our range of weekend activities packages, such as a trip to Batam or Malacca. My golf kakis are always ranting about Batam's huge alfresco seafood place and Malacca's elusive Teochew restaurant at Jonker's walk and the Ikan Baka restaurant near the coast which serves live BBQ seafood. You can explore on your own if you join the trip! Do read on for more information on page 25.

Finally, we are offering existing and new members an irresistible renewal/ sign up membership promotion in celebration of Total Defence Day. Besides direct discounts, we are also giving away exclusive Luminox timepieces. Don't miss this great offer, read on for more information.

Till the next issue, stay healthy. Cheers!





Youth Olympic Games Bronze Medallist - Audrey Yong



All Eyes on Multi-class and Action-packed Windsurfing

The SIM 32nd Singapore Open Asian Windsurfing Championship, Inaugural RS: One Asian Championship and 2nd Asian Formula Windsurfing Asian Championship, attracted 134 competitors from 13 countries. They were Hong Kong, Japan, Thailand, Indonesia, Philippines, Malaysia, Myanmar, Argentina, Denmark, Great Britain, Australia, Singapore and India, 2013 SEA Games host country. Myanmar and India were first-time participants at the event.

Held from the 16 to 20 January at the NSRCC Sea Sports Centre, this key event on the Singapore windsurfing calendar saw the participants race in various classes, namely Formula, RS:One, RS:X, Techno 293 and SIM Windsurfing championship categories.

Racing got off to a good start with good wind conditions on the first and second days, with wind strength averaging between 7 to 18 knots. Despite a promising wind forecast on Day 3, the unexpected northeast monsoon rain forced the Race Committee to call off racing for the day. The rain persisted on Day 4 and no races were held on the final day.

Four races were run in the Formula fleet where Thailand's Sakda Sakulfaeng (THA 7) beat fellow countryman and 2007 SEA Games Gold Medalist Phanuthat Ruamsap, as well as Singapore's Harold Ma to take the title of the 2013 Men's Asian Champion in the Formula class.

In the RS:One class, a total of seven races were run. The title of the 2013 RS:One Asian Men's Champion went to newly crowned RS:One World Champion Coveta Geylord while Madrigal Harold took the top honours in the Espoir division. Two-time Asian Games medallist, Oka Sulaksana from Indonesia topped the Master division.

Hong Kong's Lee Chun Ting claimed top spot in the RS:X Youth class where the top four positions were all dominated by Hong Kong. Team Singapore's Chuah Jun Ler who scored two third-placed wins, was Singapore's best performer finishing fifth overall.

In the Techno 293 class, the team from Hong Kong continued their dominance with Ma Kwan Ching and Kikabhoy Rafeek claiming the top spots on the leader board for the Youth Girls



Young sailor Chuah Jun Ler hails from Singapore



Sea of blue



Display of the National Colours



Distinguished guests for the night

and Youth Boys, respectively. Singaporean Ruth Mow put up a credible performance to finish second overall in the Youth Girls category.

The event also saw students from Singapore's tertiary institutions, Saint Joseph Institution, Saint Anthony's Canossian Secondary and Nanyang Girls' racing in the Windsurfing Championship. The team from SIM was a clear winner, with a first-place finish in both the 4m Novice Men and 4m Novice Women categories.

The International Olympic Committee (IOC) Vice-President Ng Ser Miang, Guest of Honour presented prestigious awards to winners at the closing ceremony.

Proudly supported by the Singapore Sailing Federation, National Parks, MINK and NSRCC Sea Sports Centre, the 4-day multi-class event provided tons of quality racing for the participants and plenty of on-shore entertainment for both spectators and supporters.



Riding the waves



L-R Guest of Honour Ng Ser Miang with Danish windsurfer, Jesper Vesterstrom

Sakda Sakulfaeng from Thailand



Smile for the last moments of 2012

Goodbye 2012 and Hello 2013!

It was a memorable night and first time experience for many members and guests who attended last year's countdown party at Chit's Bar and Restaurant located in NSRCC Sea Sports Centre.

Members and guests sat down to a sumptuous meal amidst a backdrop of city skyline with views of the Straits of Singapore. There was great food and music as our members and guests partied and dined under the stars.

We would like thank all who have made this a successful and memorable event. We wish all a great year ahead!



Bottoms up and dance the night away



Should auld acquaintance be forgot, and auld lang syne



We are all winners - Nurhaliza, Joey, Dexter, Elizabeth, Isabelle and Hui Wen



Joycelyn, Nurhaliza, Hui Wen, Isabelle and Ignatius train every Sunday at Resort Bowl

It's a Family Affair at 13th Milo Junior All-Stars Bowling Championship

NSRCC bowlers and their families travelled to Selangor to participate in the regional 13th Milo International bowling tournament held from 16 to 23 December at Sunway Mega Lanes.

Our team performed well with good showing from Joey Yeo, who came in second in the Open Girl's individual Masters Finals.

They enjoyed great camaraderie and the family support was incredible. Kudos to all the bowlers who represented NSRCC.

"It was a great experience. I am a sort of person who doesn't want to disappoint people, so it was pressurising but I guess I overcame my anxiety. We bonded over meals and watched movies together", said Nurhaliza.

Mr Peter Lee and Mr Yeo both expressed appreciation for what NSRCC has done for the club bowlers, and look forward to greater support from the Resort.



Families unite

Flea Market creates buzz in NSRCC



Skit from Funplay Workshop



Eclectic set-up



Check out our unique bedding collection



Budding Entrepreneurs

The first ever flea market held in NSRCC on 1 and 2 December attracted more than 80 visitors. Members and guests intently displayed their wares ranging from pre-loved to new items such as clothing, sports apparel, children's toys, costume jewellery and decorations.

It was a busy weekend with Balloon Sculpting, Magic Show and a skit performance in support of the "Dad's For Life" campaign.

Participants also picked up tips from instructors from the bicycle and roll-up piano clinics.

Everyone loved the atmosphere and cannot wait for the hosting of the next flea market.

60+
EARTH
HOUR



Lights-Out Bowl (In support of Earth Hour)

23 March, Saturday
8.30pm - 9.30pm

Join us at Resort Bowl for a unique bowling experience, as we switch off non-essential lights for an hour.

