



RV

Resort View

An Exclusive

on Fatt Choy Cup 2017

Pg14



Seen & Heard

NSRCC Youth Bowler, A Men's National Champion! Pg 4
Our Staff brings Elderly to the Zoo Pg 6

In & Around NSRCC

Sundry Shop is Open Pg 17
A Newly Renovated Family Zone @ Resort Bowl Pg 18

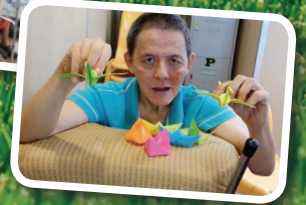


NSRCC



CHARITY GOLF 2017

13th & 14th May @ NSRCC Kranji



OUR BENEFICIARIES

Bishan Home for the Intellectually Disabled

Bishan Home for the Intellectually Disabled was established in 1999. The home is a purposely-built residential home for people with intellectual disabilities. Apart from taking care of the live-in patients, they also offer a Day Activity Centre to the neighbourhood who require elderly day care services.

Bright Hill Evergreen Home

Bright Hill Evergreen Home was established in 1983 and is a 248-bedded, non-profit nursing home. The home basically addresses both medical and physiological needs of the elderly aged 50 and above through the offerings of nursing, counselling and physiotherapy services.

St Theresa's Home

St Theresa's Home was established in 1935, providing housing, food, medical and other related services to the disadvantaged, destitute and aged sick. Their objective is to assure that the aged persons stay in comfort and peace in their golden years.

St John's Home for Elderly Persons

St John's Home for Elderly Persons was established in 1958, and is a sheltered home for elderly persons aged 60 and above who are ambulant. They provide house and care for the physical needs of such elderly persons who have no home or family. The home is open to all regardless of creed or race.

Guest-of-Honour

Dr Ng Eng Hen

Minister for Defence

To support this meaningful cause, please contact the **Golfing Hotline** at **6795 2304** or email golfing@nsrcc.com.sg



RV

Resort View

Mar | Apr 2017

Contents

Seen & Heard

- 4 Our Youth Bowler, A Men's National Champion!
- 5 1st Bowling Quarterly Medal 2017
Hong Bao Bowl
- 6 A Day at the Zoo with the Elderly
- 7 A Rural Experience at UK Farm

On Par

- 8 NSRCC Junior Golf Development Program -
The What, Who & How
- 10 Mizuno Golf School - Building Swing with
Solid Footwork
- 11 Golf 101 - New Local Rule Introduced for 2017
- 12 Greenside Matters
- 13 A Very Special Ladies' Monthly Medal
Hole-in-One Achievers

Front Page

- 14 An Exclusive on Fatt Choy Cup 2017

In & Around NSRCC

- 16 Ushering in the Rooster Year at NSRCC
Sundry Shop is Open
- 17 A Newly Renovated Family Zone @ Resort Bowl
New PA Sound System @ Resort Bowl
- 18 Get Healthy @ NSRCC
- 19 Annual Swimming Carnival is back!
- 20 Notice on Club Early Closure on 23rd March 2017

Updates

- 22 Partner Promotions
- 25 Upcoming Events

In Every Issue

- 2 Office Bearers
At Your Service
- 3 The Editor Speaks
- 27 Facilities Directory
- 28 Affiliated Clubs



Pg6

Editor

Tan Sze Wah

Editorial Team

Chua Swee Kiat, Jackson Loy,
Derek Chan, Koh Boon Check,
Derrick Hia, Sheena Anne-Marie,
Nur Isyana Isaman

is published bi-monthly by
National Service Resort & Country Club
10 Changi Coast Walk, Singapore 499739
Tel: 6542 8288 Fax: 6545 6508
MICA (P) No. 057/10/2016

Email Address
corpcomms@nsrcc.com.sg

Designed & Printed by
Stamford Press Pte Ltd

officebearers

PATRON

Prime Minister of Singapore
Lee Hsien Loong

BOARD OF DIRECTORS

Chairman
Chan Yeng Kit
Deputy Chairmen
Yip Seng Cheong Leo
LG Lim Cheng Yeow Perry
Director
Tan Kean Loong Keith
Lee Chung Wei

GENERAL COMMITTEE

President
LG Lim Cheng Yeow Perry
Vice President
Lee Chung Wei
COMR Yap Wee Teck Eric
Captain
Tan Kah Han
Members
COL (NS) Lim Swee Chye Simon
Wong Hui Ping Thomas
Teoh Ai Lin
Leong Chee Keen Edward
Lee Chee Peng
Kwa Hian Djoe Andrew
Tan Sze Wah
Looi Wan Hui
Secretary
Ng Heng Chew
Treasurer
Tan Chai Hiang Joanne

CHANGI MANAGEMENT COMMITTEE

NSRCC CHANGI Chairman
Lee Chung Wei
Vice-Chairman
Lee Chee Peng
Members
Too Chee Keong Patrick
Toh Bee Chew Winston
Ng Heng Chew
Ho Chee Boon Stanley
Sua Boon Seng James
Tan Chai Hiang Joanne

KRANJI MANAGEMENT COMMITTEE

Chairman
COMR Yap Wee Teck Eric
Vice-Chairman
COL Keong Boon Kee Clifford
Members
Chai Yee Yuen Lionel
Siow Kah Weng Calvin
Goh Soon Hee Derrick
Ng Heng Chew
Ho Chee Boon Stanley
Sua Boon Seng James
Tan Chai Hiang Joanne
Yeo Yew Jin Jason

DISCIPLINARY COMMITTEE

Chairman
Teoh Ai Lin
Members
Keok Tong San
Toh Eng Kian Kelvin
Siva Shanmugam
Poh Hee Hian
Lim Yong Chin Lawrence
Lee Yak Whatt Dick
Yong Eng Wah

SPECIALIST ADVISORY COMMITTEE

Teo Eng Dih

RESORT & FACILITIES COMMITTEE

Chairman
Lee Chee Peng
Vice Chairman
Too Chee Keong Patrick
Convenor (Bowling)
Chan Yu Quan Derek
Convenor (Tennis/Squash)
Lee Cher Tong David
Convenor (Family Recreation)
Florence Khemlani
Convenor (Billiard)
Tan Chong Keat Dennis
Members
Kuek Chiew Peng
Soh Bee Leng Richard
Tang Teck Wah

GREENS COMMITTEE

Captain
Tan Kah Han
Vice Captains
Tay Kian Hwee David
Chong Chin Wah Jenny
Members
Chua Peng Hock William
Chua Yam Seng
Huang Mee Foh David
Lee Hu Geck Cynthia
Ng Kim Teck Vincent
Tan Yong Hui Brian
Chua Peng Loke Vincent
Tan Lay Har

HANDICAP COMMITTEE

Members
Koh Boon Check
Tsong Pui Ling Pauline
Goh Huat Beng William
Cher Lew Err Andrew

EDITORIAL COMMITTEE

Honorary Editor/Chairman
Tan Sze Wah
Members
Chua Swee Kiat
Loy Dek Ee Jackson

AUDIT COMMITTEE

Chairman
Looi Wan Hui
Members
Leong Chee Keen Edward
Wong Hui Ping Thomas

ENGAGEMENT COMMITTEE

Chairman
Kwa Hian Djoe Andrew
Members
Toh Bee Chew Winston
Neo Wee Beng Mike
Seah Chin Aik
Lim Cher Meng Henry

REDEVELOPMENT COMMITTEE

Chairman
Lee Chee Peng
Tan Kah Han
Members
Tay Kian Hwee David
Kan Kong Cheong
Looi Wan Hui
Tan Yong Hui Brian

