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New Warm-up bays at KSGC

Seen & Heard

Dirt Wheel Motor launches KTM RC200 and 390

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RV

Resort View

Nov | Dec 2014

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Editor Tan Sze Wah

theeditorspeaks

Dear Members,

While I am writing this, the current hot office conversation is about exams. Mainly the children's PSLE, 'O' and 'A' levels. All of us who are parents get stressed out even though it is the kids taking the exams! If by the time you read this and your kid's exams are over, why not sign up for the club activities to chill out? We have our Year End Party coming up and you can also join NSRCC's day trip to Zenxin Organic Park and Bat Town City at Kluang, Malaysia. The family-friendly itinerary has something for everyone.

I played in the recent Captain's cup and had a great time. Some of you who had a wager with Club Captain might have won as Kah Han had an "off day". The tournament ended with a superb and enjoyable dinner. You can read about the highlights in this issue. Also in this issue, we report on our inaugural "Oktoberfest", which was heavily subscribed. I hope you had a good time with the food and the free flow of beer! In order not to miss out on future promotion, may I suggest you "like" our Facebook page. This way, we can quickly inform you of our latest promotions for your enjoyment.

If you are a golfer, I hope you are enjoying the discounted green fees at our club. I also understand that the club have special packages for membership renewals. Do make enquiries and take advantage of the offers available if your membership is due soon. At our Kranji golf course, we have set up a new golf warm up area where you can hit a few shots before teeing off for your game. Do try it out. There is also a report about our Junior golfers playing at our Junior Open at KSGC and our successful Junior Development program at NSRCC. Check it out if your children are very keen golfers.

Happy Holidays!

Sze Wah

In our September-October issue, Ms Jenny Chong was erroneously omitted from the SAFRA Awards recipient list covered under "Seen & Heard". We apologise for the omission and congratulate Ms Chong on her award.



Our Annual Get-Together 2014!

Members of the various committees and staff of NSRCC, agree that this year's Annual Get-Together was an absolute blast. The club takes this opportunity annually as a great chance for both staff and committees to bond during this night of food and fun!

LG Ng Chee Meng, Chief-of-Defence Force/ NSRCC Club President, along with the various members from our committees and staff started the afternoon off with a game of golf. Everyone got to challenge each other's golf skills as well as learn a trick or two from each other. The day's events simmered down with a tasty buffet dinner hosted by our Club President.

In his address, our Club President mentioned that committee members and staff should continue to work together as a team to fulfil the goals that have been set. Everyone in attendance was also thanked for their contributions and hard work for the club. Apart from the Karaoke singing, the other highlight during the dinner was the fun-filled fashion show! Committee members and staff had to get their creative juices flowing, and come up with the best outfit made out of materials provided, to emerge as the winner! It was yet another perfect time for everyone to bond.

All of us are anticipating the next Annual Get-Together for some more fun!



New working attire for NSRCC's Landscape Term Contractors

You may have spotted them when they are working on the courses with their purple buggies, but do you notice what they wear?

Our landscape contractors from A Team Landscape Constructor Pte Ltd recently changed their working attire for a fresh new look.

So next time you see these guys in navy on a purple cart, know that it's them keeping our courses in tip top shape.



Our hardworking landscape contractors in their new shirts.



Texts on the back of the shirts for easy identification.

Dirt Wheel Motor launches KTM RC200 and 390

NSRCC's Champion Sports Lounge recently played host to an event that was rip-roaring in more ways than one. Dirt Wheel Motor, local distributor for KTM motorcycles, held their launch event for the KTM RC200 and RC390 supersport bikes on 17 October, where they were officially unveiled for the first time in Singapore. Up to 150 invited guests, mostly bike enthusiasts, oohed and aahed over the bikes that are the latest in the KTM's roster of bikes below 400cc, after the new DUKE series models and the RC 125 which is introduced in Europe.

Both models are notable additions to the options available locally to Class 2A riders. Recognising the always-present demand for light and agile motorbikes from young cost-conscious urban commuters, KTM has managed to create bikes that show off the Grand-Prix style that the brand is known for while meeting those needs. Both bikes boast the best power-to-weight ratio in its class, and outfitted with components from world renowned brand-name suppliers like WP Suspension,

Brembo and Bosch. The RC390 in particular, uses the same DOHC single cylinder engine as the 390 DUKE, making it a supersport bike in the truest sense because it is the street legal version of the very racing machine used by MotoGP racers.

It was not too long ago that KTM CEO Stefan Pierer announced plans to enter the street bike market in the segment below 400cc. In 2008, KTM formed a cooperation with the Indian firm, Bajaj Auto Ltd., and produced the 125 DUKE. Since then, all KTM street models of less than 400cc are built in collaboration with the third largest motorcycle manufacturer in the world, benefiting from the special strengths of both partners, while retaining the "Ready to Race" heritage of KTM.



VIPs of the night include Mr Peter Perberschlag, Regional Director of KTM Asia Pacific, Mr Ong Kim Hua, Managing Director of Dirt Wheel Motor and NSRCC Member, Mr Selvaraj Narayana, Managing Director of KTM South East Asia, and Mr Julian Legazpi, Manager of Asia Pacific Development at KTM Sportmotorcycle AG.



VIPs unveiling the RC390.



Excited guests waiting to see the RC200 and RC390.



The eager guests literally cannot wait to get their hands on the newly revealed bikes.






Guests also enjoyed the lucky draw, where exclusive KTM merchandises were given away.

For more information about the KTM RC200 and RC390, please visit www.ktm.com.sg/ or contact Dirt Wheel Motor at dirtwheel@gmail.com.



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This festive season, Santa is giving out **CASH & PRIZES** to 5* **LUCKY** Jackpot Players daily from **19th Dec 2014 to 3rd Jan 2015**

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The Editorial Committee is Recruiting!



Functions of Editorial Committee

- *To uphold the editorial policy on behalf of NSRCC.
- *To provide subject-specific expertise, contribute ideas and review content and provide feedback for the newsletter on a bi-monthly basis;
- *To communicate and support other sub-committee's work.

Selection Criteria:

- *able to interact comfortably with members, staff and committee members.
- *good writing skills and possess ideas to advance editorial committee's work.
- *corporate communication or publishing experience an advantage.

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NSRCC Mini Instagram Contest 2014

Time to splash on a coat of colour to your Instagram!
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Show us your best shot of the colourful world of NSRCC.

The photo that has the most 'likes' stands a chance to win
**\$20 Miam Miam Dining Vouchers and up to \$50 Isetan
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To enter the contest, follow us on Instagram **@nsrcc** and
hashtag the photo **#NSRCCcolours**

**Closing Date:
5 December 2014**



Paint your Instagram with the **colours** of NSRCC!
Remember to follow us **@NSRCC** and hashtag your picture
#NSRCCcolours

* To be eligible for this contest, participants are permitted to only one photo to be posted on Instagram with the relevant hashtag.



Golf 101

Rule 13 - Ball played as it lies

In this edition of Golf 101, we look at what a player is allowed to do when their ball lands near rocks, roots, or on a bunker.

Decision 13-2/27 - Probing Near Ball



A player's ball comes to rest near tree roots or rocks; can he without penalty probe the area around ball with a tee?
Answer: Yes, provided lie of ball or line of play is not improved or ball is not moved.