Earth Hour is a worldwide event initiated to create awareness of energy conservation. Together, let's take sustainable steps, big or small, to help save the Earth.

For enquiries, email to bowlingstaff@nsrcc.com.sg

Farewell, Club President LG Neo Kian Hong

LG Neo Kian Hong, CDF/President of NSRCC, will be handing over the appointment of President of the Resort on 27 March 2013, to embark on his next career with the civil service, after 30 years of service with the Singapore Armed Forces.

During LG Neo's tenure as President of NSRCC, he had spearheaded the Resort to greater heights and made significant contributions. In the area of members' interest, the Resort has continued to uphold its mission of providing quality facilities to NSmen, despite facing higher degree of challenges within the industry. The golf courses have been maintained in pristine playing conditions and we also saw the re-launch of the Sea Sports Centre in 2010 and upgrading of the Resort's bowling centre in 2011. More recently in late 2012, the revamp of new facilities was carried out which included the jackpot room, seminar/banquet room and a new sports lounge. LG Neo was a strong advocate of and fostered active engagement with members, which included the revamp of NSRCC's website, launch of its first newsletter, RV Connect and direct engagement by the management team with members. These combined initiatives contributed significantly to members' satisfaction ratings reaching a high of 93% in 2011, in terms of their satisfaction with the facilities and services provided by the Resort.



In the area of Resort's committees, LG Neo has further strengthened the recruitment process and a more robust succession planning to ensure the Resort is served by professional and dedicated members in the committees. A succession planning system was also put in place for key appointments within the Resort's committees to ensure that members' interests continue to be taken care of.

In order for the Resort to function efficiently and serve the members well, LG Neo recognised the need for a strong management team with the required core competencies and talent to manage the Resort. An enhanced organisation structure was created to position the Resort to respond well to a more competitive and challenging operating environment with greater capacity for organisational effectiveness.

LG Neo, with his vast experience in managing other SAF clubs, has placed great emphasis on good corporate governance, prudence in the management of funds and supported corporate social responsibility initiatives. This has contributed to the Resort achieving operating savings which will be used to undertake upgrading projects in the immediate and near future, which will ultimately benefit all members.

The Resort's committees and management would like to thank LG Neo for his strong leadership, guidance, dedication and excellent service rendered to NSRCC, and wish him great success in his new career.

LG Neo, good luck and all the best in your future endeavours!

A Special Photo Tribute to LG Neo Kian Hong



LG Neo presenting the Hole-in-one prize to Charity Golf 2012 golf tournament participant



LG Neo mingling with dinner guests at President's Trophy 2012



President's Trophy 2011



Driving a putt



Officiating the re-launch of NSRCC Sea Sports Centre 2010



Club President 2010 - 2013



Presenting Ladies Gold Medal during President's Trophy 2011



SAF Day prize presentation 2010



Swinging for Charity



LG Neo, management staff and committee members enjoying a sing along



"Lo Hei" session with members of the General Committee



Officiating the opening of "The Leaders" Seminar/Banquet Room 2013

Welcome, Club President Major-General Ng Chee Meng

MG Ng Chee Meng will be taking over the appointment of Chief of Defence Force (CDF) from LG Neo Kian Hong on 27 March 2013, and will also assume the appointment as President of the National Service Resort & Country Club (NSRCC).

Career with the SAF

MG Ng has held various key command and staff appointments in the RSAF. These include Officer Commanding in 149 Squadron, Commanding Officer of 144 Squadron, Commander Changi Air Base, Deputy Head of Joint Communications and Information Systems Department and Head of Air Plans Department, where he has helped shaped the 3rd Generation RSAF. MG Ng was also the Director of Joint Operations for the SAF and strategised numerous overseas deployment missions and collaborated with armed forces all over the world. Before he took over the appointment of Chief of Air Force in 2009, MG Ng was also the Deputy Chief of Air Force.

President of NSRCC

MG Ng will be the 7th Club President appointed since the inception of the Club in 1992. With MG Ng's experience in club management, he will be able to steer the Resort to greater heights in the coming years.

We extend a very warm welcome to MG Ng and look forward to his leadership and guidance as President of NSRCC.



President of SAFRA Visits NSRCC



Welcome Mr Chan Chun Sing!



Huat ah!



Meet and greet

President of SAFRA, Acting Minister for Social and Family Development and Senior Minister of State for Defence, Mr Chan Chun Sing, visited NSRCC on 15 February 2013. The visit commenced with a briefing by the management on the Resort’s mission, range of facilities, membership profile, business model, operating challenges and future plans to provide NSmen and their families, with country club and resort facilities at affordable prices. Mr Chan was also updated on how NSRCC complemented SAFRA in her operations and the Resort’s initiatives in providing facilities to support NS cohesion activities.

Thereafter, Mr Chan joined in an informal Staff Interaction Session to interact with staff from various departments, including ground operations staff, to understand better their daily operating challenges in fulfilling the extremely high utilisation of the Resort’s key facilities. A “Lo-Hei” or Prosperity Toss was another highlight of the visit as the staff were honoured with Mr Chan’s presence in celebration of Lunar New Year, despite his busy schedule.

Mr Chan extended his appreciation and complemented the management staff for their good work and efforts for the round-the-clock operations managing complex Resort facilities at two locations, as compared to other country clubs in Singapore, and taking into account the Resort’s huge membership base of more than 18,000, including family members. Mr Chan further encouraged the staff to continue to provide the high standards of services at NSRCC for the enjoyment of members and their families, as well as all NSmen.



Receiving oranges and blessings from Mr Chan



Mr Chan listening to how the staff interact with members and engage in their daily routines

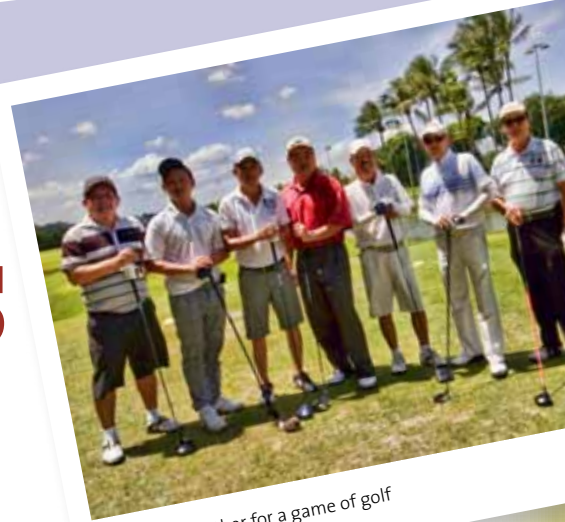


Wishing everyone a prosperous New Year!



