Resort View

MICA (P) No. 057/10/2016 July/August 2017





OPEN HOUSE CARNIVAL

5-6 AUGUST 2017 // 10.00 AM - 6.00 PM

NATIONAL SERVICE RESORT & COUNTRY CLUB



LOOK OUT FOR

Bazaar Stalls • Snacks Galore • Carnival Fun & Games • Photo Booth Magic Show • Hover Ball Archery Challenge

For enquiries, please contact our Membership Centre at 6540 8555 or email us at membership@nsrcc.com.sg.







July/August 2017

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Dear Members



This issue of Resort View comes with a new design look and the intention is to provide a fresh feel and look of our Club's newsletter to make it more vibrant and plesant for reading. We hope you like it!

Our annual Charity Golf was organised at NSRCC Kranji during the weekend of 13th and 14th May. The Club raised more than \$300,000 for our beneficiaries. A big thank you to all donors, sponsors and participants!

June is the time of the school holidays and we held our 20th Annual Swimming Carnival where 45 children competed for swimming honours. Parents also had a good time as there was a Parent-Child Relay! Our junior golfers were also out in force at the NSRCC Junior Open where they did well against competition from other clubs. Flip inside for the all our event coverage.

On the snooker front, our cue stars did us proud in the annual local league by emerging champions in two divisions for the first time. Many congratulations to the team members! Join us on 5 & 6 August 2017, where we will be hosting our Open House. Look out for great promotions for existing and new members.

Included in this issue, we have our regular Get Healthy and Golf 101 articles. In addition, we have information of our upcoming NSRCC Open House and a golf trip to 3 of our affiliated clubs in Malaysia. Do gather your friends and sign up!

With this issue of Resort View, I will hand over the Editor's post. I enjoyed my time spent as an Editor and I hope that you have enjoyed reading our work. Taking over the Editor role will be my committee member, Swee Kiat who had been volunteering in the Editorial Committee for a few years now. I am sure this Club's newsletter is in good hands and that he will continue to make it informative and entertaining for you.

Thank you and see you around the club.

Tan Sze Wah

Outgoing Editor



It is my privilege to take over as Editor of Resort View from Sze Wah. After serving in this position for about six years, he is moving on and we wish him well in his future endeavours.

While I have been in the

communications line for most of my professional life, this will be my first time helming a country club magazine and I am looking forward to the challenge.

There is always a constant buzz in a club like ours as members and their families and friends enjoy numerous social and sporting activities that are available. Resort View has captured many of these events in vivid words and pictures over the years for the benefit of our members, and we will continue to do so. The ultimate aim is to ensure that all members, even the inactive ones, stay connected to our vibrant club life.

If you have any suggestions that will help us improve Resort View, do drop us a note. We would love to hear from you.

Suce (Cidi)

Chua Swee Kiat **Incoming Editor**



Back row (L-R) – Allen Tan, Jackson Law, Philip Ang, Jason Yeo, Randy Lam, William Tay, Roger Chan, Elton Lim, Wang Heng Wee

Front Row (L-R) – Sim Qi Xuan, Michael Goh, Dennis Tan, Victor Ong, Tan Chee How, Darren Tu Not Featured in Picture: Ariento, Sean Fu, Nicholas Chia, Andy Loo

National Snooker League

The Club sent two teams to compete in Divisions 3 and 4 of the National Snooker League this year. Both teams finished the league at the top of their respective divisions!



NSRCC Snooker Team (Division 3)

Seen & Heard NSRCC Snooker Team (Division 4)

he teams do not train under any coaches, so what is their secret winning formula? "Most players come to NSRCC at any time of the day and night to train and spar among themselves. During practice plays, our players share tips on certain difficult shots and strategies," says Dennis Tan, Captain of the Division 4 Team.

Roger Chan, Captain of the Division 3 Team adds that the team members also have a very good understanding and respect for each other where they are able to comment openly on one another's tactical techniques during training.

In addition to their rigorous training, both teams are also very competitive and focused on their ultimate goal: to win the Champion title. As proven, their hard work has paid off!

Most players come to NSRCC at any time of the day and night to train and spar among themselves. During practice plays, our players share tips on certain difficult shots and strategies. "

- Dennis Tan, Captain of the Division 4 Team



Captain, NSRCC Snooker Team (Division 4), Dennis Tan



Roger Tan, Captain of Division 3 focusing on his aim

Service Champions of the Year

Winners of the Service Excellence Award (SEA) Top Awards for the Year



Golf: Poh Eng Choon, Senior Buggy Steward (Grade III)

This is not the first time that Poh Eng Choon has clinched the SEA Top Award but he was still surprised when he got to know of his achievement, because according to the Senior Buggy Steward, "I was just doing my job."

Members and colleagues have described him as very friendly, talkative and cheerful. He is always seen greeting members by their names and making small talk with them, providing a personal touch when delivering customer service. That is how Eng Choon ensures that he constantly provides excellent service in his job.

Eng Choon says this award is not only recognition for his hard work and efforts; it will also motivate him to become better at serving members and guests while doing his job.