Decision 13-4/0.5 - Testing condition of Hazard



a) A player must not dig in with his feet in excess of what is needed for a swing.



b) A player must not intentionally stick a rake into the sand of a bunker.

We hope these pointers will help you at your next golf game!



Slip Slop Slap!

I often wonder to myself why there are so many golfers in Singapore considering the unrelenting and unforgiving climate we experience here. I have found myself on days wondering why I am out there on the golf course. It may be a coincidence but usually those thoughts hit me when I am not playing so well. It is so hot some days and so humid, there I am, shirt drenched in sweat, chasing a little white ball around a field – nuts, right? But it's really a testament to how much we all love the game, that we are willing to put our bodies through all of that discomfort just for the joy of playing the game. New golfers on the other hand would definitely think we have a screw loose!

When I recall back to my early days getting into the game in Brisbane, Australia, my fondest memories are from playing the game during our winter months when the temperatures were in the high teens, low twenties; the air was cool, but then the Sun gave you the feeling of warmth. You could play all day long without a bead of perspiration ever dripping from your body. It was the sort of climate you just had to be outside, put simply it was gorgeous. Anyone could understand why you would fall in love with golf.

Now back to Singapore, the Sun is beating down, it's scorching hot, humidity is through the roof and you are on your way to the golf course for a game with your equally crazy buddies. You walk from the car park to the registration office and already feel that first bead of sweat running down your back. You know you will suffer, you know what you are in for, but you also can't stop yourself. But you are prepared – let's face it, you have to be. Here's a few must-do's to make you more prepared:

BE HYDRATED – That doesn't just mean drink plenty of fluids on the course; it means drink well before the round, the night before even, drink plenty. Research has revealed that a mix of water and sports drinks is the best combination out there on the golf course as you need to replace the salt lost from your body through perspiration. Dehydration will certainly mess you and your game up, but more importantly it is dangerous. Drinking smaller portions more often as opposed to chugging down massive amounts at once is proven to be better.

COVER UP – Wear a hat, cap or visor, maybe even Skins for your arms if you have sensitive skin or are concerned about the Sun's rays. Cover the exposed skin with sunscreen lotion. Back in Australia years ago the government embarked on a skin cancer prevention campaign on TV with a catchy theme song called Slip, Slop Slap. This meant slip on a shirt, slop on sunscreen and slap on a hat. It goes for here as well.

NUTRITION – You will be out there for a good solid 4 to 4.5 hours for 18-holes. Depending on your tee time, make sure you schedule in a well-balanced meal ideally well before your game, enough time for the meal to settle down. I always found whilst playing tournaments that if I had to eat during the game, my game suffered immediately after consumption. It took a while for the food to settle, and while it was in the process of settling my body felt different. It was like a distraction, it took away some of my focus or something. Eventually I learned not to eat anything too much during a round. Bananas though, are great for providing energy and why you probably see pros on TV eating them during their round. Still, it's hard to pass up on some of the food at the halfway house though, right?

Some tips for you to consider. Golf is a great game and it would be a crying shame if ignorance about some of these points turned your early golfing experiences into bad ones and subsequently turned you off playing the game. Remember, Slip Slop Slap.



It's not just for looks: Appropriate headgear, sleeves for your arms and sunglasses all help to protect you from the Sun's rays. Apply sunscreen lotion, preferably with a SPF rating of 50+ and broad spectrum protection, on exposed skin. Remember to stay hydrated and well-fuelled as well!

Hole-In-One Achievers

S/N	Who	When	H'cap	Where
1	Ho Teck Huat	11 September, 2014	19.4	Navy Course Hole 3
2	Evelyn Tan Chwee Lian	9 September, 2014	19.7	Sembawang Country Club Hole 6
3	Don Poh Chee Tiong	18 September, 2014	17.8	Army Course Hole 3
4	Stephen Lee	22 September, 2014	15.7	Sentosa Golf Club, Tanjong Course, Hole 13
5	Foo Thiam Khoon Raphael	2 August, 2014	13.6	Navy Course Hole 3
6	Philip Soh Eng Hua	3 August, 2014	11.7	Air Force Course Hole 6
7	Bernard Tay	7 August, 2014	10.5	Army Course Hole 7
8	Wee Cheng Oh	10 August, 2014	1.9	Army Course Hole 3
9	Lee Teck Chye Victor	11 August, 2014	23	Air Force Course Hole 8
10	Yeong Wai Kenneth	4 September, 2014	4	KSGC Hole 14
11	Choo Mui Lee	7 September, 2014	19	KSGC Hole 14
12	Lee Keng Li Jason	7 September, 2014	11	KSGC Hole 2
13	Tay Soon Liang Joseph	15 September, 2014	11	KSGC Hole 14
14	Yong Teck Yong	27 September, 2014	18	KSGC Hole 5
15	Gloria Wong Miew Ping	1 August, 2014	16.5	KSGC Hole 5
16	Leonard Tan Soon Teck	21 August, 2014	21	KSGC Hole 5
17	Koh Siong Chit	23 August, 2014	14	KSGC Hole 5

For results of Monthly Medal, please go to <http://www.nsrcc.com.sg/posting/golf>

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NSRCC Junior Open Championship enters its second year

The second edition of NSRCC Junior Open Championship was held again at the Kranji Sanctuary Golf Course, from 9 - 11 September. The event saw 32 young golfers battling it out for the various titles by stroke play over three rounds of 18 holes. The Overall Boy and Girl Champion were to be the player with the lowest gross aggregate score over the three rounds.

Unfortunately, due to inclement weather, play was abandoned on both Round 1 and Round 3, thus only Round 2's scores were used. The Championship concluded with very close scores across the board.

The Champion titles were eventually claimed by Dane Ang and Chloe Wong from Raffles Country Club, with the score of 77 gross and 76 gross respectively.

The Division titles were also up for grabs. For the Division A Boys (15-17 yrs), there were 7 players; Division B Boys (12-14 yrs) saw 9 participants. Meanwhile, there were 3 players in Division A Girls (15-17 yrs) and 13 in Division B Girls (12-14 yrs).

The Boys B Division Winner, Rishi Bhat, and Runner-up, Emerson Boon, were tied at 83 gross; the ranking was decided using "On Count Back" analysis (OCB).





Congratulations to all prize winners, and thank you to all players for their participation.

NSRCC Junior Golf Development Programme: Nurturing young golfers

So you think your child can golf, and with the potential to play professionally one day. While parental support and commitment plays a large role in the growth of young athletes, it takes years of training and professional expertise before one can reach that level. The NSRCC Junior Golf Development Program (JGDP) can give you a hand.

Established in 2006, the JGDP provides a supervised and structured platform to nurture young golfers for competition, with a goal of competing at the national level eventually. All selected JGDP members will undergo training by the club's resident golf academy with overall supervision by the club's Greens Committee. Upon graduation at the end of each calendar year, junior golfers who have achieved a handicap of 8 or lower would be recommended to the Singapore Golf Association for its National Youth Team selection.

At the start of each year, NSRCC will select a group of Junior Golfers for JGDP. The maximum number is set at 12 (twelve).