Mr Chan addressing and thanking the staff for their contributions

President's Trophy 2013



Beautiful weather for a game of golf

The Annual President's Trophy event originally scheduled on 19 January, was postponed due to the unexpected northeast monsoon that brought along prolonged rain over the weekend. The event was rescheduled to 2 February and was blessed with good weather and a strong turnout. As part of the Lunar New Year celebrations, all golfers also received a pair of mandarin oranges each for good fortune and prosperity.

During the President's address at the dinner, LG Neo Kian Hong, Chief of Defence Force/President of NSRCC praised the outstanding performances of the Resort's SGA-Inter Club League team and junior golfers which he believes will go on to achieve greater successes. He also congratulated youth bowler, Joey Yeo for her outstanding performance at the recent Milo International Junior All Stars Bowling Championship.

LG Neo highlighted a series of new events organised for the benefit of members as part of the NS45 celebrations last year, such as the first-ever Hot List Demo Day and 45-hole challenge which was a part of the National Service Day Golf event.

While he acknowledged that NSRCC was Singapore's busiest Resort and country club, the course maintenance works and the new fleet of buggies provided members with a positive golfing experience.

He also welcomed the renewal of key facilities at the Resort such as the Jackpot room and seminar/banquet room. "Members can also look forward to the opening of the Sports Lounge soon", said LG Neo.

LG Neo also highlighted the unique challenge faced by NSRCC in providing sufficient irrigation water for the golf courses and that the management was working with various agencies to come up with practical and cost-efficient solutions.

In the recent annual membership survey, he revealed the positive rating provided by members and valuable feedback received from members and the management strive to do better to provide NSmen and their families with resort-style recreation facilities and services at affordable prices. This was in spite of the challenges of rising maintenance costs, high operating costs and inflation.



LG Neo takes a swing



President speaking with award recipients



President gives his address



Andrew Kwa, former Captain and Chairman of Greens & Handicap Committee receiving his memento from President

LG Neo thanked former Captain and Chairman of the Greens & Handicap Committees, Andrew Kwa for his contributions, hard work and dedication to the Resort since 2004 and wished the new Club Captain Tan Kah Han all the best in his appointment.

For the first time, a total of 10 junior golfers from the professional, national and development teams were recognised and honoured for their achievements in local, regional and international tournaments in 2012.



Yeo Tuan Way, 'B' Division winner



Yap Yu Zong Glenn, Club Championship 2012 overall winner

Results for President's Trophy Golf Tournament 2013

Category	Name	Points
Overall Best Stableford	Goh Heok Yang Michael	50
'A' Division Winner	Chew Kong Ming	43
'B' Division Winner	Yeo Tuan Way	45
'C' Division Winner	Yeo Yong Yan	41
Ladies Division Winner	Choo Mui Lee	37

2012 Club Event Overall Winners

Event	Name
Club Championship	Yap Yu Zong Glenn
Intermediate Challenge Trophy	Au Tsin Heng Andrew
Novice Cup	Chong Chun Sen
Gold Medal Men's	Kan Kon Cheong
Gold Medal Ladies	Choo Mui Lee

Achievement Awards

Category	Name
Professional	Quincy Quek
National Team	Marc Ong Joshua Ho Phoebe Nicole Tan Billie Pay Jen Goh
Development Team	Kok Jo Ee Nicholas Lim Abdul Hadi Nadhra



Award recipients Nadhra (Development Team), Nicholas (Development Team), LG Neo Kian Hong, David Tay, Junior Golf Development Programme Convener, Joshua Ho (National Team), Marc Ong (National Team) and Abdul Hadi (Development Team)

The “Mental Game of Golf”

You can improve your golf scoring on the course if you follow the technique that I have listed below. The fun part of this exercise is that you do not have to change your current swing. You have just hit your tee shot down the fairway and are now preparing to hit your second shot.

Do you think about your next shot?

1. Check the lie of your ball. A ball sitting in a divot or uneven ground will have to be struck differently or played with a more lofted club.
2. Check the wind conditions to the flagstick.
3. Is the pin placement front, back or to the centre of the green?
4. In preparing to play the shot, is the trouble more to the front of the green (bunkers) or more trouble if you were to go over the green?
5. Do you visualise the outcome of the shot and pre-play a positive outcome? Jack Nicklaus calls this positive visualisation. ‘Going to the movies’ before he selected his club and took his stance. Think of the swing this way the club needs mental direction. Positive mental direction is always better than negative.
6. Do you have a pre-shot routine whereby after you have pulled the club from your bag, you do the same routine each time? If you do not have a specific routine then you need to establish one.

The pre-shot routine actually puts the golfer on automatic pilot and is a safety value under pressure. If you watch the tour players on both the men and ladies golf tours you will notice that they perform the same routine each time. This would be done on the green as well as the fairway and tee box.

I am sure if you follow the steps outlined, your scores can be improved by establishing a Pre-shot Routine.

Check-list for Success:

1. Check the ball lie
2. Green Evaluation
3. Wind Conditions
4. Pin Placement
5. Picture your shot – “Positive Visualisation”
6. Select appropriate club
7. Pre-shot routine and swing with confidence

Thomas Regan
PGA Professional and Coach
Phil Brew Golf Academy

Golf 101

Rule 12-2:

Lifting the Ball for Identification

The responsibility for playing the proper ball rests with the player. Each player should put an **identification mark** on his ball before every game.

The identification mark is decided by the player and the player must be able to identify their own mark.



Decision 27/10: The Player is unable to distinguish his ball from another ball

Scenario:

Player A finds two identical balls in the area, but could not determine which ball was his as both balls were identical and neither had any form of identification mark.



Player A tees off without any identification marks on golf ball.



Player A finds two identical balls and is unable to determine which belongs to him as neither had identification marks.