Resort: Julie Ho, CSO, Jackpot (Grade I)

"I only started working at NSRCC in March 2016 so I was extremely surprised to receive this award," says Julie. The first-time SEA Top Award winner says that although she is new, her constant interaction with members have helped her better understand their needs, and in turn ensuring they are comfortable during their time in the Jackpot room.

Julie adds that ample training on customer service provided by the Club has also helped her in doing a great job.

The award has made Julie more humble, and she says she will continue to do her very best in serving guests because at the end of the day, "They are also my bosses."



KSGC: Siti Aishah Bte Sharir, CSO, KSGC (Grade II)

There is little wonder to why Siti Aishah has been chosen as this year's winner once more. Whenever an unhappy situation occurs, she remains calm. "I always try to understand why the member could be unhappy so that I can try my best to solve the situation and render assistance. If both parties are unhappy, nothing moves forward positively," she says.

Another key factor is her warm, sweet smile which greets members' right before and after their golf game. She says: "It is humbling to know that members appreciate the small gesture." It is situations like these that motivate me to keep on smiling every day at work! I will try my best to give my best every day to make sure our members feel welcomed at the club!"



he ambience surrounding the swimming pool at NSRCC Changi was filled nothing but sheer excitement on Sunday, 28th May 2017, as the Club held its 20th Annual Swimming Carnival. 45 Children between the ages of 5-13 took part in this competition.

There were four different categories - 50m Kickboard, 50m Butterfly, 50m Freestyle and 50m Backstroke - for the boys and girls. A special category, the Parent-Child Relay, saw fathers competing in the pool with their kids. We were blessed with the good weather on that day which

> led to a successful event! Our heartiest congratulations to all who participated!



Winners of the **Parent-Child Relay**

(from left to right)

2nd: Jarell Low & Mr Low. 1st: Caleb Quek & Mr Quek 3rd: Jake Lockyer & Mr Lockyer

Our Heartiest Congratulations goes out to all the winners!



Ready to take the plunge



50M Kick Board 5 - 7 Years Old (Girls)

(from left to right)

2nd : Lau Bao Yi 1st : Tang Wan Yi

3rd : Chan Ching Heng Arabella



50M Kick Butterfly 14-16 Years Old (Boys) (from left to right)

2nd: Tan Zhang Wei 1st: Glen Lim Zong Wei

3rd : Tan Kai Kiat

Ready, Set, Go!



Splashing into the race



50M Kick Board 5 – 7 Years Old (Boys)

2nd : Lucas Cao Zhi Hong

1st : Poon Ayden 3rd : Jaric Low Zhi En



50M Kick Butterfly 11-13 Years Old (Boys) (from left to right)

2nd: Ewan Oh

1st : Asher Ang Yu Han 3rd : Lim Shee Wu

NSRCC Junior Open 2017

NSRCC Junior Open 2017 saw up and coming youth golfers proving their competencies at the greens of NSRCC Kranji. The championship was held over the span of three days from 30th May to 1st June 2017.

ur very own junior member, Ryan Wong, emerged top as the Overall Boys Best Gross Winner with a score of 216! The Boys Best Gross Winner was also clinched by a NSRCC Junior Member, Andre Chong.

Our junior girls did well too, with Erika Layson and Vanessa Chua named as Girls Best Gross Runner-Up and Girls Best Nett Winner respectively. Meanwhile, Anne Leqi Fernandez from Singapore Island Country Club took home the trophy for Overall Girls Best Gross Winner.



Winners of the NSRCC Junior Open 2017

We are so proud of our junior members and we congratulate all the winners!

Prizes presented by Greens & Handicap Committee Member, Mr Brian Tan



Ryan Wong, Overall Boys Best Gross Winnerr



Vanessa Chua, Girls Best Nett Winner

Snapshots from the Championship



Swing it like Tiger Woods?



3 girls, united by 1 passion

The What & Why of Club Why of Club Fitting





Club fitting is an important factor in purchasing a suitable golf club. Back in my university days, I studied club fitting as a subject. However at that time, I didn't realize how important it is and the role it plays in helping one avoid making unnecessary compensations in one's swing. Club fitting has many benefits. For example, it helps golfers make better decisions by purchasing clubs that will be less likely to disappoint them.

here are so many different golf clubs out there in the shops with different types of shafts that would suit different types of people. With a fitting session, golfers are able to understand more about what is going on in their swing and have their clubs uniquely fitted to their personalized measurements and length that would help maximise distance, accuracy and consistency in their game. It also helps to prevent unnatural habits that may be formed in their swing due to an unsuitable club.

At Mizuno Golf School, we have our very own fitting system. It is one of the leading fitting systems at a local golf club level. In Mizuno's fitting system, the Mizuno shaft optimizer can establish a golfer's club head Speed, Swing Tempo, Shaft Toe Down, Shaft Kick Angle and Shaft Bending Factor. The shaft optimizer scientifically analyses with high accuracy all of the above factors.