Prizes were given out as follows:

Boys Overall Winner	Dane Ang	77 gross	Raffles Country Club
Girls Overall Winner	Chloe Wong	76 gross	Raffles Country Club
Boys A Div Winner	Pang Ek Dar Lex	78 gross	NSRCC
Boys A Div R-Up	Desmond Kim	79 gross	Keppel Club
Boys B Div Winner	Rishi Bhat	83 gross (OCB)	Warren Golf & Country Club
Boys B Div R-Up	Emerson Boon	83 gross	NSRCC
Girls A Div Winner	Chua Wen Ting Linette	79 gross	NSRCC
Girls A Div R-Up	Deanna Ngo	84 gross	NSRCC
Girls B Div Winner	Naomi Wong	79 gross	Raffles Country Club
Girls B Div R-Up	Erika Layson	81 gross	Raffles Country Club





Captain's Cup 2014

September 13th was definitely no ordinary day for golf. Golfers got ready to tee off for a fun-filled Saturday afternoon during Captain's Cup!

The game started early in the morning, and saw golfers and their flight mates excitedly driving their buggies out. The morning did see a heavy downpour, but as usual, that did not stop our golfers from heading out to the courses for an amazing game of golf!

In the evening, our star of the day, our Club Captain, Mr Tan Kah Han hosted a dinner for all who attended Captain's Cup. A lovely Chinese dinner was served up, along with a lot of mingling, happy people and satisfied tummies. Soon after, the prize giving ceremony commenced, where Mr Tan Kah Han presented the prizes to winners of the day.

We are always excited about every major event the club hosts, so do remember to come be a part of them!



Some of our committee members posing with our Club Captain, can you spot him?



There's always time for a group shot.



Taking the perfect swing!



Our Star of the Day, Club Captain
Mr Tan Kah Han!



NSRCC Celebrates

Say *Prost!* That is 'Cheers!' in German, and much cheer (and beer) was certainly had on October 3, when NSRCC held its inaugural Oktoberfest celebration at Champion Sports Lounge.

More than a hundred guests treated themselves to free flow Erdinger beer and hearty German fare, including pork knuckles, sauerkraut, various bratwursts, and German potato salad.

Cups were kept full at all times courtesy of the barmaids dressed in lederhosen-inspired outfits, adding to the tavern-like atmosphere for the night. The festivities kicked off with an exciting game of bingo. Guests were also entertained by performer Sammi Zhen, who dazzled in her costume and charmed with her stand-up comedy routine.

There were also a few dance-offs, thanks to some very sporting individuals who gamely went on stage with the help of Dutch courage. Of course, a beer festival cannot be complete without an obligatory drinking competition! Some happy guests also walked away with prizes from the lucky draw.

We are tremendously heartened by the support shown to our maiden attempt at this event. Oktoberfest, *Auf Wiedersehen* (until we meet again)!



Merry revellers enjoying their beer.

Oktoberfest!



FUN FACTS: ORIGINS OF OKTOBERFEST

Oktoberfest is not just for Germans anymore. People have flocked to Germany from all parts of the globe to participate in the world's largest annual festival for nearly 200 years. In addition to the two-week celebration in Munich, the Bavarian capital where the tradition began, Oktoberfest is enjoyed in one form or another in cities and towns worldwide.

So how did this global party get started? Prince Ludwig of Bavaria, who was later crowned King Ludwig I, wanted his people to share in the celebration of marriage to his Princess on October 12, 1810.

Ludwig organized a horse race and invited all the people of Munich. The royal party drew about 40,000 guests! A good time, and copious amounts of beer were served. It was decided that the horse race would be held again in 1811, this time in conjunction with the state agricultural show. Although the horse race was eventually abandoned, many characteristics of the early Oktoberfest celebrations have been retained, if not expanded upon. Munich's annual celebration is still held on the original site.

The tradition of beer and food stands, began in 1818, and still continues today and is perhaps the most significantly developed aspect of Oktoberfest.

KSGC hosts Edgefield Secondary School CIP session

As part of the Community Involvement Programme (CIP), 25 students from Edgefield Secondary School headed to Kranji Sanctuary Golf Course (KSGC) on 14 October to participate in course maintenance day.

Along with their coach, Mr Samuel Chan, and teacher, Mr Toh, the students arrived at 4 pm. Prior to heading to the course, they were briefed about the various situations and the relevant safety precautions involved, such as evacuation plans in the event of inclement weather (CAT1).

Then they were off to the grounds! Their task for the day mainly centred on repairing divots. Within two hours, the students repaired

divots from Hole #10 to Hole #18, as well as divots on all par 4 and 5 fairways, excluding par 3 holes, with the assistance of maintenance crews and marshals who were there to replenish the sand and to ferry and monitor safety.



What is CIP?

The Community Involvement Programme (CIP) provides students with the opportunity to participate in meaningful activities which contribute to the community. It aims to nurture a sense of social responsibility and help students understand that everyone can play a part in bettering the community.



New warm-up bays at KSGC

Kranji Sanctuary Golf Course (KSGC) recently unveiled its latest addition of a "Warm-Up Area"! With the ability of having two users at one time, this new space will allow them to practice and improve on their swing by hitting golf balls to a netting which is 7 metres away.

Should both bays be occupied, golfers will need to observe safety precautions upon retrieving the balls. Do look out for our safety signage around the new location. Remember to incorporate more golf stretches as well to help you prepare for a day on the course! Such simple exercises may help promote a more fluid and full golf swing, which can improve your performance! See you soon at KSGC!



Enhancements In and Around NSRCC



Tables in the Billiard Room have been resurfaced; this is in addition to the furniture refurbishment and wall repainting done previously.



We have also purchased some new toys for the Kids' Playroom to provide more variety for our young guests.



Doesn't the renovated Squash Court look much better?

NOVEMBER MONTHLY MEDAL – STROKE PLAY

@ KRANJI SANCTUARY GOLF COURSE

29th November 2014! (PM)

Nearest to Pin at Holes #5 and #14 – one box of golf balls!

Ball Sweep Winners for 1st Nine and 2nd Nine for every Division!

Hole-in-One – Stand a chance to win up to S\$500!

For More Information

Please Contact KSGC @ 6795 2300



How JUMBO, using crabs, bond people together



Signature Black Pepper Crab

Having a meal where crab is the main highlight implies a certain degree of familiarity as few have mastered the art of eating crab elegantly. Even more so, when the crab in question is JUMBO's famous chilli crab which necessitates stripping the veneer of propriety in order to get to the heart of dish. It is hard not to find yourself inextricably drawn closer to your dining companions after a JUMBO meal.

It is therefore fitting then, that crabs are the signature dish of JUMBO Seafood restaurant, from which spawned the JUMBO Group. Every day, the restaurants serve up countless crabs that do just as the Group's brand tagline says, "Bonding people through food". Two of JUMBO's best known crab dishes are perhaps the Award Winning Chilli Crab and Signature Black Pepper Crab, both which are prepared with choicest live crabs to ensure firm succulent flesh and sweet flavour.

The Chilli Crab in particular, is undoubtedly JUMBO's most famous dish; diners are often seen mopping up the very last puddles of its unique gravy with the Fried Mantous served on the side.

When asked about his favourite dish at JUMBO, Mr Ignatius Teo immediately replied, "Crab. JUMBO is all about crab." The lecturer and his colleagues, who regularly have lunch at JUMBO Seafood @ NSRCC, also enjoy JUMBO's executive set lunches, which Mr Teo describes as, "Good value". His fellow diner, Ms Tan Siew Kim added, "We come here quite often. It's near my office. Plus the food is good." "We usually get the exec set lunches. The chilli crab and dim sum are good as well."