** If the player is unable to identify his ball, then his ball is considered lost.*

Tip: Always put an identification mark on your golf ball before tee off.



Charity Golf 2013

Swing For The Elderly

Date

18 & 19 May 2013

Venues

SAFRA Resort Golf Course
10 Changi Coast Walk, Singapore 499739

Kranji Sanctuary Golf Course
50 Neo Tiew Lane 3, Singapore 718828

Guest of Honour

Dr Ng Eng Hen, Minister for Defence

Beneficiaries:

- Apex Harmony Lodge
- Geylang East Home for the Aged
- Metta Welfare Association
- Society for the Aged Sick
- SAF Benevolent Fund



For more information on sponsorship or to register, email golfing@nsrcc.com.sg or call 6540 8500.



A Boom sprayer used to spray herbicide

What's happening on the course - Weeds Control for our Golf Courses

A weed is any plant growing where it is not wanted.

When it occurs as part of a turf grass community, it is often seen as an undesirable plant because of its disruptive effect on the aesthetic appearance, stabilising capacity, or overall utility of a turf.

Large infestations of weed frequently occur where severe soil compaction limits turf grass growth. Weed infested areas are largely not playable due to sogginess, especially during wet weather conditions.

We will be carrying out herbicide spraying to our fairways, roughs, tees and tee surrounds at least 3 to 4 times a year during course maintenance days. For large infested areas, re-turfing works will be carried out and take 2 to 3 weeks for turf recovery. This is to allow golfers to experience a smoother surface.

Till next time, keep swinging.

*By James Sua
Certified Golf Course Superintendent - CGCS
Manager Course Maintenance Division*

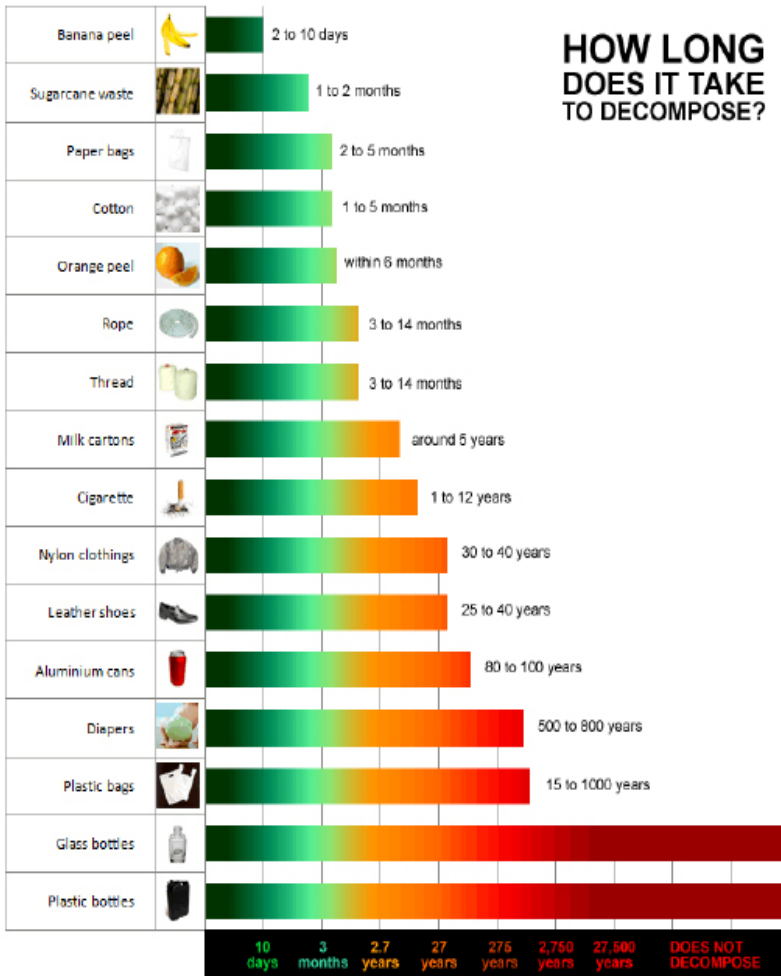


Our greens specialists make re-turfing look easy



Preparing the course for play

Did you know?



That's why it is best to recycle these instead of throwing them to the landfill.

Have you ever thought about how long the banana peel you throw away on the course would take to decompose?

It is surprising to know that some of our everyday items may take up to more than 1,000 years to decompose. In fact, some may not decompose at all!



Adapted from <http://socyberty.com/issues/strange-trash-facts>

Hole-In-One Achievers

S/N	Who	When	H'cap	Where
1	Inez Xi Yin	24 August	34.3	Raffles Country Club, Palm Course Hole 7
2	Chia Phek Leng	8 September	22.9	KSGC, Hole 14
3	Chang Chee Chong	14 September	17	Poresia Country Club, Sakura Course Hole 24
4	Yong Chee Leong	9 October	16.3	Airforce Hole 8
5	Chia Yong Kwee Willie	20 October	11.9	Army Hole 3
6	Jeannie Koh	22 October	20	Airforce Hole 8
7	Aw Eng Wah	16 October	19	KSGC Hole 14
8	Sally Au Siew Chun	20 October	23	KSGC Hole 5
9	Teow Min Kwee Rodney	20 October	16.7	KSGC Hole 5
10	Chew Chung Keong	30 October	20	KSGC Hole 2
11	Todd Rosin	2 November	16.1	KSGC Hole 5
12	Dr Lee Nyen Kong	17 November	13.3	KSGC Hole 14
13	David Lee	29 November	7.4	KSGC Hole 17
14	Toh Say Chong	18 November	23.4	Ria Bintan Golf Club Ocean Blue Hole 2
15	Wong Khin Seng	2 December	14.6	Warren Golf & Country Club Hole 16
16	Loh Boon Leng David	16 December	11.3	Seletar Country Club Hole 6
17	Ang Ka Lai	19 December	8.3	Airforce Hole 8
18	Foo Sick See	23 December	10	Orchard Golf & Country Club Hole 17
19	Lian Say Chau	23 December	11	Army Hole 7
20	Por Rosaline	27 December	31.8	Ria Bintan Golf Club, Ocean Course Hole 12
21	Fong Meng Chee	30 December	15	Navy Hole 6
22	Tan Su Yong	5 January	8.1	Army Hole 7
23	Chia Eng Soon	12 January	11.2	Palm Villa 101 Course Hole 21
24	Phillip Quek Kim Hai	22 January	8.5	Airforce Course Hole 6
25	Chua Ping Sun	26 January	7.2	Army Course Hole 3

For results of Monthly Medal, please go to <http://www.nsrcc.com.sg/posting/golf>

HERE IS A
LITTLE TASTE OF
THE AMAZING
VOUCHERS &
DEALS AVAILABLE
INSIDE THE
EAT SHOP PLAY
BOOK SET.