ESTABLISHMENT COMMITTEE

Chairman
Lee Chung Wei
Members
Leong Chee Keen Edward
Lee Meng Guek Ivy
Wong Hui Ping Thomas

at your service

GENERAL MANAGER

Ng Heng Chew
gm@nsrcc.com.sg

DIRECTORS

Business Strategy, Resort & MMC
Stanley Ho
stanley@nsrcc.com.sg

Golf
James Sua, CGCS
james@nsrcc.com.sg

MANAGERS

Kranji Sanctuary
Jason Yeo
jasonyeo@nsrcc.com.sg

Facilities
David Ho
david@nsrcc.com.sg

Finance & Admin
Joanne Tan
joanne@nsrcc.com.sg

Business Strategy & MMC
Derrick Hia
derrickhia@nsrcc.com.sg

HR & Training
Joey Leau
joey@nsrcc.com.sg

INFORMATION TECHNOLOGY

IT@nsrcc.com.sg

Manager, IT
Steven Koh
steven@nsrcc.com.sg

FINANCE (PAYMENT & STATEMENT OF ACCOUNTS ENQUIRIES)

finance@nsrcc.com.sg

Officer (Credit)
Quck Lian Chuan 6540 8588

MEMBERSHIP & MARKETING

membership@nsrcc.com.sg
marketing@nsrcc.com.sg

Assistant Manager, Membership
Tan Ei Kheng 6540 8552

CSO Membership
Faezah 6540 8556
Norazuana 6540 8555

Executive (Marketing)
Alix Chu 6543 5733

CORPORATE COMMUNICATIONS

corpcomms@nsrcc.com.sg

Senior Executive (Corporate Comm)
Sheena Anne-Marie 6540 8550

Assistant Executive (Corporate Comm)
Nur Isyana 6540 8557



CHANGI GOLF

golfing@nsrcc.com.sg
Assistant Manager, Golf
Derrick Tay 6540 8548
Senior Executive (Golf)
Tony Pang 6540 8546
Executive (Golf)
Ong Eng Peng 6540 8544
Executive (Golf)
May Lim 6540 8545
Supervisor (Driving Range)
David Oliveiro 6543 1726

KRANJI SANCTUARY

kranji@nsrcc.com.sg
Assistant Executive (Golf, KSGC)
Fadzli 6795 2300
Assistant Executive (Operations, KSGC)
Nasarudin 6795 2304

COURSE MAINTENANCE

Course Superintendent (Kranji)
Lim Kah Hwee 6795 2319
Assistant Course Superintendent (Changi)
Lee Kok Keong 6543 5712

BUNGALOWS

bungalows@nsrcc.com.sg
Assistant Manager, Resort
Francis Yuen 6540 8559

Executive (Bungalows)
Safiee 6542 8286

SPORTS/RECREATION

S&R@nsrcc.com.sg
Executive (Sports & Recreation)
Wong Mei Ling 6540 5737
Assistant Executive (Sports & Recreation)
Juhainiomasra 6540 8564

Officer (Sports & Recreation)
Stephen Lim 6540 8563

RESORT BOWL @ NSRCC

bowlingstaff@nsrcc.com.sg

Executive (Resort)
Dennis Chew 6540 8567

CORPORATE/PRIVATE EVENTS

events@nsrcc.com.sg

Assistant Manager, Resort
Yam Chung Wai 6540 8566

Executive (Event Management & Jackpot)
Regina Soo 6543 5749

Executive (Event Management)
Patrick Soong 6543 5735

Assistant Executive (Event Management)
Jax Fong 6543 5082





theeditorspeaks

Editor Tan Sze Wah

Greetings Members,

Members took to our courses and Resort Bowl to soak up the Chinese New Year atmosphere, by participating in our Fatt Choy Cup and Hong Bao Bowl to usher in the Year of the Rooster. See if you can spot your friends in the New Year's games!

With March school holidays just around the corner, our young ones can find an array of games in the refurbished Family Zone @ Resort Bowl. Now, convenience is at the fingertips of all NSRCC members & guests, especially those staying in our bungalows. If you want to buy some snacks, drinks and small necessities, visit the new Sundry Shop located next to Mizuno Golf School.

If sightseeing is more your cup of tea, do sign up for a 1-Day Trip to Bekok Village with us! Read inside for more information, and also an article of a recent fascinating visit by our members and families to UK Farm, Malaysia.

We are always proud of the success achieved by our junior sport talents. Congratulations to Cheah Ray Han on winning the 47th Singapore Nationals organised by Singapore Bowling Federation. We also have a write-up about the origins and successful graduates from the Junior Golf Development Program. Find out if your child is eligible and understand the selection process.

As part of the club's Corporate Social Responsibility, NSRCC staff took residents from St John's Home for Elderly Persons to visit the Zoo. Read about their exhausting, but truly rewarding experience taking care of residents during the outing. In the same vein, we will be organising our annual Charity Golf on 13 & 14 May to raise funds for the residents of St John's Home for Elderly Persons and four other beneficiaries. We hope for your support.

Enjoy your read!

Regards,
Sze Wah

Correction: In our January/February issue, the picture on bottom left of SGA Inter-Club League article on page 8 was wrongly captioned. The correct caption should have been "B Division Team". We sincerely apologise for the error.





NSRCC Youth Bowler, Cheah Ray Han

Our Youth Bowler, A Men's National Champion

Cheah Ray Han entered his first bowling competition when he was only 10 years old. Four years later, he joined the NSRCC Youth Bowling Team. Today, Ray Han is 17 years old and he has won numerous bowling accolades.

Just last year, he emerged as Men's Champion in the 47th Singapore Nationals organised by Singapore Bowling Federation. Ray Han describes the win as his most significant achievement so far. He says: "I won it unexpectedly at such a young age because I just finished my O Levels, then I went to bowl. But I was also very relaxed going into the competition. Additionally, the coaches at NSRCC have passed on so much knowledge to me which had helped me in winning that battle."

In the same year, Ray Han also clinched 1st Runner Up for the 17th MILO International All Stars and Masters Finals. It is no surprise that the ACSI student was selected into the National Squad when he was 15 years old.

Ray Han's achievements have inspired at least one person and it is none other than his own younger brother, Cheah Ray Zen. Ray Zen, 15 years old joined NSRCC

Youth Bowling Team a year after his older brother and he has been selected into the National Development Squad.

What's his secret? Before any game, Ray Han constantly reminds himself to take one shot at a time, not to get too ahead of himself, and not to stress about the outcome but to stay in the process. He also attends club trainings and consults the coaches regularly.

What's his goal? When asked about his ultimate goal in the bowling journey, Ray Han says: "Eventually, I will do my best to be a World Champion. My inspiration is our club coach Remy Ong, who was a World Champion so I really want to follow his footsteps. Hopefully one day, I will achieve the same success that he has for Singapore."

What's his advice? For the newbies out there who are eager to bowl competitively, Ray Han says: "Don't be afraid to join us. Just pursue your dreams and if you require some experience or any coaching advice, you can join the team at NSRCC!"

Professional Bowling for Youths at NSRCC

NSRCC is approved to host the Centre of Excellence programme for bowlers, which is a stepping stone towards being chosen for the National Squad. The club supports youth bowlers, not only in terms of coaching, but also exposing them to local tournaments like Singapore Nationals and Singapore International Open as well as overseas tournaments like MILO International. The club also organises in-house competitions such as Quarterly Medal and Annual Bowling Championship where there is a pool of very competitive bowlers with high skill standard. In fact, there are six NSRCC bowlers who have been selected to be part of the National Squad, including Cheah Ray Han.

If you are interested to join the NSRCC Youth Bowling Team, contact bowlingstaff@nsrcc.com or 6545 6365.



Ray Han with Florence Khemlani, Advisor (Bowling) & Derek Chan, Convenor (Bowling)

1st Bowling Quarterly Medal 2017

The 1st Bowling Ladies' 2017 at NSRCC was held on 8 January. 26 bowlers competed in the event and displayed a high standard of play. Nine of them scored at least one game above 200 pinfalls in the 8-game series!

Men's Category:

Prizes presented by Advisor (Bowling), Florence Khemlani



Champion, Derek Chan (L)
1639 pinfalls,
6 games above 200 pinfalls



1st Runner Up, Cheah Ray Han (L)
1549 pinfalls,
5 games above 200 pinfalls



2nd Runner Up, Darren Khemlani (L)
1381 pinfalls

Ladies' Category:

Prizes presented by Convenor (Bowling), Derek Chan



Champion, Joslyn Ho (L)
1411 pinfalls,
2 games above 200 pinfalls



1st Runner Up, Adeline Law (L)
1219 pinfalls



2nd Runner Up, Lim Wan Ling (L)
1119 pinfalls

Hong Bao Bowl



27 members attended this year's Hong Bao Bowl which was held on 5 February 2017. As it was a fun bowl, the bowling committee decided to award various fun novelty prizes such as 8 Pin Tap Perfect Game, 9 Pin Highest Game, Best Dressed, Youngest Bowler and Lowest Score. Lucky draw prizes were also given before the Hong Bao Bowl began.