Indeed, it is very rare to see a solo diner at JUMBO; most, if not all, dishes are meant for sharing and have a wide appeal to suit everyone's tastebuds. Take for example, JUMBO's Fried Live Prawns with Cereal: children love the prawns coated with sweet, crispy, toasted cereal flakes but the chilli padi and curry leaves add aroma and spice that elevate the dish, making it sophisticated enough for adults.

Another notable dish is the Deep Fried Live Red Tilapia with Nonya Sauce. This dish literally turns heads, with its very striking presentation. The fish, which is fried to a golden crisp, is paired with a piquant Nonya-inspired sauce that is sweet, tangy and not too spicy. For those who prefer to enjoy their fish sans bones, a similar dish worth trying is the Wok Fried Cod Fish with Chef's Special Spicy Sauce. Codfish chunks are fried, then glazed with a sauce made from a blend of lemongrass, red chilli, belachan (shrimp paste) and honey. Each piece is crusty on the outside, but moist and tender within.

JUMBO's Steamed Cod Fish with Diced Chilli & Preserved Radish preserves the delicate sweetness of fresh cod fillet, while diced chilli padi and the topping of sautéed minced preserved radish and garlic deliver a kick not usually associated with steamed dishes. What makes this dish even more unique is the use of egg whites and black fungus shreds as a base to the cod. The steamed egg whites studded with crunchy bits of black fungus, together with the cod, create an interesting range of textures and flavours when paired with the savoury topping. Who knew steamed fish can be so exciting?

With tables of diners absorbing the full flavours of a JUMBO meal, it is evident that many new bonds are created, and old ones re-established and reaffirmed through the simple act of sharing a JUMBO meal.



Wok Fried Cod Fish with Chef's Special Spicy Sauce



Steamed Cod Fish with Diced Chilli & Preserved Radish



Award Winning Chilli Crab



Fried Live Prawns with Cereal



Scallops Wrapped in Yam Ring: Mashed steamed yam is moulded into a round nest, then crowned with a fresh whole scallop before being deep-fried to golden brown hue.



Deep Fried Live Red Tilapia with Nonya Sauce

This festive season, create more fond memories with good food! See below for exclusive offers at JUMBO @ NSRCC:

1 DEC 2014 - 9 JAN 2015

Christmas Season

A Complimentary Bottle of Wine* with every order of Christmas Set[†] or Live Boston Lobster

*Set Menu available only at JUMBO@ NSRCC & JUMBO DEMPSEY

Choice of Wines:
 Penmara Five Families Riesling 2012 white or Paolo Saracco Moscato d'Asti 2013

Customers can purchase subsequent bottles at \$48^{††} each

Boston Lobster
 (Min. 1kg, max 2kg)

JUMBO Rewards Member:
98^{††}/kg

Public:
118^{††}/kg

*Terms & Conditions apply

 'Like' Us on Facebook!
fb.com/JUMBOSeafood

www.jumboseafood.com.sg



Switch up your routine with TRX!

You may have heard the term 'TRX' tossed around a lot, but do you know what it means? TRX stands for **T**otal **R**esistance **e**xercise (TRX); it started as a piece of exercise equipment composed of two fixed straps of adjustable length with handles for hands or feet, and has now evolved to become synonymous with the suspension training exercises it is used for.

Suspension training is a form of bodyweight strength training that also develops joint stability, balance and flexibility. Part of its popularity can also be attributed to its versatility; the gear itself is very portable and with the right movements, it can be a total body workout. However, it can be daunting for new users to figure out how to use the straps when there are so many possibilities, and easy for experienced users to slip into a rut of repetition and boredom. This is where professional guidance can be helpful, for ensuring proper form and recommending moves based on your personal goals and limitations. Here's Rohmat, one of NSRCC's fitness instructors, demonstrating some useful exercises using the TRX system.



TRX Squats



TRX Crossing Balance Lunge



TRX Chest Press



TRX Lunge



TRX Biceps Curl

Besides a whole range of equipment, our Fitness Centre also has friendly instructors like Rohmat and his colleagues, who will be glad to give pointers and motivation. For more information regarding personal training services, please contact Yusri, our Fitness Supervisor, at 6543 5715 or email Yusri@nsrcc.com.sg.

In recognition of your contribution to Total Defence, we had added a new list of exciting promotional discounts from our partners, especially for you and your family!

Please check our website at <http://www.nsrcc.com.sg/membership/partners-promotion> for full details of the great discounts available.

Partner Promotions

LIFESTYLE

JEAN YIP LOFT

\$60 VIP RETREAT FOR NSRCC MEMBERS
60min Full Body Massage
20min Full Body Dry Polish / or Ear Candling
Tea & Dessert at relaxing lounge
(Worth \$269)

Terms & Conditions:

- Redeemable at Jean Yip Loft, 307 New Bridge Road (Outram Park MRT Station Exit H)
- Call 6325 7307 / 6634 5162 and quote 'NSRCC MEMBER VIP RETREAT \$60'
- By appointment booking only.
- For New Customers 23 years old & above.
- Valid for Singaporean, SPRs, and holders of EP, SP, DP and WP.
- NRIC & Club Member Card must be presented upon redemption.
- Valid till 31st Oct 2014.
- Accompanies Guest of NSRCC Members are welcome.

Jean Yip Group reserves the right to amend any terms and conditions without prior notice.



IMPIANA HOTELS RESORTS & SPAS

Impiana Hotels & Resorts is a luxury boutique and award winning 4-star collection of hotels, resorts and spas. The properties serve mid to top-tier travelers and is setting new standards in the hospitality industry!

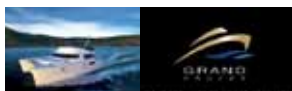
Under the brand Impiana, the Group manages and owns three city hotels & a resort in Malaysia, two resorts and a Private Villa in Thailand. The city hotels are set in premium business locations and the resorts, in a spectacular beach-front.

To discover all the great deals Impiana specially has for NSRCC Members, log on to our corporate website at <http://www.nsrcc.com.sg>



GRAND CRUISE

Like the idea of throwing a special party or event at a luxury yacht?



Receive a discount on all Grand Cruise Charter Rates.

Sign up using your NSRCC membership and receive 10% discount on all Grand Cruise Charter Rates.

Join the exclusive QCD Lifestyle Premier Membership, with savings of more than \$1,000.00 and a welcome gift of Red Wine and Beer.

Tel 6555 0488

Website: www.grandcruise.com.sg

HEALTHCARE

CHANGI GENERAL HOSPITAL (CGH)

CGH's Athlete Medical Screening Packages are for identification of any underlying health problems before embarking on an exercise regime, the packages are specially catered for different age groups. CGH also provide general health checks, such as the premier, ladies special and golden years screening packages that caters to the health requirements of the whole family.



CGH's Medical Screening Packages start from S\$385.00 (inclusive of GST) onwards.

For appointments and more information, please contact Ashley @ 6850 2381
Website: www.cgh.com.sg

EDUCATION

QCD TECHNOLOGY

Ever wonder what some of the icons are for on your smartphone? Wish that you could maximise the usage of your Apple products? We have just the program that will make you more tech savvy, in an instant.