GRAB YOUR
COPY TODAY!



Skinny Pizza

TERMS & CONDITIONS
- Offer available on weekdays or weekends only
- Valid at all participating outlets
- Excludes all other offers, specials, discounts, other promotional offers
- Offer valid until 31st March 2013

Skinny Pizza
What a crack.

Enjoy a complimentary pizza with the purchase of a pizza of equal
or greater value

1 for 1

Woodlands Plaza #01-04, T: 6336 7811 • Raffles City Shopping Centre #B1-03/04, T: 6331 5889
East World City #01-01/02, T: 623 60644 • Plaza Singapura #01-02/03, T: 6334 0111

AbsTrimMen[®]
BY BIOSKIN

TERMS & CONDITIONS
- Offer available on weekdays or weekends only
- Valid at all participating outlets
- Excludes all other offers, specials, discounts, other promotional offers
- Offer valid until 31st March 2013

AbsTrimMen[®]
BY BIOSKIN

Enjoy 5 Timmy Trims at \$68 (U.P. \$1080)

Great Deal

Dechard Central, #04-05, T: 6538 7787 (Closed on Thurs) • The Central, #04-54, T: 6887 0686

2nd NSRCC & GOLF DIGEST SINGAPORE HOT LIST DEMO DAY 2013

Date : 27 April, Saturday
Time : 9.30am – 1pm (AM Session) • 2.30pm – 6pm (PM Session)
Venue : NSRCC Driving Range
Registration Fee : ^\$15 per Member (AM or PM Session)
Registration Closing Date : 10 April, Wednesday
Registration Starts On : 11 March, Monday
For enquiries, call 6540 8500 or email golfing@nsrcc.com.sg

Sign up now for a
^FREE Goodie Bag worth
more than \$100

Terms & Conditions

- Registration is on a first-come-first served basis
- Registration is open to NSRCC Principal Members only
- Fees are subject to 7% GST
- Items in goodie bags may vary
- NSRCC reserves the right to change the promotion without prior notice

Venue Sponsor



In collaboration with



16th Annual Swimming Carnival 2013

2 June, Sunday

8:30am - 2pm

**Fees: \$15 (Junior Member) / \$18 (Guest)*

Register by: 13 May, Monday

Join us for an exciting race at the poolside where parents and children aged 5 to 15 can have a splashing good time. Compete in various categories – Freestyle, Breaststroke, Backstroke, Butterfly, Kickboard and Parent & Child Relay.

Each participant will receive a goodie bag and vie for the coveted swim titles. Head down with your entire family for a day of fun and excitement!

To pre-register, simply provide your personal details (Date of Birth, Gender, Membership Number, Membership Name, Age Group, Address and Contact Number) and name of the event you would like to register for.

For more details, contact Juhainie at 6540 8564 or email Juhainie@nsrcc.com.sg

**Fees are subject to 7% GST.*



Events	Eligible Age Group	Year of Birth
*Individual event open to all age group	5 - 7 years old (Boys / Girls)	1 January 2006 - 31 December 2008
50M Freestyle	8 - 10 years old (Boys / Girls)	1 January 2003 - 31 December 2005
50M Breaststroke	11 - 12 years old (Boys / Girls)	1 January 2001 - 31 December 2002
50M Backstroke	13 - 15 years old (Boys / Girls)	1 January 1998 - 31 December 2000
50M Butterfly	8 - 10 years old (Boys / Girls)	1 January 2003 - 31 December 2005
	11 - 12 years old (Boys / Girls)	1 January 2001 - 31 December 2002
	13 - 15 years old (Boys / Girls)	1 January 1998 - 31 December 2000
50M Kick Board	5 -7 years old (Boys / Girls)	1 January 2006 - 31 December 2008
2 x 50M Parent & Child Relay	Parent & Child	-

Participants are only permitted to swim in one relay.

Terms & Conditions

- 1) Each participant is permitted to swim in up to 3 events.
- 2) The event will be hand-timed. Only the 3 top returned best times will be declared as the winners. The Official's decision is final.
- 3) The Organiser reserves the right to make any amendments/cancellation of event without notifying the participants.
- 4) All entry forms must be received before the closing date. Late submission of forms will not be entertained.
- 5) The Club shall not be liable for any mishap or injury to the participants during or as a result of the course or activity.

Baking Class



11 May, Saturday
1pm - 3pm (Session 1)
3pm - 5pm (Session 2)

**Fees (Per Pair): \$90 (Member) / \$110 (Guest)*

Age Group: 6 years and above
Register by: 21 April, Sunday

Get artsy, unleash your creativity and passion for food and art by decorating your cakes.

All ingredients will be Halal and suitable for lacto-ovo vegetarians (containing milk and eggs). For participants with special dietary requirements, kindly contact us.

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Class starts with a minimum of 10 participants.*



Vocal Class (Beginner – 2nd Intake 2013)

1 April - 13 May
(Every Monday)
6:30pm - 8pm

**Fees: \$180 (Member) / \$200 (Guest)*

Age Group: 16 years and above
Register by: 17 March, Sunday

This is the 2nd intake for 2013. Learn the basic vocal techniques and gain confidence singing in public.

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Class starts with a minimum of 10 participants.*

Cycling Clinic (Adults)



**Fees (Per session): \$25 (Member) / \$30 (Guest)*

Age Group: 16 years and above
Register by: 19 April, Friday

Level 1 • 4 May 2013 (Every Saturday)
\$240 (12 sessions package)
8 - 9am

Aim to equip those who just started cycling to have the skills and ability to access risk and respond to obstacles while riding in park connectors.