A Day at the Zoo with the Elderly

By Joey Leau, Manager (HR & Training), NSRCC

NSRCC staff with residents of St John's Home for Elderly Persons at Singapore Zoo

Friday, 13th January 2017 was a wonderful day for the seniors from St John's Home for Elderly Persons when NSRCC staff brought them on a trip to the Singapore Zoo. Though it was a short outing, it reminded me so deeply about the needs of the elderly in our society who may have been forgotten by us sometimes, due to our busy lifestyle and work schedule.

In the past, we had done our CSR Project L! either in NSRCC premises or at their very own homes. This was the first time we brought them out to a place of interest to bring some special excitement to them and to seek a break in their usual routines.

We were blessed with good weather on that day (no rain and not too warm). However, with lack of experience in bringing so many elderly out, we had some challenges during the Zoo trip, such as not having sufficient wheelchairs, and their walking paces being much slower than we had thought.

While the challenges were tough, the toughness of the volunteers (NSRCC staff) rose to the occasion during the trip. To face the shortage of wheelchairs, they took initiatives to run to and fro with the wheelchairs to ferry the elderly, making it possible for them to continue the journey and to ensure they do not miss the scheduled animal show.

The volunteers also displayed their thoughtfulness and care by taking initiative to support the elderly when necessary, distributing bottled drinks and snacks to them, and to do so much more in their own attentive ways.

Seeing the volunteers working together to ensure everything went smoothly and that all the elderly were able to enjoy the Zoo trip with minimal disruption, really touched my heart. It was heartwarming to see that during a time when help is needed, everyone, regardless of job grades, jumped in to provide the greatest support. I am sure the elderly were grateful and happy for the efforts put in.

It was a fulfilling trip and I sincerely hope it helped everyone in a way or two to see things in a different perspective through their involvement in the programme.

Let's keep the warmth going and the light shining.



Moving together, looking out for one another

A Rural Experience in UK Farm



The happy participants of 1-day UK Farm Fun Tour in Kluang, Malaysia

More than 30 participants, including children, joined in a 1-day UK Farm Fun Tour organised by NSRCC on 10 December 2016. Most of them reached at least half an hour earlier than the reporting time, which really displayed their enthusiasm for the trip!

The group visited two famous shops in Kluang and the first one was Cap TV Kluang Coffee Factory. They were served freshly brewed coffee and saw coffee beans processed into powder.

After the tour, they went to the other famous shop: Tong Huat Confectionary, where the well-known Tau Sar Piah (Red Bean Cake) is produced. The shop also produced other traditional Chinese snacks and participants took the opportunity to purchase the delicious goodies!

It was late afternoon when the tour group reached UK Farm. They went on a tour around the farm which was quite enormous, that a minivan was provided! First, they visited the feedstock processing factory where the guide explained the process of producing feedstock.

Next, they went to the goat pens. The children were really excited when they got the chance to feed the goats! The group also visited the Goat Milk Processing Centre. There, they tasted goat milk, which most of them said had a unique taste, compared to the commonly consumed cow milk.

Over at Jakun Village, participants were treated to various performances, including a thrilling one where a performer used darts to shoot balloons above him! It was interesting and terrifying at the same time! The last destination were the fruits farm where the group was treated to tasty coconut drinks, the perfect relief from the hot and humid weather.

The trip ended with very happy families who have not only enjoyed themselves, but also gained experience of life in a rural farm. Some of them even mentioned that they would like to participate in more of such trips, where friends and families enjoy themselves with good company and bonding together. Well, here's the good news:

NSRCC is organising another 1-day trip to Malaysia, specifically Bekok Village, on 1 April! More details are provided in the event listing on page 25. For more information, please call 6540 8563.



Guide explaining the process of producing feedstock

National Service Resort & Country Club's

JUNIOR GOLF DEVELOPMENT PROGRAM



By Phil Brew,
PGA Member
of Australia &
Singapore and
Director of Phil Brew
Golf Academy,
NSRCC

WHAT IS JGDP?

Off the strength of his Junior Program, Phil Brew established his own Junior Talent Squad Program, which saw astonishing growth at NSRCC from 2000 to 2005. The program saw players like Su-Ann Heng, Christabel Goh and Reagan Png. Later, it had players like Joshua Ho, Shearn Chua, Phoebe Tan, and Jen Goh.

NSRCC then finalised their plans with Phil to develop their most elite junior golfers, in what was called the Junior Golf Development Program. They had access to the best coaches, backing from the Club with on-course access for training - a first for NSRCC, and a privilege that was not taken for granted. Parents were onboard, coaches were on the ball, and the Club gave full support. With that, the JGDP was born.

Since then, most of the players have either turned professional, represented Singapore at international levels, used golf to pursue college degrees in the USA, or become TV announcers/analysts for leading golf channels like Fox Sports. Careers in the game they love, and all with the same humble beginnings, where their dreams first started, in the JGDP at NSRCC.

WHO IS ELIGIBLE?

For your child to be eligible for consideration for JDGP, he/she must:

- a) Be a registered NSRCC Junior Member
- b) Possess a valid golf handicap of 24 and below for boys, and 32 and below for girls (Handicaps need to be issued by NSRCC or a SGA Affiliated Club.)
- c) Be below 16 years of age as of 1st January
- d) Not be enrolled or must not be attending any classes at Singapore Sports School
- e) Participate in at least three 18-hole club-organised events per year

Tabulated scores must be from NSRCC's Club events (Monthly Medals, NSRCC Major Golf Events and/or scores from SGA-sanctioned events). Please note we will require at least six 18-hole scores for Team A's eligibility and three 18-hole scores for Team B's eligibility.

The Selection Process

All selected JGDP members will undergo training by the Club's resident golf academy, Phil Brew Golf Academy, with overall supervision by the Club's Greens Committee. Upon graduation at the end of each year, junior golfers who achieved a handicap of 8 or lower would be recommended to the Singapore Golf Association for its National Youth Team selection.



A group of students from the JGDP

At the start of each year, NSRCC will select a group of Junior Golfers for JGDP. The maximum number is 12.

NSRCC junior members aged 16 and below (Team A), and 14 and below (Team B) as at 1st January are eligible for selection. The top few juniors based on age will be selected for the respective teams.

JGDP members can look forward to the following benefits starting from Feb till the end of the year (31st December):

<p>Team A</p>	<p>800 range balls per week</p> <ul style="list-style-type: none"> • 2 x 18-holes golf games per week at the Club • To encourage accountability and joint-responsibility towards the junior golfer’s development, parents are required to contribute 20% towards the total lesson fees. • JGDP team members may enrol in three (3) SGA-sanctioned and/or club approved golf tournaments and one (1) overseas golf tournament. Upon approval, NSRCC would reimburse 80% of the tournament fees.
<p>Team B</p>	<p>400 range balls per week</p> <ul style="list-style-type: none"> • 1 x 18-holes golf games per week at the Club • To encourage accountability and joint-responsibility towards the junior golfer’s development, parents are required to contribute 50% towards the total lesson fees • JGDP team members may enrol in three (3) SGA-sanctioned and/or club approved golf tournaments. Upon approval, NSRCC would reimburse 80% of the tournament fees.

All juniors selected for JGDP are required to abide by the Club’s Bye-Laws.

HOW TO PARTICIPATE?

At the start of each year, the club will track and tabulate scores from junior golfers when they play in Club-organised and SGA-sanctioned events throughout the year. All tabulated scores are placed in an Order of Merit (OOM) and ranking will be done using gross scores. OOM tracking period is from 1st Jan to 31st Dec. The top junior will be invited to join the Junior Golf Development Program based on their standing in the OOM at the end of the year.

