A bi-monthly publication by National Service Resort & Country Club

Stesort, Jeú

MCI (P) 002/10/2018

- 14

November/December 2018

Pg 18

Highlights of

NGRGG Krenfig

Pg 8

NSRCC Bowling Team - Champions of the 24th Adult Interclub League *Pg 4*

All the Fun at Golftoberfest Pg 8



GET YOUR SON an NSRCC MEMBERSHIP 0 50% OFF ENTRANCE FEE

Membership Type (Ordinary)	Entrance Fee	After 50% discount
Full Membership		
5-Year	\$4,480	\$2,240
10-Year	\$7,270	\$3,635
Basic Membership		
5-Year	\$2,400	\$1,200
10-Year	\$4,000	\$2,000

Terms & Conditions

- The son must be either a full-time National Serviceman (NSF) or an Operationally-Ready NSman.
- This promotion is valid for existing Members' son only.
- Members are allowed to sign up multiple memberships as long as the sons qualify for the promotion.

WWW.NSRCC.COM.SG

CALL US AT 6540 8555 OR EMAIL MEMBERSHIP@NSRCC.COM.SG TO FIND OUT MORE

National Service Resort & Country Club 10 Changi Coast Walk S499739 Kranji Sanctuary Golf Course No. 50 Neo Tiew Lane 3 S718828

FREE Portable Cooler Bag worth \$50 with every new sign-up!

Limited to the first 250 sign-ups only.



November/December 2018

Editor

Chua Swee Kiat

Editorial Team

Jackson Loy Johnny Ong Mike Neo Derek Chan Koh Boon Check Derrick Hia Sheena Anne-Marie Nur Isyana Isaman

is published bi-monthly by National Service Resort & Country Club 10 Changi Coast Walk, Singapore 499739

Tel: 6542 8288 Fax: 6545 6508

Email Address

corpcomms@nsrcc.com.sg

Designed & Printed by

Stamford Press Pte Ltd



The views and comments in this magazine may not necessarily represent that of the NSRCC Management. No part of this magazine may be reproduced without prior written permission from NSRCC. All correspondences should be addressed to the editor, Resort View.



Seen & Heard

- 4 Our Bowling Team Champions of the Adult Interclub League!
- 6 A Walk in the Golf Course
- 8 NSRCC's 5th Golftoberfest
- 10 A Tsukiji in Pontian

On Par

- 12 Greenside Matters
- 14 Golf 101 The New Rules in 2019
- 16 Mizuno Golf School Let's Chip with More Spin!
- 17 Hole-in-One Achievers

Front Page Story

18 Captain's Cup @ NSRCC Kranji

In & Around NSRCC

20 Get Healthy @ NSRCC

Updates

- 22 Upcoming Events
- 23 Classes
- 24 Exclusive Christmas Promotions
- 25 Partner Promotions

In Every Issue

- 2 Office Bearers At Your Service
- 3 The Editor Speaks
- 27 Affiliated Clubs
- 28 Facilities Directory













Office Bearers

PATRON

Prime Minister of Singapore Lee Hsien Loong

BOARD OF DIRECTORS

Chairman Chan Yeng Kit

Deputy Chairmen LG Ong Su Kiat Melvyn Pang Kin Keong

Director Lee Chung Wei Teo Eng Dih

GENERAL COMMITTEE President

LG Ong Su Kiat Melvyn

Vice President COMR Yap Wee Teck Eric Lee Chung Wei

Captain Tan Kah Han

Members

Chua Swee Kiat Lee Chee Peng Leong Chee Keen Edward Looi Wan Hui Ng Kin Yi Teoh Ai Lin

General Manager/Secretary Ng Heng Chew

Senior Manager (Finance & Admin)/Treasurer Tan Chai Hiang Joanne

CHANGI MANAGEMENT COMMITTEE

Chairman Lee Chung Wei Vice-Chairman Lee Chee Peng

Members Kwa Hian Djoe Andrew Toh Bee Chew Winston Too Chee Keong Patrick Ng Heng Chew Ho Chee Boon Stanley Tan Chai Hiang Joanne Tay Yew Chye Derrick

KRANJI MANAGEMENT COMMITTEE

Chairman COMR Yap Wee Teck Eric

Vice-Chairman COL Teng Choon Hon Adrian Members Chai Yee Yuen Lionel Goh Soon Hee Derrick Koh Soon Chuang Ng Heng Chew Ho Chee Boon Stanley Tan Chai Hiang Joanne

Yeo Yew Jin Jason DISCIPLINARY COMMITTEE

Colvini Chairman Teoh Ai Lin

Members Keok Tong San Lee Yak Whatt Dick Lim Yong Chin Lawrence Poh Hee Hian Siva Shanmugam Yong Eng Wah

GREENS COMMITTEE

Tan Kah Han

Vice Captains Tay Kian Hwee David Lee Hu Gek Cynthia

Members Cher Lew Err Andrew Chua Ling Ling Sally Chua Peng Hock William Chua Peng Loke Vincent Chua Yam Seng Goh Huat Beng William Huang Mee Foh David Koh Boon Check Ng Kim Teck Vincent Tan Lay Har Tan Yong Hui Brian Toh Bee Chew Winston