From my experience and having had the opportunity to test it out, the system has shown accurate results and it will suggest a few shafts options for the golfers to try out. The Shaft

optimizer also helps golfers to find out their swing DNA and to understand how they are swinging it in relation to what shaft and club would be more suitable for them.

We recommend golfers to get custom fit golf clubs to maximize results and boost confidence in their game.



Golf 1-0-1 contributor Brian Tan is a member of the GreensCommittee, and oversees Rules and Tournaments at NSRCC. When he's not busy officiating as a Rules Official, he can be found losing balls in NSRCC's water hazards.



Potential Rules Situations on the New First Tee

In this mini-series, we'll be covering potential situations you might find yourself in when playing the new 9 holes at NSRCC.

Hole 4

From the tee shot, there are already a few potential hazards your ball may end up in. On the right, there is a lateral water hazard that runs the right side of the dog-leg. On the left, there is our signature waterfall which is also a lateral water hazard.



1.) This hazard extends along the left side of the dog-leg but tapers off at the back after the waterfall mound. If you have a good tee shot but to the left, be sure to check that your ball has not gone past the hazard. Alongside the lateral water hazard is the buggy track. If your ball enters the lateral water hazard, you are afforded 2 club lengths not nearer the hole from the point of entry and may have to drop on the buggy path and then take separate relief from the buggy path for your next shot.



2.) If you have a really good tee shot and it runs over the fairway, there is a flower bed beyond the fairway.



3.) You have to be virtually certain that your ball is inside the flower bed before being afforded relief from the flower bed. If you are not virtually certain, you have to play it as a lost ball and under penalty of 1 stroke, replay from as near as possible at the spot the original ball

was played from. If you are virtually certain that your ball is in the flower bed, then you are afforded 1 club length not nearer the hole from the nearest point of relief and may have to drop on the buggy path and then take separate relief from the buggy path for your next shot.



4.) Beyond the green lies another lateral water hazard. If you overshoot, you are afforded 2 club lengths not nearer the hole from the point of entry, or alternatively you can replay your shot from the as near as possible at the spot the original ball was played from. You could technically go to the opposite side of the lateral water hazard and drop equidistant from the point of entry, but this is impractical and would probably hold up play.

Happy golfing!





Greenside Adtters JULY/AUGUST 2017

Dear NSRCC Golfers,

NSRCC successfully hosted its 22nd Charity Golf at NSRCC Kranji on 13th & 14th May 2017. On behalf of the Club and our adopted beneficiaries, I thank all sponsors and participants for their generosity in supporting this cause. With that completed, we now look forward to our next event, NS50 Golf to be held on Saturday, 15th July at NSRCC Changi, where we will commemorate 50 years of National Service.

Just another reminder as well, that from 1st July 2017, the 3-year \$15 green fee rebate scheme will expire, and full green fees will apply.

We would also like to take this opportunity to draw your attention to some of the Club's golf-related rules:

Control of Play

1. Handicap Index vis-à-vis Tee Box Colour.

Due to our high utilisation rates, and to better regulate the pace of play for the enjoyment of golfing at both NSRCC Changi & Kranji, golfers are to tee-off from the respective tee position commensurate with the handicap index indicated in the table below.

TEE	HANDICAP INDEX
Blue	18.4 & Below
White	18.5 & Above
Red	Ladies with 36.6 & Below

On this note, members are again reminded to sign up with the SGA Centralised Handicap System if you have not already done so.

2. CAT 1 (Lightning Risks and Inclement Weather) Delays and NSRCC Rain-check Policy.

Where we are located geographically, we occasionally experience the necessity of CAT 1 (Lightning Risks and Inclement Weather) announcements which is for the safety of all our

golfers. To better facilitate management of play, golfers who have paid for an 18-hole game will be compensated with a rain check as follows:

- a. Morning session golfers who can only complete 9-holes or less and are unable to cross-over to the 2nd 9-holes (to tee off) before 11.45am.
- **b.** Afternoon session golfers who can only complete 9-holes or less and are unable to cross-over to the 2nd 9-holes to tee-off due to course closure or darkness.

Golfers requiring any clarification on these matters can approach either of our Club's Golf Reception Counters for more information.

Wishing you all Happy and Safe Golfing!

Tan Kah Han Club Captain



SHOLF in OR

Date	Name	Location	Handicap
Sunday, 21st May 2017	Ibrahim Bin Atan	NSRCC Changi 10th Tee Hole #12	14.1
Sunday, 28th May 2017	Loo Chien Chou Andy	NSRCC Changi 10th Tee Hole #12	8.1
Wednesday, 7th June 2017	Foong Weng Wah	NSRCC Kranji Hole #2	24
Wednesday, 7th June 2017	Oh Beng Huat	NSRCC Changi 1st Tee Hole #6	14.1

For the results on Monthly Medal, please visit our website at www.nsrcc.com.sg



Over the weekend of 13th & 14th May 2017, NSRCC successfully hosted its 22nd Charity Golf at NSRCC Kranji.

ince the inception of the Club in 1995, the club has readily provided a fundraising platform which has given rise to many meaningful collaborations, proving beneficial to the less fortunate people in our community.