THE SUCCESS STORY - BRANDON HAN

Brandon Han was inducted into the NSRCC Junior Golf Development Program four years ago when he was just 11 years old, an earlier than normal start for a JGDP player, as NSRCC usually would catch players on their radar from when they are 13 years old. Brandon is a testament that the program is a success, the commitment that it demands and the camaraderie it creates with peers, helping young ambitious golfers pursue their dreams in a fun and creative environment. In 2016, Brandon won four junior tournaments: National School Games in April, HSBC Youth Challenge (1st Leg) in June, DBS SICCC Junior Invitational (Overall Champion) in December and HSBC Youth Challenge (2nd Leg) also in December.

At the start of his journey, Brandon was a young, quiet boy, but underneath that fragile exterior, was a kid with inner drive. He now has a game that catches the attention of National Selectors, with him being selected into SGA’s Development Squad this year. Brandon has the taste of success, so, so sweet. He likes that taste and is now hungry for more - that is the effect of the JGDP. We build champions!



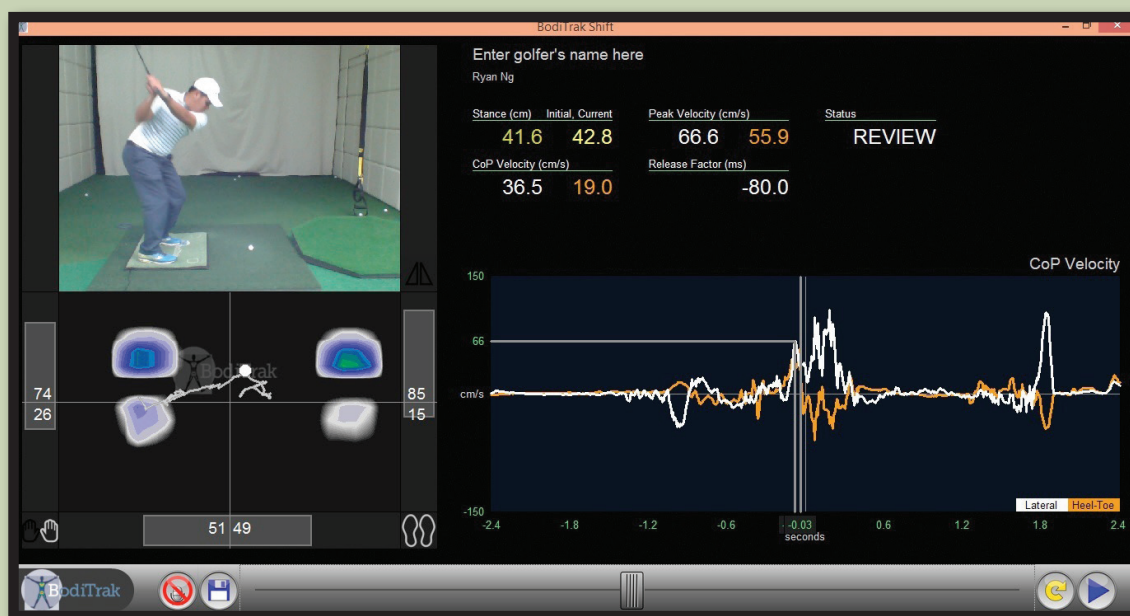
Phil Brew with Brandon Han (right)

Building Swing with Solid Footwork

By Edmund Tan,
Head of Golf Instruction &
Custom Fitting, Mizuno



A golfer on the BodiTrak mat



An analysis on BodiTrak software

When analysing a swing, footwork or simply building the swing from the ground up is the first thing we look at. Unfortunately we were never able to measure a student's footwork until now, thanks to the technology by BodiTrak Sports which uses a smart fabric the size of a doormat to read how students apply pressure to the ground.

With the BodiTrak, we can gain a greater understanding of ground mechanics and explain ground reaction forces during weight transfers to create maximum velocity at the right moment. Its ability to measure balance will help golfers understand multiple facets of their games

– most importantly how balance can affect their ability to turn properly and how balance affects the shape of their swing.

The system also allows us to create benchmarks for a player's ideal motion after their best results. The information is easy to understand and provides instant feedback that would link with other analysing tools such as V1 Pro and FlightScope.

If you would like to learn more about the BodiTrak Pressure Mat, visit the Mizuno Golf School at NSRCC Changi.

Golf 1-0-1 contributor Brian Tan is a member of the Greens Committee, and oversees Rules and Tournaments at NSRCC. When he's not busy officiating as a Rules Official, he can be found losing balls in NSRCC's water hazards.

New Local Rule Introduced for 2017:

Elimination of Penalties When Ball Is Accidentally Moved On Putting Green

In December 2016, both R&A and USGA announced the introduction of a new Local Rule to the Rules of Golf that eliminates the penalty when a ball is accidentally moved on the putting green.

The local rule will be adopted by R&A and USGA in all of their championships, qualifying competitions and international matches. This was chosen to be a Local Rule as part of the Rules Modernisation initiative pursued by R&A and USGA, and is outside the normal revision cycle. This enables committees to immediately eliminate the penalty for ball-moved situations on the putting green.

The Local Rule will be available for any committee in charge of a golf competition to use from 1 January 2017. Likewise, NSRCC has adopted this new Local Rule. It is expected that this will be integrated into the next set of revisions to the Rules of Golf and as such, scorecards will not need to be updated with this Local Rule.

The Rule is as follows:

"Rules 18-2, 18-3 and 20-1 are modified as follows:

When a player's ball lies on the putting green, there is no penalty if the ball or ball-marker is accidentally moved by the player, his partner, his opponent, or any of their caddies or equipment.

The moved ball or ball-marker must be replaced as provided in Rules 18-2, 18-3 and 20-1.

This Local Rule applies only when the player's ball or ball-marker lies on the putting green and any movement is accidental.

Note: If it is determined that a player's ball on the putting green was moved as a result of wind, water or some other natural cause such as the effects of gravity, the ball must be played as it lies from its new location. A ball-marker moved in such circumstances is replaced."

HOW IT WORKS | The following are examples where the Local Rule would apply:



- IF:** When preparing to play a stroke, a player accidentally causes the ball to move...
- THEN:** No penalty, and the ball must be replaced.
- IF:** A player accidentally drops his/her ball, which hits and moves the ball marker...
- THEN:** No penalty, and the ball marker must be replaced.
- IF:** A player accidentally drops his/her ball marker, which hits and moves the ball...
- THEN:** No penalty, and the ball must be replaced.
- IF:** A player accidentally kicks and moves his/her ball...
- THEN:** No penalty, and the ball must be replaced.

More information can be found on the R&A website:
[http://www.randa.org/News/2016/12/
 New-Local-Rule-for-Golf](http://www.randa.org/News/2016/12/New-Local-Rule-for-Golf)



GREENSIDE MATTERS MAR/APR 2017

Dear Golfers

The festivities of the recent Chinese New Year celebrations are now over. Nevertheless, I would like to wish you all a belated Gong Xi Fa Cai, wishing you and your family blessings of happiness, good health and prosperity throughout this Chinese Zodiac year of the Rooster.

I would like to take this opportunity to highlight a significant event in the NSRCC Golfing calendar, the NSRCC annual Charity Golf 2017. This year will be our 22nd year organising it and we are honoured to have Dr Ng Eng Hen, Minister for Defence as our Guest-of-Honour.

The NSRCC annual Charity Golf has been a platform for the club and members to raise funds to support those in the communities that are in need. For this Charity Golf 2017, the five beneficiaries are Bishan Home for the Intellectually Disabled, Bright Hill Evergreen Home, St Theresa's Home, St John's Home for the Elderly and lastly the SAF Care Fund. More information can be found on their websites. We look forward to your support and do our part for the needy amongst us.

DISCIPLINARY CASES

On another note, in 2016, the club saw a rise in the number of golfing incidents/reports administered by the Disciplinary Committee. . Most of these cases involved "dangerous play" and "misconduct" on the golf course. The errant golfers were called to appear before the club's Disciplinary Committee and when found culpable and depending on the seriousness of the incident, suspension of memberships ranging between 3 to 7 months were meted out to these golfers. The Club takes a very serious view on Dangerous Play and Misconduct, and will not condone such behaviour by any golfers on the golf course. Please be reminded that it is also Members' responsibility when their guests do not behave responsibly on the golf course.