Sign up on an Introductory 90-minute Apps Training for Apple (U.P: S\$25.00) using your NSRCC membership and receive 15% discount and a free OCD Iphone Speaker.



Tel: 6555 0500

Website: www.qcd-tech.com

RETAIL

GAVIO

Gavio prides itself in producing an extensive range of high quality consumer goods from earphones, headphones, speakers, innovative cases and protectors for phones and tablets. It takes originality and innovation in design and performance as the priority, when producing premium lifestyle products for the masses. Show your NSRCC card and receive 10% discount on all Gavio products.



Epicentre Wheelock QCD 05-13/14

Website: <http://www.mygavio.com>



BODS.BODYNITS

Combining the emergence of new high technology fabrics and fibres with the clever use of innovative technologies, bods.bodynits' latest range of Performance & Active Wear is engineered to provide optimal functional properties for the modern day active athletes.



Show your NSRCC card and receive 15% discount on all bods.bodynits products. Special 25% discount during your birthday month.

Special VIP discounts during private sales & members-only promotional events.



Plaza Singapura (Level 4, Unit 18A)
The Central - Clarke Quay (Level 2, Unit 50)
Square 2 (Level 2, Unit 23)
Marina Square (Level 2, Unit 332B)
Changi City Point (Level 1, Unit 47)
West Coast Plaza (Level 1, Unit 16-18)

Website: <http://www.bods.bodynits.com>

LUMINOX

Having developed watches for the US Air Force Pilots and the Navy SEAL, Luminox combine cutting edge technology, forward-thinking design and extreme performance.



Show your NSRCC card and receive 15% discount and a free Luminox Army Knife

Website: <http://www.luminox.com>



TANGS Orchard Level 1
TANGS Vivocity Level 3
OG Orchard Level 1
Robinsons Orchard Level 4

CLAUDE BERNARD

Swiss made watches with high-quality craftsmanship, Claude Bernard watches are fully hand assembled in Switzerland and offers outstanding value for money.



Show your NSRCC card and receive 15% discount and a Free Claude Bernard wine set

Website:

<http://www.claudebernard.ch>
TANGS Orchard Level 1
TANGS VivoCity Level 3
OG Orchard Level 1
Robinsons Orchard Level 4



RETAIL

RUDY PROJECT

For more than 27 years Rudy Project has been committed to technology and technological innovations that offer unique solutions for athletes and weekend warriors.



Show your NSRCC card and receive 20% discount off regular priced eyewear and all sports prescription / RX

Facebook:
www.facebook.com/RudyProjectSingapore
Redeemable at the following stores:
Rudy Project HQ @ Kaki Bukit
Rudy Project @ Sixth Avenue
Rudy Project @ Upper Thomson Road

* Valid till 31 December 2014

Quayside Isle

Located in the exclusive Sentosa Cove, Quayside Isle is the first and only F&B and retail destination within the luxury waterfront precinct. Quayside Isle offers more than 20 exciting concepts with a food selection of specially curated new-to-market restaurants, new dining concepts from established groups, and specialty retail stores.

There are a host of discounts from Quayside Isle for NSRCC Members!

	<p>HERA BEAUTY SALOON #01-20 Tel: 6268 8949 Website: www.herabeauty.com.sg</p>		<p>LITTLE PROVENCE #01-23 Tel: 6734 8981 Website: www.littleprovence.biz</p>
<p>15% off hair, nail and make up services.</p>		<p>5% off total bill with a minimum \$10 spend.</p>	
	<p>SABIO BY THE SEA, TAPAS BAR AND GRILL #01-02 Tel: 6690 7568 Website: www.sabio.sg/bythesea</p>	<p><i>Mondays to Thursdays</i> 15% off total bill (applicable for food items only) <i>Fridays to Sundays, Public Holidays and Eve of Public Holidays</i> 10% off total bill (applicable for food items only)</p>	
	<p>QUAYSIDE ISLE 31 Ocean Way, Sentosa Cove Singapore 068275 Website: http://www.quaysideisle.com</p>		

Terms and conditions
1. Valid till 31 December 2014.
2. Club Members are to present their membership cards before payment for verification.
3. Offer not valid in conjunction with other promotions, privilege cards, discounts and/or vouchers.
4. NSRCC shall not be responsible for the quality, merchantability or the fitness for any purpose or any other aspect of any gift/offer.
5. NSRCC and the participating merchant reserve the right to vary/amend the privileges or terms and conditions without prior notice.

CHRISTMAS EVE BOWL

- 3-Game Series @ \$35.00
- Car Park Coupon Can Be Purchased @ Discounted Rate!
- Inclusive of KTV Session, Games, Log Cake Cutting, Light Snacks, Refreshments, Lucky Draw & Prize Presentation!
- 1 Time Event on 24 Dec From 5.00pm to 7.00pm!
- Closing date: Wed 10 Dec 14

The Management reserves the right to change the terms and conditions as deemed fit.