Graced by Minister-for-Defence, Dr Ng Eng Hen, the event aimed to extend a helping hand to organisations that care for the destitute and/or ill elderly.

As a collaborated effort between the Organising Committee, prestigious sponsors and longtime donors, over \$\$300,000.00 was raised.



Our Club President, LG Perry Lim (R) and General Manager, Mr Ng Heng Chew (L)

Beneficiaries for NSRCC Charity Golf 2017:

Bishan Home for the Intellectually Disabled

Bright Hill Evergreen Home

St Theresa's Home

SAF Care Fund







Golf (Afternoon) Feast (7pm) **NSRCC Changi**







18-hole Golf Game, FREE FLOW German Beer, **Traditional Food, Entertainment & Lucky Draw**

Golf & Feast \$98.00 **Members**

Erdinger Beer during Golf game.

Signed-in Guests \$178.00

Feast

\$60.00 **Members** Signed-in Guests \$68.00

Non - Members \$78.00

'Fees are subjected to 7% GST *Free Flow Erdinger Beer from 7pm - 10pm For registration please contact S&R Team at 6540 8564 / 63 or S&R@nsrcc.com.sg.





6 Benefits of a Personal Trainer

1. They are knowledgeable.

Personal Trainers are trained in teaching others how to exercise. Therefore, they can provide you the most effective training to reach your goals.

2. They help you to perform.

Having a trainer beside you to demonstrate the correct posture and technique is invaluable. They will ensure that you perform the exercises correctly and efficiently, in order to maximise results.

3. You get a tailored training program.

Everybody is different and there is no one size fit all in training programs that you can find on the internet or through a fitness app.

4. They help you set realistic and specific goals.

Personal Trainers will not only help to set realistic goals, they will also help to keep you on track by giving you specific achievements in order to hit the end result you desire.

5. They ensure that you are committed.

How many times have you procrastinated or find excuses for yourself not to hit the gym? This is when a Personal Trainer is critical in ensuring that you commit and stick to your fitness goals.

6. They are unofficial therapists.

It is well known that physical exercise helps with mental health. And most of the time while exercising with your Personal Trainer, you will tell them about your week, how is work, and what is troubling you.

Enjoy all these benefits with the Personal Training Programmes at NSRCC Fitness Centre.

Bookings	Rates (for Individuals)
5 sessions	\$250
10 Sessions	\$450
15 Sessions	\$650

*All rates are subjected to 7% GST.



Available exclusively at SPC Speedy Care Auto Service Centres located at the following SPC Stations

SPC Balestier 462 Balestier Road S(329837) Tel: 6252 3822

SPC Bukit Merah 3800 Jalan Bukit Merah S(159464) Tel: 6275 6411

SPC Hougang 120 Hougang Avenue 2 S(538858) Tel: 6282 9085

SPC Jalan Buroh 33 Jalan Buroh S(619487) Tel: 6268 8160

SPC Pasir Panjang 158 Pasir Panjang Road S(118555) Tel: 6377 4007

SPC Jalan Leban 1 Jalan Leban S(577546) Tel: 6462 2776

SPC Pasir Ris 11 Pasir Ris Drive 4 S(519456) Tel: 6582 2621

SPC River Valley 2 Jervois Road S(248994) Tel: 6471 3613

SPC Toa Payoh 180 Toa Payoh Lorong 6 S(319381) Tel: 6254 7833

SPC Upper East Coast 157 Upper East Coast Road S(455253) Tel: 6545 1840

SPC Yishun 599 Yishun Ring Road S(768683) Tel: 6756 2949

*Terms & Conditions: This promotion is exclusively for National Service Resort & Country Club (NSRCC) members only, and ends on 31 December 2017. • 30% off for any SPC SYNACE Service Package purchased at any SPC Speedy Care Auto Service Centres, which includes engine oil, standard oil filter and 14-point check, • Separate charges apply for any additional engine oil/service/part not included in the service package. Please refer to your vehicle owner's manual for specifications and viscosity grade recommended by the vehicle manufactures. • Valid NSRCC membership card at the Speedy Care Auto Service Centres, by appointment only. Subject of the respective SPC Speedy Care Auto Service Centres. • This promotion is not valid with other offers, discounts or promotions. • SPC Lubricants reserves the right to change the terms of this promotion without prior notice. • Visit vow.vspc.com.sg for bcation and contact details of SPC Speedy Care Auto Service Centres.

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BMJ Therapy is a team of Allied-Health Professionals (Physiotherapists, Occupational Therapists) and Massage Therapists with special interest in treating injuries involving Bones, Muscles and Joints. BMJ Therapists have vast clinical experience and base their treatment on the latest medical knowledge to deliver the best possible care to clients.

NSRCC members enjoy 10% off all products and services at BMJ Therapy, as well as free phone and online consultation.

> **BMJ Therapy is located at** Parkway Centre. Call 9272 2890 for consultation.





Raffles Medical

Raffles Medical provides a comprehensive range of healthcare services through their network of multidisciplinary clinics located conveniently across Singapore.