SELF - GUIDE

It would be good if we are more tolerant of each other on the golf course. An offer of sincere apologies would usually meet with equally sincere acceptance. This will



NSRCC Charity Golf 2017
13th & 14th May @ NSRCC Kranji

generally resolve issues that may have arose. In any case and to serve as a reminder, the guidance that we provided during Golf Workshop may be of assistance and here they are:

If you hit a wayward shot:

1. You and/or your flight mates must immediately shout "FORE" as loudly as you can (if there is any doubt whatsoever, just shout).
2. Go up to the affected party and apologize unreservedly whether or not your ball hit anyone, i.e. show remorse.
3. Upon finishing your round, apologize again. A round of drinks usually helps to soothe things out.
4. If all else fails, report immediately to the Club Marshal and note the time, place and circumstances like visibility, etc in case you are going to appear before the Disciplinary Committee to explain the incident.

Happy and Safe Golfing!!


Tan Kah Han
Club Captain

A Very Special Ladies Monthly Medal!



Let's take a picture first before tossing our "Lo Hei" for luck!

Chinese New Year is indeed a great time for celebration and bonding, to usher in the Lunar New Year! The lady golfers of our club celebrated the Year of the Rooster by combining the monthly Ladies Medal with a mini celebration thereafter.

Blessed with perfect weather, the afternoon started with the ladies teeing off their best shots for a round of golf, this would also determine who would emerge victorious as the winner of the February monthly medal!

As the sun began to set, a special "Lo Hei" dinner at JUMBO was ready for the ladies to fill their hungry

tummies with after a day of golf! Ms Jenny Chong, Ladies Vice-Captain was on-hand to give out the prizes for both the January & February monthly medal. The night ended with a lot of good food and laughter, along with memories of such an eventful day!

If you want to be a part of the Ladies Monthly Medal, join the on-going weekly social game every Wednesday! Contact our Changi Golf Team @ 6540 8500.



February Monthly Medal Winner- Ms Tsoi Ka Po



2nd Runner Up - Ms Tan Khee Hua

***Not featured is the February Monthly 1st Runner Up, Ms Cheryl Lim**

S/N	Name	Location	Handicap	Date
1	Francis Wan	NSRCC Kranji Hole #2	7.7	1 December 2016
2	Goh Teck Sia Richard	Sentosa Golf Club, The Serapong Course Hole #8	18.7	9 December 2016
3	Thio Tian Siew Sonny	NSRCC Kranji Hole #2	15.6	15 December 2016
4	Chia Cheow Khoo Raymond	Batam Hills Golf Resort, Hole #2	14.3	16 December 2016
5	Thomas Tan Yong Kee	NSRCC Changi 10th Tee Hole #15	14.3	21 December 2016
6	Patrick Lim Gim Chiew	NSRCC Kranji Hole #17	9.3	29 December 2016
7	Alvin Wan Chee Wei	NSRCC Kranji Hole #14	12.4	5 January 2017
8	Ng Chin Keong	NSRCC Kranji Hole #14	14.1	5 January 2017
9	Jef Tan Chin Chuan	NSRCC Kranji Hole #2	18.0	17 January 2017
10	Eric Dan Tau Peng	NSRCC Kranji Hole #14	14.0	17 January 2017
11	Tsng Joo Ann	NSRCC Changi 10th Tee Hole #15	9.3	21 January 2017
12	Terence Tan Siong Kooi	NSRCC Changi 10th Tee Hole #12	10.6	30 January 2017



For results of Monthly Medal, please go to <http://www.nsrcc.com.sg/posting/golf>



Fatt Choy Cup participants with Lion Dancers & God of Fortune



An Exclusive on Fatt Choy Cup 2017

A festive-themed golf game, Fatt Choy Cup was held on 11 February 2017 at NSRCC Changi. The event received an overwhelming response with fully booked flights! In the spirit of Chinese New Year celebrations, each participant was given a pair of oranges before the game. They also had fun taking photos on buggies that were decorated to fit the event theme. In addition, the lovely weather that day resulted in a good game and happy smiles were seen widely around the course.



Selfie with God of Fortune



Golf CSO hands over oranges to participants



Posing on the festive buggy



In the evening, participants were treated to dinner at The Leaders Room where a lion dance troupe performed on stage. Guests also had the chance to mingle and take photos with a man who dressed as God of Fortune. This was followed with Lo Hei and joyous shouts of "Huat Ah" echoed across the room. Guests were then treated to a scrumptious buffet spread over good conversations and gleeful laughter.



HUAT AHI

Ushering in the Rooster Year at NSRCC

The auspicious celebrations took place over two days at NSRCC Changi. On 2 February, at exactly 11.28am, the lion dance troupe graced the clubhouse, starting at the main lobby, bringing good luck for the New Year. All staff then gathered for lunch and tossed yusheng for lots of prosperity and fortune! The next day saw another Lo Hei party, with Club President, LG Perry Lim and members of the General Committee. It was a special celebration filled with delectable food and happy smiles. Well wishes to everyone for a great year ahead!



Club President gives a quick smile to the camera before tucking in to yusheng

Sundry Shop is Open

A new Sundry Shop located next to Mizuno Golf School at NSRCC Changi has started its operation since 1 February 2017. Now, convenience is at the fingertips of all NSRCC members & guests, especially those staying in our bungalows who want to buy some snacks, drinks and small necessities during your visit!

Opening Hours:

2pm to 9pm (Mon to Fri)

12pm to 9pm (Sat, Sun & PH)



A Newly Renovated Family Zone @ Resort Bowl

The newly renovated Family Zone @ Resort Bowl is now opened! Overlooking the bowling alleys, it offers a wide array of interactive arcade game machines, kids play area and games rooms – facilities that are suited for members and guests of all ages!

Opening Hours:

12pm to 10pm (Mon to Thu)

12pm to 1am (Fri, Sat & Eve of PH)

10 am to 10pm (Sun & PH)



New PA Sound System @ Resort Bowl

There is now a new PA sound system at the Resort Bowl. The new system consists of two Electro voice amplifiers, one mixer, radio & CD player, two wireless microphones, all compact in an AV rack complete with shelf and drawer. There are also nine ceiling speakers (five at the alleys and four at the concourse).

This new system produces a clearer sound to players at the bowling alleys, without too much feedback and

noise. The speakers have a better design and are placed neatly near the bowling monitor screens.

The announcements are now more direct and nearer to bowlers. The cordless microphones also make it easier for emcees to make announcements during corporate events, tournaments and prize presentations.

Visit our Resort Bowl to experience it for yourself!



New speakers at concourse area



New speakers near bowling alleys

Get Healthy @ NSRCC



NSRCC is introducing new fitness classes in March and one of the programmes is Zumba, exclusively for ladies. We bring 10 reasons why you should join us and dance to a healthier you!

1. Calorie and Fat Burning

The average person will burn about 600 to 1,000 calories in a Zumba class. Classes are choreographed to provide intervals of intensity in both type of movements and pace of music, and the energy expenditure of participants is maximized for fat-burning benefits.

3. Full Body Workout

From head and shoulder rolls that loosen up the neck and warm up the upper body, to footwork that strengthens and stretches the calves and ankles, Zumba activates nearly every muscle and joint. Even for beginners who are just learning the dance steps, they will find themselves waking up the next day with a definitive post-workout feeling.

5. Anaerobic Benefits

Due to the fast pace of the workout, it helps to build anaerobic endurance rather quickly. Overall, it helps to maintain a good cardiovascular respiratory system and increases oxygen intake during high intensity activities.

7. It's for Everyone

With music and dance based activities, it speaks a universal language to people of all age. There is also no large learning curve to Zumba. First-timers can easily jump into a class and follow along with the instructor.

9. Mood Boosting

The upbeat moves specific to Zumba favour the release of mood-improving endorphins, effectively getting rid of accumulated stress.

2. Improved Coordination

With Zumba, you will definitely improve your coordination, which is an extremely important motor skill to maintain as you grow older.

4. Aerobic Benefits

Zumba makes it easier to reach your target heart rate as compared to the gym or DVD fitness programs. It does this simply by using upbeat songs which usually play around 145 beats per minute. The fast pace will let your body follow the beat naturally. This will set you on the path for aerobic exercise and build endurance.