Level 2 • 4 May 2013 (Every Saturday)
\$300 (16 sessions package)
9 - 10am

Aim to equip and prepare cyclist who owns a road bike to have the skills necessary to ride in a pack & out on the main road.

Level 3 • 5 May 2013 (Every Sunday)
TBA

Aim to increase the level of cycling competency to prepare for cycling race and tactical skills.

Safe cycling starts even before the ride begins. Develop your coordination, balance and judgment skills with NSRCC cycling clinic.

Receive a set of complimentary safety gear when you sign up for our cycling clinic.

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Student must bring personal bike and safety gear. Student must register for a minimum of four sessions per registration. Class starts with a minimum of 10 participants.*

NSRCC Flea Market 2013



2 June, Sunday
9am - 5pm

*Near the Swimming Pool
(Non-sheltered)*

Register by: 5 May, Sunday

**Fees: \$5 (Hourly) / \$30 per day
(Member) \$10 (Hourly) / \$45 per
day (Guest)*

Rent a space for as low as \$5.

*New, unused, pre-loved items are
welcome.*

**Contact Waty at 6540 8563 or email
ernawaty@nsrcc.com.sg**

**Fees are subject to 7% GST, per space
basis. Event starts with a minimum of 10
registrations and is subject to weather
conditions. Tables will be provided for one day
sign-up only.*



Paintball

21 June, Friday
1pm - 5pm

Singapore Discovery Centre

**Fees: \$35 (Member) / \$45 (Guest)
/ \$120 (Team of four)*

Age Group: 18 years and above

Register by: 3 May, Friday

Challenge yourself physically with
this action-packed game. It teaches
quick decisive action, teamwork
and more. Participants will receive a
token of participation from NSRCC.

The package includes rental of

- 1 paintball rifle
- 1 safety mask and protective vest
- 50 paintball paint

**Contact Waty at 6540 8563 or email
ernawaty@nsrcc.com.sg**

**Fees are subject to 7% GST. Team of four
must include at least one NSRCC member. A
minimum of 16 participants and maximum of
32 participants are required.*

Easter Bowl



28 March, Thursday
2pm - 4pm

Fees: \$5 (Member) / \$6 (Guest)

No of games: Two games

**Contact 6545 6365 or email
bowlingstaff@nsrcc.com.sg**

2D1N Batam Getaway



18 - 19 May, Saturday

**Fees: \$50 (2 - 12 years old) / \$115 (Member) / \$140 (Guest)
Register by: 31 March, Sunday*

Stay in the uniquely ship-like hotel in Batam. Visit the famous Diana Homemade Layer Cake, Batam Taman Mini Indonesia, Golden Go-Kart Centre and Batam Shopping Mall as part of the Batam City Tour.

Package includes:

- 2 way Ferry tickets to Batam (Include: Departure Fee, Fuel Surcharge & Terminal Fee)
- 2 way Land Transfer
- 1 night accommodation at Pacific Palace Hotel (Twin/ Triple Sharing)
- 1 day Batam City Tour with Tour Guide (includes lunch)

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Tour will proceed with a minimum of 30 adults.*



4D3N Malacca - Genting - KL Getaway

10 - 13 June (Monday - Thursday)

**Fees: \$218 (2 - 12 years) / \$450 (Member) / \$540 (Guest)
Register by: 14 April, Sunday*

Start with a historical tour of Malacca followed by some exciting amusement rides in Genting Highland. Drop by Kuala Lumpur for a shopping trip.

Package includes:

- 2 way coach transfer
- 3 nights accommodation (Twin/ Triple Sharing)
- 1 day Malacca Historical Tour with tour guide

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Tour will proceed with a minimum of 30 adults or equivalent.*

Itinerary is subject to changes. Participants with special dietary requirements, can request for Halal or Vegetarian meal upon registration. All packages exclude personal insurance, personal expenses, entrance fee and visa fee (where applicable).

Bowling Camp



12 - 13 June, Wednesday - Thursday

Register by: 7 February

27 - 28 November, Wednesday - Thursday

Register by: 27 May

4 - 5 December, Wednesday - Thursday

Register by: 4 June

Contact bowlingstaff@nsrcc.com.sg for more information

Annual Snooker Closed Tournament 2013



**18 May, Saturday
1pm - 8pm**

**Fees: \$30 (Members only)
Register by: 28 April, Sunday*

The Annual Snooker Tournament is here again. The first prize winner will get his name engraved on the Roll of Honour Board and Challenge Trophy and walk away with a trophy and cash prizes.

Fabulous Prizes to be won

- 1st Prize: Trophy + \$300 Cash + Name Engraved on Roll of Honour Board + Challenge Trophy
- 2nd Prize: Trophy + \$200 Cash
- 3rd Prize: Trophy
- 4th Prize: Trophy
- Highest Break Point : \$100 Cash

Contact Waty at 6540 8563 or ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. A minimum number of 12 participants is required. Format of play and the number of days play might change subject to the number of participants. Refreshments will be provided.*



Quarterly Medal

**31 March, Sunday
10am - 6pm**

*Fees: \$40 per person
(Members only)*

Check-in: 9:30am
Roll-off: 10am
No of games: 10-games series

There are three categories for this tournament: Men's, Ladies and Youth.

Contact 6545 6365 or email bowlingstaff@nsrcc.com.sg

Event will start with a minimum of 25 participants.

Learn to Bowl / Bowling Clinic



**18 - 19 March,
Monday - Tuesday
10am - 12am**

*Age Group: 10 - 21 years old
Fees: \$36 per person*

Participants with the potential to bowl will be invited to join the development squad and represent the club in future tournaments and leagues.