In partnership with NSRCC, members may visit Raffles Medical for:

- Vaccinations
- Health Screening
- Dental
- Chinese Medicine Services

For general enquiries, please call 6311 2222, visit www.rafflesmedicalgroup.com or any Raffles Medical clinic





Raffles Health

Raffles Health supplements are specifically created with your health and wellness needs in mind. Raffles Health promotes optimal health with high quality and effective formulations.

NSRCC members enjoy 25% off Raffles and Kidds brand of supplements.

Available at Raffles Health Retail Pharmacy at Raffles Hospital and Raffles Holland V.





Upcoming Events



Mao San Wang PRIBIE flow



PLUS many other seasonal fruits and dessert

Durian Fiesta 2017
29 July 2017
6.30pm - 8.30pm
NSRCC Courtyard

\$58.00 | Members \$68.00 | Signedfin Guests \$75.00 | Non - Members \$46.00 | Kids (3412) Years

* Fees subjected to 7% GST

Closing date: 24 July 2017

Enquire or register with S&R(a)nsrcc.com.sg or 6540 8563

Upcoming Events



ACE YOUR ORAL

Date : 22 July 2017 Day : Saturday

Time : 2.00pm – 5.00pm Venue : NSRCC Changi Fees : \$30.00 + 7% GST

> (NSRCC Members) \$35.00 + 7% GST (Signed-in Guests)

Max. no. of participants: 10 Age Group: 9 – 12 years old

Closing Date: 10 July 2017, Monday

Kids will learn the mechanics of preparing for their oral exams by learning how to draft, edit and deliver their speeches! Lessons will be interactive and samples will be provided.



SPEAK TO SHINE

Date : 23 July 2017 Day : Sunday

Time : 2.00pm – 5.00pm Venue : NSRCC Changi Fees : \$50.00 + 7% GST

(NSRCC Members) \$55.00 + 7% GST (Signed-in Guests)

Max. no. of participants: 10 Age Group: 10 – 12 years old

Closing Date: 10 July 2017, Monday Kids will learn to be more aware of the

way they communicate, understand more about their body language, and learn essential skills that enables them to become a better and confident speaker.



DURIAN FIESTA 2017

Date : 29 July 2017 Day : Saturday

Time : 6.30pm - 8.30pm Venue : NSRCC Changi,

Courtyard

Fees : \$58.00 + 7% GST

(NSRCC Members) \$68.00 + 7% GST (Signed-in Guests) \$75.00 + 7% GST (Non-Members) \$46.00 + 7% GST (3 - 12 years old)

*\$10 off/pax for the first 20 sign ups in July!

Max. no. of participants: 100

Closing Date: 15 July 2017, Saturday Get ready for NSRCC Durian Fiesta! Enjoy the King of Fruits with your family and friends, and win attractive

lucky draw prizes!



MINI COPPER LAMP & TERRARIUM WORKSHOP

Date : 12 August 2017 Day : Saturday

Time : 2.00pm – 4.30pm Venue : NSRCC Changi, Falcon

Room

Fees : \$70.00 + 7% GST

(NSRCC Members) \$75.00 + 7% GST (Signed-in Guests)

Max. no. of participants: 10

Closing Date: 29 July 2017, Saturday Join us in a DIY session where you will learn how to make a copper lamp and terrarium. Participants get to bring home their handmade products!



BEGINNER ANGLER'S COURSE

Date : 2 September 2017

Day : Saturday

Time : 8.00am – 5.00pm Venue : Marina South Pier

(Meeting Point)

Fees : \$90.00 + 7% GST

(NSRCC Members) \$110.00 + 7% GST (Signed-in Guests)

Age Group: 13 years old and above (5 – 12 years old must be accompanied by an adult.)

Closing Date: 19 August 2017, Saturday

Are you in search of a new hobby? Or are you interested to try fishing? Join this course and learn the basics of fishing in theory and practical.



MID-AUTUMN UNDER THE STARS

Date: 30 September 2017

Day : Saturday

Time : 7.30pm – 9.30pm Venue : NSRCC Changi, Golf

Course

Fees : \$5.00 + 7% GST

(NSRCC Members) \$8.00 + 7% GST (Signed-in Guests)

Max. no. of participants: 50

Closing Date: 16 September 2017,

Saturday

The exclusive Mid-Autumn celebration under the stars at NSRCC is back! Bring your kids and join us for a fun walk in the golf course!

Upcoming Events



TENNIS BEGINNER'S CLINIC

Date : 3 July - 8 August 2017

> (ongoing) : Monday

Time : 7.00pm - 8.30pm Venue : NSRCC Changi,

Tennis Court

Fees (per 6 sessions)

Dav

\$180.00 + 7% GST (NSRCC Members) \$200.00 + 7% GST (Signed-in Guests)

Min. no. of participants: 4 Age Group: 16 years old above



CARDIO TENNIS

Date : 4 July - 9 August 2017

(ongoing)

Dav : Tuesday

: 7.00pm - 8.30pm Time Venue : NSRCC Changi.