6. Hooked On Exercise

Workouts that feel like hard work are difficult to get excited about. Zumba, on the other hand, is so enjoyable that it keeps you coming back for more!

8. Increased Confidence

Thanks to all that dancing in a Zumba class, you'll lower your inhibitions, improve your posture, have better coordination and feel good after the workout.

10. It's Social

At a Zumba class, you get the chance to socialise and make lots of new friends. You can also bring your friends to join the class!

**To register and be part of the Zumba classes at NSRCC,
contact S&R@nsrcc.com.sg or 6540 8563.**

20TH ANNUAL SWIMMING CARNIVAL

DATE : 28 MAY 2017
DAY : SUNDAY
TIME : 8.30AM – 1.00PM
FEES : \$20.00 + 7% GST (NSRCC Junior Member)
\$28.00 + 7% GST (Signed-in Guest)



Each participant will receive a goody bag!
 Closing date for registration is 8 May 2017, Monday.
For registration, email juhainie@nsrcc.com.sg now!

Events	Eligible Age Group	Year of Birth
*Individual event open to all age group 50M Freestyle 50M Breaststroke 50M Backstroke	5 - 7 years old (Boys / Girls) 8 - 10 years old (Boys / Girls) 11 - 13 years old (Boys / Girls) 14 - 16 years old (Boys / Girls)	1 January 2010 - 31 December 2012 1 January 2007 - 31 December 2009 1 January 2004 - 31 December 2006 1 January 2001 - 31 December 2003
50M Butterfly	8 - 10 years old (Boys / Girls) 11 - 13 years old (Boys / Girls) 14 - 16 years old (Boys / Girls)	1 January 2007 - 31 December 2009 1 January 2004 - 31 December 2006 1 January 2001 - 31 December 2003
50M Kick Board	5 - 7 years old (Boys / Girls)	1 January 2004 - 31 December 2006
2 x 50M Parent & Child Relay	Parent & Child	-

Join us for an exciting race down at the pool!



Notice on Club Early Closure on 23rd March 2017

Dear Members & Guests,

Please be informed that the Club's Golf Facilities will be closed early on 23rd March 2017, Thursday for our staff to attend the Club's Annual Staff Party, and the following services will be affected:

- There will be no golf bookings for afternoon flight and evening 9-hole.
- Last booking and registration for morning flight will be at 0907 hours.
- The golf bag collection counter will be closed at 2.00pm.
(Please collect your golf bag before 2.00pm.)

We apologise for any inconvenience caused.

- The Management



Wanting to have a Solemnization Ceremony & Wedding Reception with a view of lustrous green of a Golf course?

Wait no more ! NSRCC offers 1-Stop Dream Wedding Package that will impress your guests on your special day.

Call us now and let our dedicated Events Team to make your dreams come true.

6543 5735/ 5749/ 5082
events@nsrcc.com.sg



All Pictures are for illustration purpose only. Terms and Conditions apply.

CONGRATULATIONS

**TO CHINESE NEW YEAR 2017 JACKPOT GIVEAWAY
LUCKY DRAW WINNERS**

1st Prize

\$3,888.00 CASH + 1 PURE GOLD BAR

Tay K.L. (NRIC : SXXX0059F)

2nd Prize

\$2,888.00 CASH + 1 PURE GOLD BAR

Lim C.L. (NRIC : SXXX3650E)

3rd Prize

\$1,888.00 CASH + 1 PURE GOLD BAR

Liew N.F. (NRIC : SXXX3689I)

Consolation Prize

\$888.00 CASH + 1 PURE GOLD BAR

Low Y.K. (NRIC : SXXX5955G)
 Toh S.H. (NRIC : SXXX2091E)
 Ong S.C. (NRIC : SXXX0553F)
 Jeremiah C.H. (NRIC : SXXX5929E)
 Quek A.L. (NRIC : SXXX6231A)
 Ang H.L. (NRIC : SXXX4792A)

Date of Collection : 15 February - 14 March 2017

Time : 12 pm - 10 pm

Venue : NSRCC Jackpot Room



Prizes not claimed by 14 March 2017 will be forfeited.
 Winners have to claim their prize in person with his/her identity card for verification.

TOP 5 RECENT BIG JACKPOT PAYOUTS!



7 Jan 2017 \$5,073.00



5 Jan 2017 \$6,440.00



26 Nov 2016 \$18,076.00



12 Sep 2016 \$9,720.00



5 Jul 2016 \$17,923.00

Be Lucky to WIN BIG at NSRCC Jackpot Room

Be A Responsible Gamer - Always Bet with Money You Can Afford.



Sailing Proficiency

**Level 1 @
\$270/person**

4 sessions (1 session/day)
3 hour/session

Inclusive of Level 1 Test Fees
Personal Flotation Device
provided



Windsurfing Proficiency

**Level 1 @
\$360/person**

5 sessions (1 session/day)
3 hour/session

Inclusive of Level 1 Test Fees
Personal Flotation device
provided

To register, contact
S&R@nsrcc.com.sg now!
Registration ends on **6 March 2017**.

Start Date : 13 March 2017
Time : 10.30am - 1.30pm or 2.30pm - 5.30pm
Venue : NSRCC Sea Sports Centre

Raffles Medical



Raffles Medical provides a comprehensive range of healthcare services through their network of multidisciplinary clinics located conveniently across Singapore. Raffles Medical panel of clinics is integrated with Raffles Hospital, which comprises Raffles Specialist Centres that offers multidisciplinary specialist services and diagnostic services such as Radiology and Laboratory.

In partnership with NSRCC, members may visit Raffles Medical for:

- Vaccinations
- Health Screening
- Dental
- Chinese Medicine Services

For general enquiries, please call 6311 2222, visit their website (www.rafflesmedicalgroup.com) or any Raffles Medical clinic.

Java Gaya

Java Gaya’s traditional Javanese massages will melt your stress away! Using special techniques involving knuckles to knead your muscles and acupoints, feel the tension in your body disappear as blood circulation is improved. Besides the physical benefits, a good massage in a relaxed and comfortable environment can also lift your spirits, leaving you completely rejuvenated.

NSRCC members enjoy special rates for various treatments and packages!



Java Gaya is located at Eastwood Centre, 20 Eastwood Road. Call 6245 0386/0270 for bookings.

EXCLUSIVE OFFER FOR NSRCC MEMBERS		
	Non-Members	NSRCC Members
Traditional Javanese Massage – 60 min	\$72	\$60
Traditional Javanese Massage – 90 min	\$100	\$86
Traditional Javanese Massage – 120 min	\$135	\$110
Lymphatic Drainage Massage – 120 min	\$105	\$98
Foot Reflexology	\$45	\$42

BMJ Therapy

BMJ Therapy is a team of Allied-Health Professionals (Physiotherapists, Occupational Therapists) and Massage Therapists with special interest in treating injuries involving Bones, Muscles and Joints. BMJ Therapists have vast clinical experience and base their treatment on the latest medical knowledge to deliver the best possible care to clients.

NSRCC members enjoy 10% off all products and services at BMJ Therapy, as well as free phone and online consultation.

BMJ Therapy is located at Parkway Centre. Call 9272 2890 for consultation.



AAS Insurance

As the general insurance arm of Automobile Association of Singapore, besides offering motor insurance, AAS Insurance provides a wide range of products covering not only motor insurance, but also travel, personal accident, home contents, as well as other personal lines.

NSRCC members enjoy \$100 instant premium reduction on Motor Insurance, as well as up to 20% off premium.

For more information, call 6389 4241 or visit their website (www.aas-insurance.com.sg).



events

MARCH HOLIDAY FLEA MARKET

Date : 11- 12 March 2017
Day : Saturday - Sunday
Time : 10.00am - 5.00pm

Our quarterly Flea Market is happening during the March school holiday. Come down and join us! Freebies will be given out!



Do call us at 6540 8563 or email S&R@nsrcc.com.sg for more details!