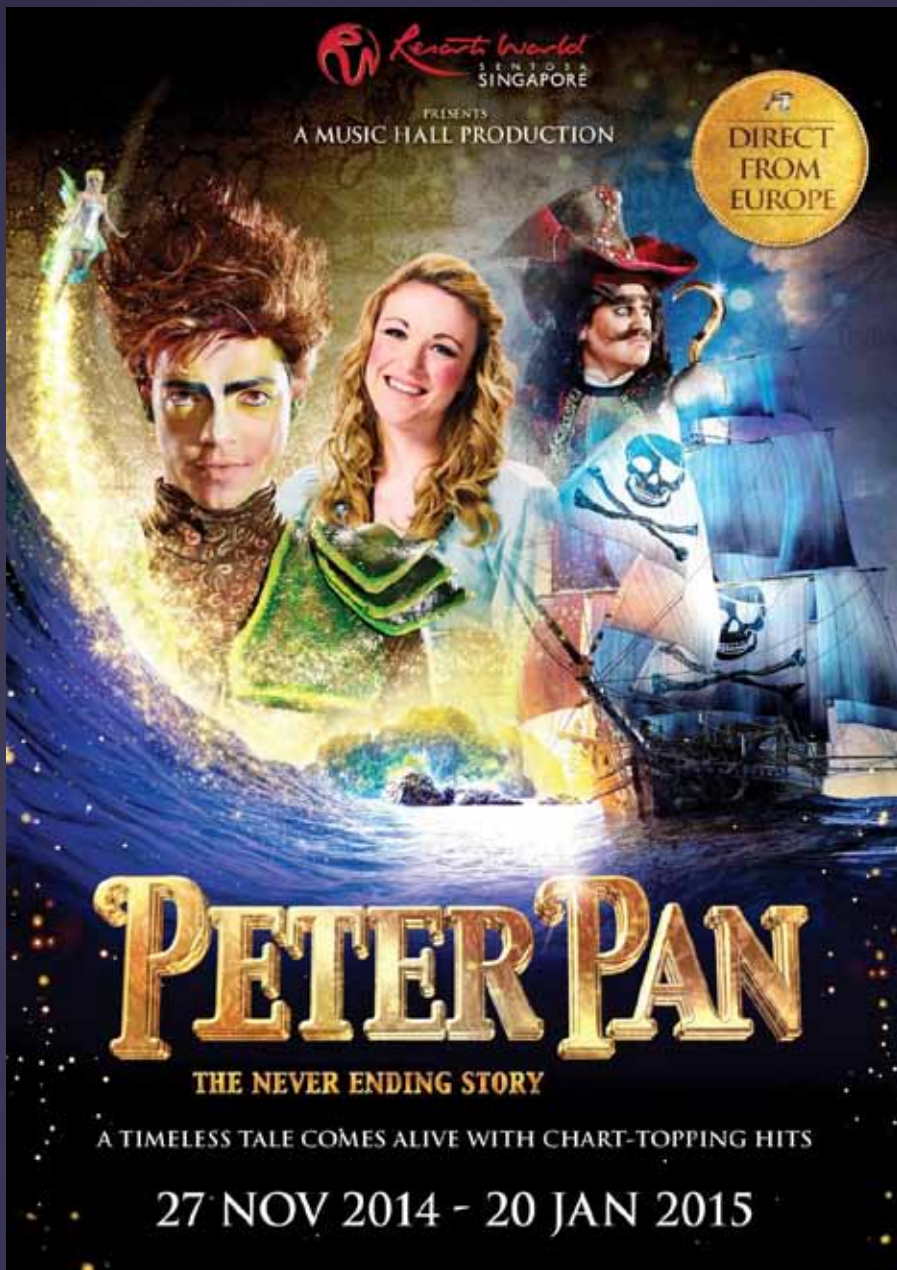


Photo By: Luk Montsaert



Photo By: Leslie Artamonow



Photo By: Luk Montsaert

Peter Pan flies into Resorts World™ Sentosa

➔ UP TO 28% OFF SHOW TICKETS FOR NSRCC MEMBERS

Peter Pan is a mischievous boy who can fly and refuses to grow up. One night, he takes Wendy, John, and Michael Darling on a magical flight to Neverland where the Lost Boys, Indians, mermaids and pirates await them in adventures beyond their wildest imaginations.

Peter Pan, The Never Ending Story is a theatrical spectacular brimming with highflying action, thrilling swordplay, fairy dust, and well-known pop songs from the likes of Robbie Williams, Josh Groban and Westlife. This is one live adventure that'll keep everyone at the edge of their seats.

Ticket Prices

Cat 1: \$98.60 + \$3 Sistic (U.P: \$138)

Cat 2: \$77.60 + \$3 Sistic (U.P: \$108)

Cat 3: \$56.60 + \$3 Sistic (U.P:\$78)

To purchase tickets, please contact Juhainie at 6540 8564 or email juhainie@nsrcc.com.sg

Show Info

27 Nov 2014 to 20 Jan 2015

Mon, Tues, Thurs, Fri: 8pm

Sat & Sun: 3pm, 8pm

Duration: 1 hr 50mins, excluding 20 min intermission

Find out more at rwsentosa.com/peterpan

If you are keen on sharing your passion for playing golf with your children, Legaxy Golf International has the perfect programme for you. Filled to the brim with knowledge and fun, incorporating responsive technology that appeals to children, our signature programme, Karate Golf, will entertain your children and educate them on the skills of playing golf. Best of all, this can be achieved within a safe and comfortable indoor environment. Combined with stunning graphics and hands-on action to capture their attention, Karate Golf is the perfect way for children to be exposed to and learn the game of golf.

Accelerating talent

Creating winners

Enriching relationships

Sharing passion

Legaxy Golf



Edutainment that Excels.....

Why Karate Golf?

Our novel teaching method is inspired by the Karate martial art form. Students will progress through the comprehensive curriculum via our unique "Belt system", advancing from the white belt to the yellow belt and so on, before they finally emerge as black belt golfers. All students will complete an assessment before continuing to the next belt level.

Initial lessons embracing golf's fundamentals are as follow:

- Posture
- Address
- Stance
- Grip
- Ball position
- Alignment

Once the basics are covered, students will progress to higher levels involving more comprehensive facets of the following:

- Backswing
- Swing plane
- Down swing
- Impact
- Follow through

Once competent, students will focus on the dynamic motions of balance, power and speed. Students who graduate with a black belt will be impressive players with a fine understanding of their own swing and game. Each belt level builds on the previous and covers a new golfing skill. Hence, chipping, pitching, putting and driving will all be taught, leaving no stone unturned.



When, where and how much?

Karate Golf is highly recommended for young children from the age of three but we welcome adults who are interested to join your children in learning golf as well.

Classes are held in small groups of six to eight students with two trainers per session to give personalised individual attention to each student.

Lessons are conducted on a weekly basis from 16 Nov (Sun) @ Falcon Room NSRCC Changi from 9 to 6pm.

Each lesson costs \$60 an hour but we are offering NSRCC members and your family members the privileged rate of \$40 an hour. There will be an administrative fee of \$75, which includes one set of uniform - size to be advised upon registration. A special package price at 10% off the hourly rate is applicable for students who sign up for 10 or more lessons. All payments will be collected in cash before the start of a lesson or package.

For more information or to register, please email to:- info@legaxygolf.com

We look forward to welcoming your children into our programme and engaging them in the game!

Legacy Golf



**16 November,
every Sunday**

*\$40/hr (member)/
\$60/hr (guest)*

Falcon Room 9 am to 6 pm
Administrative fee \$75
(inclusive of 1 set of uniform)
10% off with purchase of 10 lessons
or more

For more information, email info@legaxygolf.com



Tennis lessons

Fees:

Group Lessons

\$35 + 7% GST for a 1 hour session,

\$300 + 7% GST for 10 lessons

(NSRCC Member)

\$40 + 7% GST for a 1 hour session,

\$350 + 7% GST for 10 lessons

(Signed-In Guest)

Private lessons and other tennis programmes are also available. Tennis lessons will be conducted by Pacific Tennis Academy (PTA).

For more information, please contact Juhainie at 6540 8564 or email juhainie@nsrcc.com.sg.

Swimming Lessons



**For children age
5 – 12 years old
Duration: 10 weeks**

Fees:

Beginners: 1 Coach to 6

Students \$236.79 (NSRCC Junior Member)/\$258.19 (Signed-in Guest)

**SwimSafer: 1 Coach to 10*

Students \$258.19 (NSRCC Junior Member)/\$279.59 (Signed-in Guest)

**Note that an additional \$15 applies for SwimSafer testing fees.*

A minimum of 3 students is required to start a class. No classes are scheduled on public holidays. Availability of time slots subjected to the number of students. Kickboard required during each lesson.

For more information, please contact Juhainie at 6540 8564 or email juhainie@nsrcc.com.sg.

**All guests must be signed in by NSRCC Member.*

World Television Day



**21 November (Friday)
1.00 pm - 7.00pm**

**Fees: \$10 (3 - 12 years old) / \$20 (Member) / \$30 (Guest)*

Register by: 26 October, Sunday

Find out about the history of Television, its origins and its great impact and importance in the society. Selected cartoons and movies will also be screened during the event!

Contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Programme starts with a minimum of 20 participants. Light refreshments will be provided. Children below the age of 7 years old are encouraged to be accompanied by an adult.*



NSRCC Annual Bowling Championships 2014

23 November

\$60/pax (includes buffet dinner)

Check in at 12 pm; roll-off 1230pm
10 Games Series; Men, Ladies and Youth categories.
Cash prizes to be won.