Tennis Court

Fees (per 6 sessions)

\$150.00 + 7% GST (NSRCC Members) \$170.00 + 7% GST (Signed-in Guests)

Min. no. of participants: 4 Age Group: 16 years old above



ZUMBA

Date : 15 July - 12 August 2017

(ongoing)

: Saturday Dav

: 3.30pm - 4.30pm Time

Sunday classes are also available from 3.30pm - 4.30pm or 4.30pm -5.30pm

Venue : NSRCC Changi, Oriole 3

Fees (per 5 sessions)

\$125.00 + 7% GST (NSRCC Members) \$135.00 + 7% GST (Signed-in Guests)

Min. no. of participants: 4 Age Group: 16 years old above



PILOXING KNOCKOUT

Date : 16 July - 13 August 2017

(ongoing)

Day : Sunday

Time : 5.00pm - 6.00pm

Weekday classes are available on Thursdays from 7.00pm – 8.00pm.

Venue : NSRCC Changi, Oriole 3

Fees (per 5 sessions)

\$125.00 + 7% GST (NSRCC Members) \$135.00 + 7% GST (Signed-in Guests)

Min. no. of participants: 4 Age Group: 16 years old above



AIKIDO

Date : 16 July - 10 September 2017

(ongoing)

Dav : Sunday

: 3.00pm - 4.15pm Time Venue : NSRCC Changi, Oriole 3

Fees (per 6 sessions)

\$150.00 + 7% GST (NSRCC Members) \$160.00 + 7% GST (Signed-in Guests)

\$165.00 + 7% GST (Non-Members)

Min. no. of participants: 10

Age Group: 5 years old and above



SWIMMING (BEGINNERS)

: 23 September - 26 November 2017 **Date**

(ongoing)

: Saturday / Sunday Day

Time Beginners: Saturday:

4.00pm - 5.00pm

5.00pm - 6.00pm

Sunday:

3.30pm - 4.30pm

4.30pm - 5.30pm

Min. no. of participants: 3

Age Group: 5 years old and above

Do call us at 6540 8563/64 or email S&R@nsrcc.com.sg for more details!



Do contact us at S&R@nsrcc.com.sg for more details!

FACILITIES

MAIN LOBBY RECEPTION:

Tel. 6542 8288 / 6543 5725

(booking of facilities)

8.00am to 8.00pm (Mon-Sun)

MEMBERSHIP CENTRE:

Tel. 6540 8555 / 8556

8.30am to 5.30pm (Mon-Fri) **10.30am to 2.30pm**

(Sat, Sun & Public Holidays)

SPORTS & SOCIAL FACILITIESS

Billiards Room

Tel: 6543 5709 10.00am to 10.00pm (Mon-Sun)

Fitness Centre

Tel: 6543 5715

7.00am to 9.30pm (Mon-Fri)

7.00 am to 8.30pm

(Sat, Sun & Public Holidays)

Jackpot Room

9.30am to 12.00am (Mon-Thu)

12.00pm to 1.00am (Fri)

9.30am to 2.00am (Sat)

9.30am to 12.00am (Sun & Public Holidays)

9.30am to 1.00am (Eve of Public Holidays)

Resort Bowl

Tel: 6545 6365 / 2059

12.00pm to 11.00pm (Mon- Thu)

12.00pm to 2.00am (Fri, Sat & Eve of

Public Holidays)

10.00am to 11.00pm (Sun, Public Holidays

& School Holidays)

Tennis Courts

Tel: 6543 5725

7.00am to 10.00pm (Mon-Sun)

Eastern Pro-Shop @ Resort Bowl

2.00pm to 10.00pm (Tue-Thu, Sun & Public Holidays)

2.00pm to 11.00pm (Fri, Sat & Eve of Public Holidays)

Family Zone @ Resort Bowl

12.00pm to 10.00pm (Mon- Thu)

12.00pm to 1.00am

(Fri, Sat & Eve of Public Holidays

10.00am to 10.00pm (Sun & Public Holidays)

Karaoke @ Resort Bowl

12.00pm to 11.00pm

(Mon to Thu, Sun & Public Holidays)

12.00pm to 2.00am

(Fri, Sat & Eve of Public Holidays)

Swimming Pool & Wet Playground

Tel: 6540 8564

8.00am to 9.00pm (Mon-Sun)

Squash Court

Tel: 6543 5725

10.00am to 10.00pm (Mon-Sun)

GOLF FACILITIES

Driving Range

Tel: 6540 8500 7.00am to 10.00pm (Tue-Sun) 2.00pm to 10.00pm (Mon)

Golf Reception

Tel: 6540 8500 (Changi) / 6795 2300 (Kranji) Fax: 6542 7710 (Changi) / 6792 7311 (Kranji) Opening Hours: 7.00 am to 5.30 pm

Booking Hours:

Weekend Golf

In-person*: 6.00pm to 7.00pm (Fri) Internet: 6.00pm onwards (Thu) Telephone: 9.30am to 5.00pm (Fri) *currently not available at NSRCC Kranii

Weekday Golf

In-person & Telephone: 9.30 am to 5.00pm (Mon-Sun) Internet - 9.30am onwards (from Mon)