1 DAY BEKOK VILLAGE FUN

Date : 1 April 2017
Day : Saturday
Time : 6.30am - 10.00pm

Fees
 \$90.00 (Members)
 \$100.00 (Signed-in Guest)
 \$2.00 (Below 3 years old)



Minimum number of participants: 20 participants

Closing Date: 18 March 2017, Saturday

Package includes:

Hakka Cultural Centre - Exhibits rich cultural values of Hakka people and household appliances used by past generations

Happy Farm - Bekok's first farm converted from traditional farm to tourist attraction, experience traditional tools used for rubber tapping processing

3D Street Art & Mural Painting - More than 20 pieces of street art and mural painting done by local artists and volunteers

Do call us at 6540 8563 or email S&R@nsrcc.com.sg for more details!



MONEY MANAGEMENT FOR YOUTH

Date : 18 March 2017
Day : Saturday
Time : 10.00am - 1.00pm

Fees
 \$10.00 (NSRCC Member)
 \$12.00 (Signed-in Guest)



Maximum number of participants: 20 participants

Age Group: 16 to 25 years old

Closing Date: 4 March 2017, Friday

Pick up useful money management skills and concepts as well as understand important government schemes. Learn how to use basic banking products in order to achieve financial goals.

Do call us at 6540 8563 or email S&R@nsrcc.com.sg for more details!

FINANCIAL PLANNING FOR FAMILY WITH SPECIAL NEEDS

Date : 25 March 2017
Day : Saturday
Time : 10.00am - 1.00pm

Fees
 \$10.00 (Members)
 \$12.00 (Signed-in Guest)



Minimum number of participants: 20 participants

Closing Date: 11 March 2017, Saturday

Participants will learn the following:

- Financial planning and setting goals
- Steps in retirement planning, CPF & CPF Life schemes and other sources of retirement income
- The importance of estate planning and the processes

Do call us at 6540 8563 or email S&R@nsrcc.com.sg for more details!

INTRODUCTION TO ESTATE PLANNING

Date : 8 April 2017
Day : Saturday
Time : 10.00am - 1.00pm

Fees
 \$10.00 (Members)
 \$12.00 (Signed-in Guest)

Minimum number of participants: 20 participants

Closing Date: 1 April 2017, Saturday

Understand the purpose, importance, key considerations and ways of distributing your assets according to your wishes. Participants will also learn about wills, nominations, trust and Lasting Power of Attorney (LPA).

**Do call us at 6540 8563 or email
 S&R@nsrcc.com.sg for more details!**



FINANCIAL HABITS & BEHAVIOURS

Date : 22 April 2017
Day : Saturday
Time : 10.00am - 1.00pm

Fees
 \$10.00 (Members)
 \$12.00 (Signed-in Guest)

Minimum number of participants: 20 participants

Closing Date: 15 April 2017, Saturday

Understand why we take shortcuts in our thinking and decision making and how it will affect our personal financial planning. Learn how we can mitigate the effects of mental short cuts and how much our mind can hinder or help in investment decisions and money management.

**Do call us at 6540 8563 or email
 S&R@nsrcc.com.sg for more details!**



classes

ZUMBA

Date : 18 March 2017 - 15 April 2017
 (ongoing)
Day : Saturday
Time : 3.30pm - 4.30pm

Fees (per 5 sessions)
 \$125.00 + 7% GST (Members)
 \$130.00 + 7% GST (Signed-in Guest)

Minimum number of participants: 4 participants

Age Group: 16 years old and above

Closing Date: 4 March 2017, Saturday

Zumba is a new series of fitness programme for the ladies. The programme involves dance and aerobic movements performed to energetic music.

Weekday classes are available on Wednesdays from 7.00pm - 8.00pm.

**Do call us at 6540 8563 or email
 stephen@nsrcc.com.sg for more details!**



PILOXING KNOCKOUT

Date : 19 March 2017 - 16 April 2017
 (ongoing)
Day : Sunday
Time : 5.00pm - 6.00pm

Fees (per 5 sessions)
 \$125.00 + 7% GST (Members)
 \$130.00 + 7% GST (Signed-in Guest)

Minimum number of participants:
 4 participants

Age Group: 16 years old and above

Closing Date: 4 March 2017, Saturday

Piloxing is a new fitness routine that was introduced a few years ago. It involves non-stop cardio fusion of Pilates moves, boxing exercises and dance steps.

Weekday classes are available on Thursdays from 7.00pm - 8.00pm.

**Do call us at 6540 8563 or email
 stephen@nsrcc.com.sg for more details!**



facilities directory

main lobby reception

6542 8288
6543 5725 (booking of facilities)
8 am to 8 pm (daily)



membership centre

6540 8555/8556
8.30 am to 5.30 pm (Mon to Fri)
10.30 am to 2.30 pm
(Weekends & Public Holidays)



sports & social facilities



billiards room

10 am to 10 pm
(daily, but extendable to
11 pm upon request)

fitness centre

Tel: 6543 5715
7 am to 9.30 pm (Weekdays)
7 am to 8.30 pm (Weekends & Public Holidays)

jackpot room

9.30 am to 12 am (Mon to Thu)
12 pm to 1 am (Fri)
9.30 am to 2 am (Sat)
9.30 am to 12 am (Sun & Public Holidays)
9.30 am to 1 am (eve of Public Holidays)

family zone @ resort bowl

12pm to 10pm (Mon to Thu)
12pm to 1am (Fri, Sat & eve of Public Holidays)
10 am to 10pm (Sun & Public Holidays)

karaoke

Tel: 6545 6365
12 pm to 11 pm
(Mon to Thu, Sun & Public Holidays)
12 pm to 2 am (Fri, Sat & eve of Public Holidays)

resort bowl @ nsrcc

Tel: 6545 6365 / 6545 2059
12 pm to 11 pm (Mon to Thu)
12 pm to 2 am
(Fri, Sat & eve of Public Holidays)
10 am to 11 pm (Sun, Public Holidays
& School Holidays)

resort bowl @ nsrcc - eastern pro-shop

2 pm to 10 pm
(Tue to Thu, Sun & Public Holidays)
2 pm to 11 pm
(Fri, Sat & Eve of Public Holidays)
Closed on Monday

squash court

10 am to 10 pm (daily)

swimming pool & wet playground

8 am to 9 pm (Mon to Sun)

tennis courts

7 am to 10 pm (daily)



f&b outlets



appetizer (at bowling centre)

12 pm to 11 pm
(Mon to Thu)
12 pm to 2 am
(Fri, Sat & eve of Public Holidays)
10 am to 11 pm
(Sun & Public Holidays)

jumbo seafood @ nsrcc

Tel: 6552 3435
Lunch: 11.30 am to 3 pm (Mon - Sat)
10.00 am to 3 pm (Sun & Public Holiday)
Last orders @ 2.15 pm
Dinner: 6 pm to 11 pm (Mon - Fri)
5.30 pm to 11 pm (Sat, Sun & Public Holiday)
Last orders @ 10.15 pm

jcafe @ the deck

Tel: 6546 3839
7am to 8pm (daily)
Last orders @ 7.30pm

viola

Tel: 6386 8011
4pm to 1am (daily)

the terrace cafe (kranji sanctuary)

Tel: 6791 1948
7 am to 8 pm (daily)

golf facilities



golf reception

Tel: 6540 8500 (Changi) / 6795 2300 (Kranji)
Fax: 6542 7710 (Changi) / 6792 7311 (Kranji)
Opening Hours: 7 am to 5.30 pm
Booking Hours:

Weekend Golf (following weekend and public holidays)

In-person* - 6 pm to 7 pm (Fri)
Internet - 6 pm onwards (Thurs)
Telephone - 9.30am to 5pm (Fri)
* currently not available at Kranji Sanctuary Golf Course

Weekday Golf

In-person, Telephone - 9.30 am to 5 pm (daily)
Internet - 9.30 am onwards (from Mon)

driving range

Tel: 6540 8500
7 am to 10 pm (daily, except Mon: 2pm to 10 pm)

phil brew golf academy

Tel: 6545 1601



the golfing lab

Tel: 9752 9297 / 9276 0038
8 am to 10 pm (daily)

mizuno golf school

Tel: 9151 8852
Email: edmund.tan@mizuno.com.sg

golf pro-shop

transview

Tel: 6543 2051
7am to 7pm, daily



corporate private events

the falcon, the corvette, the larden, oriole 1 and oriole 2, the leaders

For booking enquiries, call 6543 5082 /
6543 5749 / 6543 5735
email: events@nsrcc.com.sg