Contact 6545 6365 or email bowlingstaff@nsrcc.com.sg

Class starts with a minimum of four participants.



calendar of events

2 Mar - 27 Apr
(Every Sat except 30 March)
Little Pianist Classes (Roll-up Piano)

9 (Sat)
The Classic on Understanding Women

16 (Sat)
Cake Pop Baking Class (Demo + Hands-on)

18 - 19 Mar
Learn to Bowl / Bowling Clinic

16 (Sat)
Captain's Cup

23 (Sat)
Lights-out Bowl

25 Mar - 5 Aug (Every Mon)
Karaoke Kakis

28 - 30 (Thurs - Sun)
Hong Kong 3D2N Getaway

29 (Fri)
Easter Bowl

30 (Sat)
13th Youth Inter-Club Mixed League

31 (Sun)
Quarterly Bowl

31 (Sun)
Quarterly Medal

mar



1 Apr - 13 May
Vocal Class
(Beginner - 2nd intake)

27 (Sat)
Snooker Bi-Monthly Medal 2013

apr



1 (Wed)
Labour Day Bowl

5 (Sun)
SGA Inter-Club League (5th leg)

18 (Sat)
Annual Snooker Closed Tournament

18-19 (Sat - Sun)
Charity Golf

24 (Sat)
Vesak Day Bowl

may



Information correct as at time of printing. Please call **6543 5725** for enquiries on Sports & Recreation Activities or **6540 8500** on Golfing Events.

Appiliated Clubs

Dear Members,

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted/ reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at www.nsrcc.com.sg using your members' PIN. Please check our website for the latest/ current list of affiliated clubs.

malaysia

Johor Tanjung Puteri Golf & Country Club
Tel : 02-07-271 1888 (Office & Club)
6338 2828 / 6339 7266
(S'pore Office)
Fax : 02-07-271 1333 (Office & Club)
6339 5128 (S'pore Office)
Email : enquiry@tpgr.com
Website : www.tpgr.com

Malacca A'Famosa Golf Resort Berhad
Tel : 02-06-552 0888 / 0555
Fax : 02-06-552 0695
Website : www.afamosa.com
Email : enquiries@afamosa.com

Orna Golf & Country Club
Tel : 02-06-521 0333
Fax : 02-06-521 0222
Email : ogcc@ornaresort.com.my

Negeri Sembilan Nilai Springs Golf & Country Club
Tel : 02-06-850 8888
Fax : 02-06-850 3388 (Golf)
02-06-850 3005 (Admin)
Email : club@nilaisprings.com.my

Staffield Country Resort
Tel : 02-03-8766 6117 / 8 / 9
Fax : 02-03-8766 7173
Email : scrib@streamyx.com

Penang Bukit Jambul Country Club
Tel : 02-04-644 2255
Fax : 02-04-644 2400
Email : bjcc@po.jaring.my
Website : www.bjcc.com.my

Bukit Jawi Golf Resort
Tel : 02-04-582 0759
Fax : 02-04-582 2613
Email : enquiry@bukitjawi.com.my
Website : www.bukitjawi.com.my

Penang Golf Resort
Tel : 02-04-578 2022
Fax : 02-04-575 0228
Email : pgrb@hotmail.com

Perak Clearwater Sanctuary Golf Resort
Tel: 02-05-366 7433
Fax: 02-05-366 7434
Email : cwsgolf@po.jaring.my
Website : www.cwsgolf.com.my

Selangor Kelab Golf Sultan Abdul Aziz Shah
Tel: 02-03-5510 5872
Fax: 02-03-5510 5860
Website : www.kgsaas.com.sg

indonesia

Batam SouthLinks Country Club
Tel : 62 778 323837 (Batam)
62 21 3190 2070 (Jakarta)
6278 7079 (S'pore Office)
Fax : 62 778 323849 (Batam)
62 21 3190 2772 (Jakarta)
6270 0029 (S'pore)
Email : sales@southlinksgolf.com

Jakarta Padang Golf Modern & Country Club
Tel : 62-21-552 9228
Fax : 62-21-552 9177 / 87
Website : www.moderngolfcc.com

Sedana Golf & Country Club
Tel : 62-267-644 730 (Club)
62-267-644 733 (Golf Reservation)
62-21-612 8811 (Accommodation)
Fax : 62-267-644 728 (Club & Golf Reservation)
62-21-612 8822 (Accommodation)
Email : sedanagolf@yahoo.com

china

Guangzhou Guangzhou International Golf Club
Tel : 001-8620-8293 3888
Fax : 001-8620-8293 3168
Email : golf@gigc.com.cn
Website : www.gigc.com.cn

Zhuhai Lakewood Golf Club
Tel : 086-756-338 3666 / 0452 (Club)
852-2877-1215 / 1128 (Golf Reservation)
Fax : 086-756-338 3898 / 086-756-339 9706 (Club)
867-5633 0452 (Hong Kong Office Golf Booking)
852-2877 8770 (Golf Reservation)
Email : reservation@lakewood.com.cn
Website : www.lakewoodclub.com.cn

brunei

Royal Brunei Golf & Country Club
Tel : 673-2-611 582
Fax : 673-2-610 499
Email : rbgcc@jerudong-park.com
Website : www.jerudong-park.com

special golfing arrangements

Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.

Singapore
Sembawang Country Club, Singapore
Tel: 6751 0320 / 328
Fax: 6752 0446
Website: www.sembawanggolf.org.sg
Flights Available: Weekdays only

Thailand
Phuket Country Club
Tel: 660 76 3192004
Fax: 660 76 319206
Website: www.phuketcountryclub.com
Email: bookings@phuketcountryclub.com

Gassan Khuntan Golf & Resort
Gassan Lake City Golf & Resort
Gassan Marina Golf Club
Tel: +65 6547 1229
Fax: +65 6841 8809
Website: www.gassangolf.com
Email: intourholidays@gmail.com

South Africa
Spier Country Club, Cape Town
Tel: 27-21809-1100
Fax: 27-21881-3634
Website: www.spier.co.za
Email: info@spier.co.za

Vodacom, World of Golf, Johannesburg
Tel: 27-11802-5864
Fax: 27-11802-7491
Website: www.golfersworld.co.za
Email: rica@worldofgolf.co.za



facilities directory

main lobby reception

Tel: 6542 8288
6543 5725 (booking of facilities)
8 am to 8 pm (daily)

membership centre

Tel: 6540 8555/8556
8.30 am to 5.30 pm (Mon to Fri)
10.30 am to 2.30 pm
(Weekends & Public Holidays)

f&b outlets

appetizer pte ltd (at bowling centre)