Golftitude Fitting Studio (at Temporary Driving Range)

Tel: 9652 4343 12.00pm - 8.00pm (Tue-Fri) 9.00am - 6.00pm (Sat-Sun)

Mizuno Golf School

Tel: 9151 8852

Email: edmund.tan@mizuno.com.sg

Phil Brew Golf Academy

Tel: 6910 7057

The Golfing Lab

Tel: 9752 9297 / 9276 0038 8.00am - 10.00pm (Mon-Sun)

GOLF PRO-SHOP

Transview

Tel: 6543 2051 7am to 7pm, (Mon-Sun)

OTHERS

Sundry Shop

2.00pm to 9.00pm (Mon- Fri) 12.00pm to 9.00pm (Sat, Sun & Public Holidays

CORPORATE PRIVATE EVENTS

NSRCC Changi

The Falcon, The Corvette, The Leaders, Oriole 1 & Oriole 2

For booking enquiries, call 6543 5082 / 6543 5735 or email:

NSRCC Kranji

events@nsrcc.com.sa

The Sanctuary I & The Sanctuary II For booking enquiries, call 6795 3200

F & B OUTLETS

Appetizer @ Bowling Centre

12.00pm to 11.00pm (Mon-Thu)
12.00pm to 2.00 am
(Fri, Sat & Eve of Public Holidays)
10.00am to 11.00pm (Sun & Public Holidays)

JCafe @ The Deck

Tel: 6546 3839

7.00am to 8.00pm (Mon-Sun)

Jumbo Seafood

Tel: 6552 3435

Lunch: 11.30am to 3.00pm (Mon-Sat) 10.00am to 3.00pm (Sun & Public Holidays) Last orders at 2.15pm

Dinner: 6.00pm to 11.00pm (Mon-Fri) 5.30pm to 11.00pm (Sat, Sun & Public Holidays) Last orders at 10.15pm

Viola

(Mon-Sat)

Tel: 6386 8011 4.00pm to 1.00am

NSRCC Kranji The Terrace Café

Tel: 6791 1948

7.00am to 8.00pm (Mon-Sun)

SEA SPORTS CENTRE

Facilities

Centre for Performance Transformation
Tel: 6214 9412

Constant Wind Sea Sports

Centre & Pro-shop Tel: 6445 5108

10.00am to 7.00pm (Mon-Sun)

F&B Outlets

Bellyview Cafe

Tel: 6445 5108

11.30am to 9.45pm (Mon-Sun)

Gurame Indonesian Restaurant

Tel: 6542 2038

Lunch: 11.00am to 2.30pm (Mon-Sun)

Last orders at 2.00pm

Dinner: 6.00pm to 9.30pm (Mon-Sun) Last orders at 9.00pm

STELLA

Tel: 6214 9168

12.00pm to 12.00am (Mon-Sun)

BUNGALOW RECEPTION

Tel: 6542 2036 Fax: 6545 6544 Opening Hours: 9.00am to 8.00pm (Mon-Sun) Booking Hours: 9.00am to

7.00pm (Mon-Sun)

Six-month advance bookings are open on a rolling basis. Members can make bookings via phone, in-person or the Internet at our website www.nsrcc.com.sg

Check-in: 2.00pm to 7.00pm Check-out: 9.00am to 10.00am



Affiliated Clubs

Dear Members.

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at www.nsrcc.com.sq using your members' PIN. Please check our website for the latest/current list of affiliated clubs.



BRUNEI

*Royal Brunei Golf & Country Club

Tel: 673-2-611 582 Fax: 673-2-610 499 Email: rbgcc@gmail.com



CHINA

*Guanazhou International Golf Club

Tel: 001-8620-8293-3888 Fax: 001-8620-8293-3168 Email: golf@gigc.com.cn Website: www.gigc.com.cn



INDONESIA

Bali

*Bali National Golf Club

Tel: 62-361-771 791 Fax: 62-36-771 797

Email: reservations@balinationalgolf.com Website: www.balinationalgolf.com

Batam

*SouthLinks Country Club

Tel: 62-778-324 128 / 168 Fax: 62-778-323 288 Singapore Office:

Tel: (65) 6270 0062 / 6278 7079 Email: sales@southlinksgolf.com Website: www.southlinksgolf.com

Jakarta

Modern Golf & Country Club

Tel: 62-21-552 9228 Fax: 62-21-552 9177 / 87 Email: marketing@moderngolf.co.id Website: www.moderngolf.co.id

Sedana Golf & Country Club

Tel: 62-267-644 730 (Club) 62-267-644 733 (Golf Reservation) 62-21-612 8811 (Accommodation)

Fax: 62-267-644 728

(Club & Golf Reservation) 62-21-612 8822 (Accommodation)

Email: marketing@sedanagolf.com

Website: www.sedanagolf.sinarmasland.com/

MALAYSIA

*Tanjong Puteri Golf & Country Club

Tels: 02-07-271 1888 (Office & Club) 6338 2828 / 6339 7266 (S'pore Office)