For more information about bowling events and promotions, call 6545 6365, or email bowlingstaff@nsrcc.com.sg

1D Zenxin Organic Park & Bat Town City Tour



**14 Dec 2014, Sunday
6:30am – 9pm**

Fees: \$60 (3- 11 years), \$95 (Member), \$110 (Guest)

Closing Date: 16 Nov 2014, Sunday

Package includes:

- 1) 2-way Coach transfer (Starts/Ends at NRCC Changi)
- 2) Group Insurance, Guide & Driver Tipping
- 3) Lunch & Dinner

Visits & Activities:

Zenxin Organic Park (Farming in this 100 acre farm)
Bat Town Tour
Kluang Railway Coffee
LA Dairy Goat Farm (Feeding programme)
Shopping at Kluang Mall

Tour will proceed with a minimum of 30 adults or equivalent.

For more details, please contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

Itinerary is subject to changes. Please request for Halal or Vegetarian meal upon registration, if required.

Assorted Chocolate Making Class



21 Dec 2014, Sunday
1:00 pm – 3:00 pm

**Fees: \$70 (Member),*

\$85 (Sign-in Guest)

Closing Date: 30 Nov 2014, Sunday

Learn the making of Chocolates with assorted flavors and shape. The creamy, sweet and melt in the mouth tidbits will make your love ones melt too.

Suitable for both kids and adult.

For more details, please contact Waty at 6540 8563 or email ernawaty@nsrcc.com.sg

**Fees are subject to 7% GST. Class starts with a minimum of 10 participants.*



Karaoke Promotions

Canary (small)

\$10/hr (daily) • \$12/hr (Eves & PH)

Hornbill & Flamingo (medium)

\$15/hr (daily) • \$18/hr (Eves & PH)

Kingfisher (VIP)

\$40/hr (daily) • \$48/hr (Eves & PH)

Member's Birthday

NSRCC Members are entitled to Free KTV for 1 Hour during their birthday month! **

Sing with us and enjoy great privileges! Members enjoy 10% discount off KTV room rates.

Contact 6545 6365 or email bowlingstaff@nsrcc.com.sg

**Fees are subject to 7% GST.*

***Not valid on Eve of PH & PHs*

NSRCC's Year End Party



31 December, Wednesday

7:00pm until late

**Fees: Members \$10++/Guest \$25++ (Non-Alcoholic Beverages & Beer from 7-10 pm only)*

OR

Members \$45++/Guest \$60++

(4 Course Set Menu plus

Free Flow of Beer)

Come down and join in on the party of a lifetime! Join us at Stella for an evening of great family fun & entertainment! Apart from being surrounded with drinks and delicious food, great prizes are up for grabs at our Lucky Draw too!

For more information, please call 6214 9168. Tickets can be purchased at Stella (located at NSRCC Sea Sports Centre).

**Children below 12 years old can join in the fun FREE OF CHARGE!*

***Fees are subject to 7% GST and 10% service charge*

facilities directory

main lobby reception

Tel: 6542 8288
6543 5725 (booking of facilities)
8 am to 8 pm (daily)

membership centre

Tel: 6540 8555/8556
8.30 am to 5.30 pm (Mon to Fri)
10.30 am to 2.30 pm
(Weekends & Public Holidays)

f&b outlets

appetizer (at bowling centre)

12 pm to 11 pm (Mon to Thu)
12 pm to 2 am (Fri, Sat & eve of Public Holidays)
10 am to 11 pm (Sun & Public Holidays)

champion sports lounge

Tel: 6542 4688
email: enquiry@championbar.com.sg
11.30 am to 12 am (Sun to Thu)
11.30 am to 1 am (Fri, Sat & eve of Public Holidays)

jumbo seafood @ nsrcc

Tel: 6552 3435
11.30 am to 3 pm (lunch daily)
6 pm to 10.30 pm (dinner daily)

jcafe @ the deck

Tel : 6546 3839
Email : jcafe@jumbogroup.com.sg
7am to 8pm (daily)
Last order – 7:30pm

the terrace cafe (kranji sanctuary)

Tel: 6791 1948
7 am to 8 pm (daily)

corporate/private events

the falcon, the corvette, the larden, oriole 1 and oriole 2, the leaders

For booking enquiries, call 6543 5749 / 6543 5735 / 6540 8566
email: events@nsrcc.com.sg

For bookings of The Sanctuary I & II at KSGC and F&B catering, call 6795 2300 for reservations and enquires.

golf facilities

golf reception

Tel: 6540 8500
Fax: 6542 7710 / 6545 6525
Opening Hours: 7 am to 5.30 pm
Booking Hours:
Weekend Golf
(following weekend and public holidays)
In-person* - 6 pm to 7 pm (Fri)
Internet - 6 pm onwards (Thurs)
Telephone - 9.30 am to 5 pm
(Sat onwards)

* currently not available at Kranji Sanctuary Golf Course

Weekday Golf

In-person, Telephone - 9.30 am to 5 pm (daily)
Internet - 9.30 am onwards (from Mon)

driving range

Tel: 6543 1726
7 am to 11 pm (daily, except Mon: 2pm to 11 pm)

phil brew golf academy

Tel: 6545 1601

sports & social facilities

billiards room

10 am to 10 pm
(daily, but extendable to 11 pm upon request)

fitness centre

Tel: 6543 5715
7 am to 9.30 pm (Weekdays)
7 am to 8.30 pm (Weekends & Public Holidays)

jackpot room

9.30 am to 12 am (Mon to Thu)
12 pm to 1 am (Fri)
9.30 am to 2 am (Sat)
9.30 am to 12 am (Sun & Public Holidays)
9.30 am to 1 am (eve of Public Holidays)

funzone (video games arcade and pool)

12 pm to 10 pm
(Mon to Thu, Sun & Public Holidays)
12 pm to 11 pm
(Fri, Sat & eve of Public Holidays)

karaoke

Tel: 6545 6365
12 pm to 11 pm (Mon to Thu, Sun & Public Holidays)
12 pm to 2 am (Fri, Sat & eve of Public Holidays)

kidz corner (indoor playroom)

8 am to 10 pm (daily)

kindergolf

Tel: 6214 0581
9 am to 6 pm (Mon to Sun)

resort bowl @ nsrcc

Tel: 6545 6365 / 6545 2059
12 pm to 11 pm (Mon to Thu)
12 pm to 2 am
(Fri, Sat & eve of Public Holidays)
10 am to 11 pm (Sun & Public Holidays)

resort bowl @ nsrcc - eastern pro-shop

2 pm to 10 pm (Tue to Thu, Sun & Public Holidays)
2 pm to 11 pm (Fri, Sat & Eve of Public Holidays)
Closed on Monday

squash court

10 am to 10 pm (daily)

swimming pool & wet playground

8 am to 9 pm (Mon to Sun)

tennis courts

7 am to 10 pm (daily)

bungalow reception

Tel: 6542 2036
Fax: 6545 6544
Opening Hours: 9 am to 8 pm (daily)
Booking Hours: 9 am to 7 pm (daily)