12 pm to 11 pm (Mon to Thu)
12 pm to 2 am (Fri, Sat & eve of Public Holidays)
10 am to 11 pm (Sun & Public Holidays)

jumbo seafood @ nsrcc

Tel: 6552 3435
11.30 am to 3 pm (lunch daily)
6 pm to 10.30 pm (dinner daily)

the deck (golfers' terrace)

Tel: 6214 3136
6.45 am to 7.30 pm

the terrace cafe (kranji sanctuary)

Tel: 6791 1948
7 am to 8 pm (daily)

corporate/private events

the falcon, the corvette, the larden, oriole 1 and oriole 2, the leaders

For booking enquiries, call 6540 8566 / 6543 5735 / 6543 5749
email: events@nsrcc.com.sg

For bookings of The Sanctuary I & II at KSGC and F&B catering, call 6898 5168 (Ms Annie Chew) for reservations and enquires.

golf facilities

golf reception

Tel: 6540 8500
Fax: 6542 7710 / 6545 6525
Opening Hours: 7 am to 5.30 pm
Booking Hours:
Weekend Golf
(following weekend and public holidays)
In-person* - 6 pm to 7 pm (Fri)
Internet - 6 pm onwards (Fri)
Telephone - 9.30 am to 5 pm
(Sat onwards)
* currently not available at Kranji Sanctuary Golf Course
Weekday Golf
In-person, Telephone - 9.30 am to 5 pm (daily)
Internet - 9.30 am onwards (from Mon)

driving range

Tel: 6543 1726
7 am to 11 pm (daily, except Mon: 2pm to 11 pm)

phil brew golf academy

Tel: 6545 1601

golf pro-shops

nsrcc - Pan-West

Tel: 6542 0878
7 am to 7 pm
(daily, except Mon: 11 am to 7 pm)

nsrcc - hon shin golf (club fitting & repair)

Tel: 6542 2978
2 pm to 9 pm (Tue to Fri)
10.30 am to 5 pm (Sat & Sun)

kranji sanctuary - phil brew

Tel: 6861 8700
9 am to 6 pm (Tue to Fri)
7 am to 6 pm (Sat, Sun & Public Holidays)

sports & social facilities

billiards room

10 am to 10 pm
(daily, but extendable to 11 pm upon request)

fitness centre

Tel: 6543 5715
7 am to 9.30 pm (Weekdays)
7 am to 8.30 pm (Weekends & Public Holidays)

jackpot room

9.30 am to 12 am (Mon to Thu)
12 pm to 1 am (Fri)
9.30 am to 2 am (Sat)
9.30 am to 12 am (Sun & Public Holidays)
9.30 am to 1 am (eve of Public Holidays)

funzone (video games arcade and pool)

12 pm to 10 pm
(Mon to Thu, Sun & Public Holidays)
12 pm to 11 pm
(Fri, Sat & eve of Public Holidays)

karaoke

Tel: 6545 6365
12 pm to 11 pm (Mon to Thu, Sun & Public Holidays)
12 pm to 2 am (Fri, Sat & eve of Public Holidays)

kidz corner (indoor playroom)

8 am to 10 pm (daily)

kindergolf

Tel: 6214 0581
9 am to 6 pm (Mon to Sun)

resort bowl @ nsrcc

Tel: 6545 6365 / 6545 2059
12 pm to 11 pm (Mon to Thu)
12 pm to 2 am
(Fri, Sat & eve of Public Holidays)
10 am to 11 pm (Sun & Public Holidays)

resort bowl @ nsrcc - eastern pro-shop

2 pm to 10 pm (Tue to Thu, Sun & Public Holidays)
2 pm to 11 pm (Fri, Sat & Eve of Public Holidays)
Closed on Monday

squash court

10 am to 10 pm (daily)

swimming pool & wet playground

8 am to 9 pm (Tue to Sun)
12 pm to 9 pm (Mon)*
* 8 am to 12 pm are pool cleaning hours

tennis courts

7 am to 10 pm (daily)

bungalow reception

Tel: 6542 2036
Fax: 6545 6544
Opening Hours: 9 am to 8 pm (daily)
Booking Hours: 9 am to 7 pm (daily)

Six-month advance bookings are open on a rolling basis. Members can make bookings via phone, fax, in-person or via the Internet at our website www.nsrcc.com.sg.
Check-in: 2 pm to 7 pm
Check-out: 9 am to 10 am

others

sparks & shines car grooming services

nsrcc
Tel: 6285 5655
7 am to 7 pm (Tue to Sun)
Closed on Monday & Public Holidays

sea sports centre

constant wind sea sports centre & pro shop

Tel: 6445 5108
10 am to 7 pm (daily)

centre for performance transformation

Tel: 6214 9412

belly view cafe

11 am - 10 pm (Tue to Sun & Public Holidays)
Closed on Monday

chit's bar & restaurant

Tel: 6214 9168
11 am to 11 pm (daily)

gurame indonesian restaurant

Tel: 6542 2038
12 pm to 3 pm (daily)
6 pm to 10 pm (daily)





NSRCC MEMBER PRICE
\$55.00
 RETAIL PRICE **\$80.00**

OVER 800 SAVINGS VOUCHERS & DEALS
INSIDE
 WORTH OVER \$35,000!

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 - White Labyrinth
 - Valley Wine • Magnolia Office
- ▶ CENTRAL CALIFORNIA GOLF COURSE
 - Valley Wine

- ART**
 - Arts Center • Artland • Arts Park • Artland Plaza at Grand Mall
 - The Museum • The Arts Center • The Arts Center • The Arts Center • The Arts Center
 - The Arts Center • The Arts Center • The Arts Center • The Arts Center
 - The Arts Center • The Arts Center • The Arts Center • The Arts Center
- SHOP**
 - Home • Art • Furniture • Kids • Books • Music • Clothing • Electronics • Home
 - Books • Art • Furniture • Kids • Books • Music • Clothing • Electronics • Home
 - Books • Art • Furniture • Kids • Books • Music • Clothing • Electronics • Home
 - Books • Art • Furniture • Kids • Books • Music • Clothing • Electronics • Home
- FOOD**
 - Coffee • Bread • Pastry • Doughnuts • Donuts • Cakes • Pastries • Desserts
 - Coffee • Bread • Pastry • Doughnuts • Donuts • Cakes • Pastries • Desserts
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