Fax: 02-07-271 1333 (Office & Club) 6339 5128 (S'pore Office)

Email: enquiry@tpgr.com Website: www.tpgr.com

Malacca

*A'Famosa Golf Resort Berhad

Tels: 02-06-552 0888 / 0555 Fax: 02-06-552 0695

Email: operations.golf@afamosa.com Website: www.afamosa.com

*Orna Golf & Country Club

Tel: 02-06-521 0333 Fax: 02-06-521 0222

Email: ogcc@ornaresort.com.my

Negeri Sembilan

Nilai Springs Golf & Country Club Tel: 02-06-850 8888

Fax: 02-06-850 3388 (Golf) Email: club@nilaisprings.com.my

Staffield Country Resort

Tel: 02-6018-222-1919 Fax: 02-603-8766-7173

Email: staffield@berjayaclubs.com

Website: www.berjayaclubs.com/staffield/

*Penang Golf Club

Tel: 02-04-644 2255 Fax: 02-04-644 9345

Email: reception@penanggolfclub.com.my Website: www.penanggolfclub.com.my

Bukit Jawi Golf Resort

Tel: 02-04-582 0759 Fax: 02-04-582 2613

Email: enquiry@bukitjawi.com.my Website: www.bukitjawi.com.my

Penang Golf Resort

Tel: 02-04-578 2022 Fax: 02-04-575 0228

Email: pgrb@penanggolfresort.com.my Website: www.penanggolfresort.com.my

Clearwater Sanctuary Golf Resort

Tel: 02-05-366 7433 Fax: 02-05-366 7434 Email: email@cwsgolf.com.my Website: www.cwsgolf.com.my

Selangor

*Sultan Abdul Aziz Shah Golf & Country Club

Tel: 02-03-5510 5872 Fax: 02-03-5510 5860 Website: www.kgsaas.com.my



TAIWAN

*National Golf Country Club

Tel: +886 37-743377 Fax: +886 37-740505 Email: avis@nggc.tw Website: www.ngcc.com.tw

*Tsai Hsing Elite Golf Club

Tel: 886-3-569-2318 Fax: 886-3-569-1097 Email: golf@the-club.com.tw Website: www.the-club.com.tw

*Ta Kang Shan Golf

Tel: 886-7-636641 Fax: 886-7-6366219 Website: www.tksg.com.



VIETNAM

*Song Be Golf Resort

Tel: 84 - 650 - 3756 660/1 Fax: 84 - 650 - 3755 804 Email: pr@songbegolf.com.vn Website: www.songbegolf.com.vn

*Dong Nai Golf Resort

Tel: 84 - 61 - 3866 288/307 Fax: 84 - 61 - 3864426 Email: info@dongnaigolf.com.vn Website: www.dongnaigolf.com.vn

*Affiliated clubs that charges discounted "Green Fees"

Special Golfing Arrangements Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.





SINGAPORE

*Sembawang Country Club Tel: 6755 8418 Fax: 6752 0446 Website: www.sembawanggolf.org.sg Tuesdays to Fridays only (excl PH)



SOUTH AFRICA

*Spier Country Club, Cape Town 27-21809-1100 27-21881-3634 Email: info@spier.co.za Website: www.spier.co.za

*Vodacom, World of Golf, Johannesburg Tel: 27-11802-5864

Fax: 27-11802-7491 Email: rica@worldofgolf.co.za Website: www.golfersworld.co.za



THAILAND

*Phuket Country Club Tel: 660 76 3192004 Fax: 660 76 319206

Email: bookings@phuketcountryclub.com Website: www.phuketcountryclub.com

*Gassan Khuntan Golf & Resort

*Gassan Legacy Golf Club Email: info@gassangolf.com Website: www.gassangolf.com





SPECIAL GOLF AFFILIATED CLUB ESCAPADES



for affiliated members from NSRCC



Come and enjoy Saigon!

* 3 days/2 nights

Group of 2 - SGD \$350 Group of 3 - SGD \$333

Group of 4 - SGD \$299

* Per golfer

Package includes:

- Return airport Transfers
- 2 nights accommodation at Song Be
- Full board 6 set meals
- 2 rounds of 18 holes golf game
- Complimentary 100 driving range balls
- All prevailing taxes

* 4 days/3 nights

Group of 2 = SGD \$512

Group of 3 = SGD \$487

Group of 4 = SGD \$433

* Per golfer

Package includes:

- Return airport Transfers
- 3 nights accommodation at Song Be
- Full board 9 set meals
- 3 rounds of 18 holes golf game
- Complimentary 100 driving range balls
- All prevailing taxes

Weekends/Public holidays surcharge:

Minimum 3 golfers in one flight for weekend/public holiday booking

For one 18 holes golf game - SGD \$65 / For two 18 holes golf game - SGD \$130

For enquiries and booking, please e-mail to reservation@songbegolf.com.vn

or girard@songbegolf.com.vn

Enclosed registration form.

Booking must be made 8 days prior to the date of arrival Rates are valid from 15 April to 15 October 2017. For NSRCC Members only.