For bookings of The Sanctuary I & II at KSGC
and F&B catering, call 6795 2300 for
reservations and enquires.

bungalow reception

Tel: 6542 2036
Fax: 6545 6544
Opening Hours: 9 am to 8 pm (daily)
Booking Hours: 9 am to 7 pm (daily)

Six-month advance bookings are open on a
rolling basis. Members can make bookings via
phone, in-person or via the Internet at our
website www.nsrcc.com.sg.
Check-in: 2 pm to 7 pm
Check-out: 9 am to 10 am



others



sundry shop

2 pm to 9 pm (Mon to Fri)
12 pm to 9 pm (Sat, Sun & Public Holidays)



seasports centre

constant wind sea sports centre & pro shop

Tel: 6445 5108
10 am to 7 pm (daily)

centre for performance transformation

Tel: 6214 9412

belly view cafe

Tel: 6445 5108
11.30am - 9.45pm
(Mon to Sun)

gurame indonesian restaurant

Tel: 6542 2038
Lunch: 11.00am to 2.30pm (daily)
Last orders @ 2.00pm
Dinner: 6.00pm to 9.30pm (daily)
Last orders @ 9.00pm

stella

Tel: 6214 9168
12.00pm to 12.00am (daily)



MALAYSIA

JOHOR

- *Tanjong Puteri Golf & Country Club
 - ☎ 02-07-271 1888 (Office & Club)
6338 2828 / 6339 7266 (S'pore Office)
 - ☎ 02-07-271 1333 (Office & Club)
6339 5128 (S'pore Office)
 - ✉ enquiry@tpgr.com
 - 🌐 www.tpgr.com

MALACCA

- *A'Famosa Golf Resort Berhad
 - ☎ 02-06-552 0888 / 0555
 - ☎ 02-06-552 0695
 - ✉ enquiries@afamosa.com
 - 🌐 www.afamosa.com

*Orna Golf & Country Club

- ☎ 02-06-521 0333
- ☎ 02-06-521 0222
- ✉ ogcc@ornaresort.com.my

NEGERI SEMBILAN

- Nilai Springs Golf & Country Club
 - ☎ 02-06-850 8888
 - ☎ 02-06-850 3388 (Golf)
 - 02-06-850 3005 (Admin)
 - ✉ club@nilaisprings.com.my

Staffield Country Resort

- ☎ 02-6018-222-1919
- ☎ 02-603-8766-7173
- ✉ staffield@berjayaclubs.com
- 🌐 www.berjayaclubs.com/staffield/

PENANG

- *Penang Golf Club
 - ☎ 02-04-644 2255
 - ☎ 02-04-644 9345
 - reception@penanggolfclub.com.my
 - 🌐 www.penanggolfclub.com.my

Bukit Jawi Golf Resort

- ☎ 02-04-582 0759
- ☎ 02-04-582 2613
- ✉ enquiry@bukitjawi.com.my
- 🌐 www.bukitjawi.com.my

Penang Golf Resort

- ☎ 02-04-578 2022
- ☎ 02-04-575 0228
- ✉ pgrb@penanggolfresort.com.my
- 🌐 www.penanggolfresort.com.my

PERAK

- Clearwater Sanctuary Golf Resort
 - ☎ 02-05-366 7433
 - ☎ 02-05-366 7434
 - ✉ cwsgolf@po.jaring.my
 - 🌐 www.cwsgolf.com.my

SELANGOR

- *Sultan Abdul Aziz Shah Golf & Country Club
 - ☎ 02-03-5510 5872
 - ☎ 02-03-5510 5860
 - 🌐 www.kgsaas.com.my

Affiliated Clubs

Dear Members,

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted/reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at

www.nsrcc.com.sg using your members' PIN. Please check our website for the latest/current list of affiliated clubs.

special Golfing Arrangements

Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.

SINGAPORE

*Sembawang Country Club

- ☎ 6755 8418 ☎ 6752 0446

www.sembawanggolf.org.sg

Tuesdays to Fridays only (excl PH)

THAILAND

*Phuket Country Club

- ☎ 660 76 3192004 ☎ 660 76 319206

🌐 www.phuketcountryclub.com

✉ bookings@phuketcountryclub.com

*Gassan Khuntan Golf & Resort

*Gassan Legacy Golf Club

🌐 www.gassangolf.com

SOUTH AFRICA

*Spier Country Club, Cape Town

- ☎ 27-21809-1100 ☎ 27-21881-3634

🌐 www.spier.co.za

✉ info@spier.co.za

*Vodacom, World of Golf, Johannesburg

- ☎ 27-11802-5864 ☎ 27-11802-7491

🌐 www.golfersworld.co.za

✉ rica@worldofgolf.co.za

TAIWAN

*National Golf Country Club

- ☎ +886 37-743377
- ☎ +886 37-740507
- ✉ avis@ngcc.tw
- 🌐 www.ngcc.com.tw

*Tsai Hsing Elite Golf Club

- ☎ 886-3-569-2318
- ☎ 886-3-569-1097
- ✉ golf@the-club.com.tw
- 🌐 www.the-club.com.tw

*Ta Kang Shan Golf

- ☎ 886-7-636641
- ☎ 886-7-6366219
- 🌐 www.tksg.com.tw

INDONESIA

BALI

*Bali National Golf Club

- ☎ 62 - 361 - 771 791
- ☎ 62 - 361 - 771 797
- ✉ reservations@balinationalgolf.com
- 🌐 www.balinationalgolf.com

BATAM

*SouthLinks Country Club

- ☎ 62 - 778 - 324 128 / 168
- ☎ 62 - 778 - 323 288
- Singapore Office:
(65) 6270 0062 / 6278 7079
- ✉ sales@southlinksgolf.com
- Website: www.southlinksgolf.com

JAKARTA

Padang Golf Modern & Country Club

- ☎ 62-21-552 9228
- ☎ 62-21-552 9177 / 87
- 🌐 www.moderngolf.co.id

Sedana Golf & Country Club

- ☎ 62-267-644 730 (Club)
- 62-267-644 733 (Golf Reservation)
- 62-21-612 8811 (Accommodation)
- ☎ 62-267-644 728 (Club & Golf Reservation)
- 62-21-612 8822 (Accommodation)
- ✉ marketing@sedanagolf.com
- www.sedanagolf.sinarmasland.com/

BRUNEI

*Royal Brunei Golf & Country Club

- ☎ 673-2-611 582
- ☎ 673-2-610 499
- ✉ rbgcc@jerudong-park.com
- 🌐 www.jerudong-park.com

VIETNAM

*Song Be Golf Resort

- ☎ 84 - 650 - 3756 660/1
- ☎ 84 - 650 - 3755 804
- ✉ pr@songbegolf.com.vn
- 🌐 www.songbegolf.com.vn

*Dong Nai Golf Resort

- ☎ 84 - 61 - 3866 288/307
- ☎ 84 - 61 - 3864426
- ✉ info@dongnaigolf.com.vn
- 🌐 www.dongnaigolf.com.vn

* Affiliated clubs that charges discounted "Green Fees"





Resort & Country Club

National Service Resort & Country Club
10 Changi Coast Walk Singapore 499739

MAKE YOUR GAME MORE REWARDING

EARN UP TO \$1,388*

SPENDING CREDITS WHEN YOU SIGN UP NOW!

Membership Type	Entrance Fee	Spending Credits	
		New	Renewal
10-Year Full Membership	\$8,020 (Associate)/ \$7,270 (Ordinary)	\$1,188	\$1,388
5-Year Full Membership	\$5,000 (Associate)/ \$4,480 (Ordinary)	\$788	\$888
10-Year Basic Membership	\$4,400 (Associate)/ \$4,000 (Ordinary)	\$688	\$788
5-Year Basic Membership	\$2,600 (Associate)/ \$2,400 (Ordinary)	\$388	\$438

12-month / 24-month interest-free instalment plans available for major credit cards.



**CALL US AT 6540 8555 OR EMAIL
MEMBERSHIP@NSRCC.COM.SG
TO FIND OUT MORE**

This club is exclusive to NSmen & their families only. *Terms & Conditions apply.



Highlights of
Fatt Choy Cup
2017