Six-month advance bookings are open on a rolling basis. Members can make bookings via phone, in-person or via the Internet at our website www.nsrcc.com.sg.
Check-in: 2 pm to 7 pm
Check-out: 9 am to 10 am

others

sparks & shines car grooming services

nsrcc
Tel: 6285 5655
7 am to 7 pm (Tue to Sun)
Closed on Monday & Public Holidays

sea sports centre

constant wind sea sports centre & pro shop

Tel: 6445 5108
10 am to 7 pm (daily)

centre for performance transformation

Tel: 6214 9412

belly view cafe

11 am - 10 pm (Tue to Sun & Public Holidays)
Closed on Monday

stella

Tel: 6214 9168
12 pm to 10.30 pm (Mon to Thu)
12 pm to 12 am (Fri & eve of Public Holidays)
9 am to 12 am (Sat, Sun & Public Holidays)

gurame indonesian restaurant

Tel: 6542 2038
12 pm to 3 pm (daily)
6 pm to 10 pm (daily)



Appiliated Clubs

Dear Members,

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted/ reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at www.nsrcc.com.sg using your members' PIN. Please check our website for the latest/ current list of affiliated clubs.

malaysia

Johor *Tanjong Puteri Golf & Country Club
 Tel : 02-07-271 1888 (Office & Club)
 6338 2828 / 6339 7266 (S'pore Office)
 Fax : 02-07-271 1333 (Office & Club)
 6339 5128 (S'pore Office)
 Email : enquiry@tpgr.com
 Website : www.tpgr.com

Malacca *A'Famosa Golf Resort Berhad
 Tel : 02-06-552 0888 / 0555
 Fax : 02-06-552 0695
 Website : www.afamosa.com
 Email : enquiries@afamosa.com

*Orna Golf & Country Club
 Tel : 02-06-521 0333
 Fax : 02-06-521 0222
 Email : ogcc@ornaresort.com.my

Negeri Sembilan Nilai Springs Golf & Country Club
 Tel : 02-06-850 8888
 Fax : 02-06-850 3388 (Golf)
 02-06-850 3005 (Admin)
 Email : club@nilaisprings.com.my

Staffield Country Resort
 Tel : 02-03-8766 6117 / 8 / 9
 Fax : 02-03-8766 7173
 Email : scrib@streamyx.com

Penang *Penang Golf Club
 Tel : 02-04-644 2255
 Fax : 02-04-644 9345
 Website : www.penanggolfclub.com.my

Bukit Jawi Golf Resort
 Tel : 02-04-582 0759
 Fax : 02-04-582 2613
 Email : enquiry@bukitjawi.com.my
 Website : www.bukitjawi.com.my

Penang Golf Resort
 Tel : 02-04-578 2022
 Fax : 02-04-575 0228
 Email : pgrb@hotmail.com

Perak Clearwater Sanctuary Golf Resort
 Tel: 02-05-366 7433
 Fax: 02-05-366 7434
 Email : cwsrgolf@po.jaring.my
 Website : www.cwsrgolf.com.my

Selangor *Kelab Golf Sultan Abdul Aziz Shah
 Tel: 02-03-5510 5872
 Fax: 02-03-5510 5860
 Website : www.kgsaas.com.sg

Taiwan

*National Golf Country Club
 Tel : +886 37-743377
 Fax : +886 37-740505
 Website : www.ngcc.com.tw

indonesia

Batam *SouthLinks Country Club
 Tel : 62 778 323837 (Batam)
 62 21 3190 2070 (Jakarta)
 6278 7079 (S'pore Office)
 Fax : 62 778 323849 (Batam)
 62 21 3190 2772 (Jakarta)
 6270 0029 (S'pore)
 Email : sales@southlinksgolf.com

Jakarta Padang Golf Modern & Country Club
 Tel : 62-21-552 9228
 Fax : 62-21-552 9177 / 87
 Website : www.moderngolfcc.com

Sedana Golf & Country Club
 Tel : 62-267-644 730 (Club)
 62-267-644 733 (Golf Reservation)
 62-21-612 8811 (Accommodation)
 Fax : 62-267-644 728 (Club & Golf Reservation)
 62-21-612 8822 (Accommodation)
 Email : sedanagolf@yahoo.com

china

Zhuhai *Lakewood Golf Club
 Tel : 086-756-338 3666 / 0452 (Club)
 852-2877-1215 / 1128 (Golf Reservation)
 Fax : 086-756-338 3898 / 086-756-339 9706 (Club)
 867-5633 0452 (Hong Kong Office Golf Booking)
 852-2877 8770 (Golf Reservation)
 Email : reservation@lakewood.com.cn
 Website : www.lakewoodclub.com.cn

Guangzhou Guangzhou International Golf Club
 Tel : 001-8620-8293 3888
 Fax : 001-8620 8293 3168
 Email : golf@gigc.com.cn
 Website : www.gigcc.com.cn

Qingdao Ten Times Golf & Hot Spring Resort
 Tel : 86-0532-86579888
 Fax : 86-0532-86579718
 Email : tentimesresort@tiantai.com.cn
 Website : www.tentimesresort.com

brunei

*Royal Brunei Golf & Country Club
 Tel : 673-2-611 582
 Fax : 673-2-610 499
 Email : rbgcc@jerudong-park.com
 Website : www.jerudong-park.com

special golfing arrangements

Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.

Singapore
 Sembawang Country Club, Singapore
 Tel: 6751 0320 / 328
 Fax: 6752 0446
 Website: www.sembawanggolf.org.sg
 Flights Available: Weekdays only

Thailand
 *Phuket Country Club
 Tel: 660 76 3192004
 Fax: 660 76 3192006
 Website: www.phuketcountryclub.com
 Email: bookings@phuketcountryclub.com

*Gassan Khuntan Golf & Resort
 *Gassan Lake City Golf & Resort
 *Gassan Marina Golf Club
 Website: www.gassangolf.com

South Africa
 *Spier Country Club, Cape Town
 Tel: 27-21809-1100
 Fax: 27-21881-3634
 Website: www.spier.co.za
 Email: info@spier.co.za

*Vodacom, World of Golf, Johannesburg
 Tel: 27-11802-5864
 Fax: 27-11802-7491
 Website: www.golfersworld.co.za
 Email: rica@worldofgolf.co.za



Stella & NSRCC Sea Sports Centre

present

Year End Countdown Party 2014!

Date:

Wednesday, 31 December 2014

Time:

7.00pm till late

Price:

Members \$10++/Guest \$25++

(Non-Alcoholic Beverages & Beer from 7-10 pm only)


OR

Members \$45++/Guest \$60++

(4 Course Set Menu plus Free Flow of Beer)

*(Children below 12 years old can join in the fun FREE OF CHARGE!)

**Prices exclude of 7% GST & 10% service charge



Come down and join in on the party of a lifetime! Join us at Stella for an evening of great family Fun & Entertainment! Apart from being surrounded with drinks and delicious food, great prizes are up for grabs at our Lucky Draw too!

Stella

11 Changi Coast Walk, 499740

Tickets can be purchased at Stella (located at NSRCC Sea Sports Centre).

For more information, please call 6214 9168



KTM RC 200

KTM RC 390

A sports bike in its purest form. Reduced to the essentials. Agile, fast, suitable for 2B or 2A driving licence and extremely sporty. Whether it be on the roads or the racetrack, the Moto3 genes are perceptible in every manoeuvre and convey pure race feeling. The handling – simply spectacular. The performance – incredible. The power – awesome.

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9004 TAMPINES ST. 93 #01-100 S(528838)
TEL: +65 6783 3063 / 6783 6463 FAX: +65 6783 9502
EMAIL: DIRTWHEEL@GMAIL.COM