HANDICAP COMMITTEE

Members Chee Wee Leong Raymond Wong Enn Ai Beverly

REDEVELOPMENT COMMITTEE

Chairman Lee Chee Peng Tan Kah Han

Members

Chua Peng Hock William Kan Kon Cheong Looi Wan Hui Tan Yong Hui Brian



Chairman Lee Chee Peng Vice Chairman Too Chee Keong Patrick

Convenor (Bowling) Chan Yu Quan Derek

Convenor (Family Recreation) Florence Khemlani

Convenor (Tennis/Squash) Lee Cher Tong David

Convenor (Billiard) Tan Chong Keat Dennis

Members Soh Bee Leng Richard Tang Teck Wah Yap Chong Ann James

PUBLICITY & ENGAGEMENT

COMMITTEE Honorary Editor/Chairman

Chua Swee Kiat

Member Loy Dek Ee Jackson Neo Wee Beng Mike Ong Hock Lam Johnny

AUDIT COMMITTEE

Looi Wan Hui

Members Leong Chee Keen Edward Ng Kin Yi



FINANCE

Assistant Manager, Finance & Admin Grace Poh 6540 8578

PAYMENT & STATEMENT OF ACCOUNTS ENQUIRIES

Quck Lian Chuan 6540 8588

MEMBERSHIP & MARKETING membership@nsrcc.com.sg marketing@nsrcc.com.sg

Assistant Manager, Membership Tan Ei Kheng 6540 8552

CSO Membership Faezah 6540 8556 Norazuana 6540 8555

Executive (Marketing) Alix Chu 6543 5733

CORPORATE COMMS corpcomms@nsrcc.com.sg

Senior Executive (Corporate Comm) Sheena Anne-Marie 6540 8550

Assistant Executive (Corporate Comm) Nur Isyana 6540 8557

At Your Service

Ng Heng Chew gm@nsrcc.com.sg

DIRECTOR

Business Strategy & Resort Stanley Ho stanley@nsrcc.com.sg

MANAGERS

Facilities David Ho david@nsrcc.com.sg

Finance & Admin Joanne Tan joanne@nsrcc.com.sg

HR & Training Joey Leau joey@nsrcc.com.sg

Kranji Sanctuary Jason Yeo jasonyeo@nsrcc.com.sg

Business Strategy & MMC Derrick Hia

derrickhia@nsrcc.com.sg Information Technology

Steven Koh steven@nsrcc.com.sg

Course Maintenance Teh Hsien Liang hsienliang@nsrcc.com.sg

CHANGI GOLF

golfing@nsrcc.com.sg Assistant Manager, Golf

Derrick Tay 6540 8548 Senior Executive (Golf)

Tony Pang 6540 8546 Executive (Golf)

May Lim 6540 8545

Supervisor (Driving Range) David Oliveiro 6543 1726

KRANJI SANCTUARY

kranji@nsrcc.com.sg Executive (Operations, KSGC) Nasarudin 6795 2304

Assistant Executive (Golf, KSGC) Fadzli 6795 2300

COURSE MAINTENANCE

Course Superintendent (Kranji) Lim Kah Hwee 6795 2319 Assistant Course Superintendent (Changi) Lee Kok Keong 6543 5713

BUNGALOWS

bungalows@nsrcc.com.sg Assistant Manager, Resort Fam Siong Teng 6540 8559 Executive (Bungalows) Safiee 6542 8286

CORPORATE/PRIVATE EVENTS

events@nsrcc.com.sg

Assistant Manager, Resort Yam Chung Wai 6540 8566

Executive (Event Management) Patrick Soong 6543 5735

Executive (Event Management) Emily Zhang 6543 5749

SPORTS/RECREATION S&R@nsrcc.com.sg

Executive (Sports & Recreation) Wong Mei Ling 6540 5737

Assistant Executive (Sports & Recreation) Juhainiemasra 6540 8564

Officer (Sports & Recreation) Stephen Lim 6540 8563

RESORT BOWL @ NSRCC

bowlingstaff@nsrcc.com.sg Executive (Resort) Dennis Chew 6540 8567

Dear Members

The golf courses at Changi and Kranji were the venues for three club events recently, each celebrating a cherished tradition in its own right but all given the NSRCC touch to make them uniquely different.

Captain's Cup is an important fixture on the golf calendar that has a "Gotong Royong" element, setting it apart from other similar events. Golftoberfest incorporates a golf game into the popular Bavarian beer festival. Golf and beer, a perfect pairing some would say! And the Mid-Autumn Lantern walk on the golf course combines the best of two different worlds for families with young children.

All three events received great support from members but for those who were not there, we have the stories and pictures in this issue.

Elsewhere in this issue we cover the triumphs of the NSRCC Bowling Team at the 24th Adult Inter-Club Bowling Mixed League. Heartiest congratulations bowlers!

And to whet the appetite of fans of fresh seafood, we make a trip to the Pontian fish market in neighboring Johor for a taste of freshly caught seafood cooked right on the spot! From the sea to the table so to speak.

With the year-end school holiday around the corner, do bring your family down to the Club for lots of fun activities.

See you soon!

Notice of Error: We would like to clarify that in the Editor's Note for the September/October 2018 edition of Resort View, it was the Club's Ladies Premier team which emerged as the Overall Division Champions against Orchid Country Club.



Regards,

Swee (Cid)

Chua Swee Kiat Editor



Our Bowling Team Champions of the Adult Interclub League!

SRCC Bowling Team is the Champions of the 24th Adult Inter-Club Bowling Mixed League! With a total of 93 league points, our bowling team scored a clear win against the 1st Runner-Up, Chinese Swimming Club with 77 league points. Changi Beach Club took 2nd Runner-Up with 72 league points.

Our bowling team also won another team award, the Team High Series Scratch with a total of 2542 pin falls! In addition, our bowlers brought home four individual titles:

NSRCC Bowling Committee Member & Coach, Mr Kelvin Kee (right) receiving the League Championship Plaque from Mr Dick Lee from Chinese Swimming Club

Winner of High Game Scratch (Men), Remy Ong (right)

presentation dinner

Wide smiles at the award

2nd Runner Up, League Masters Finals (Ladies), Michelle Ng (right)

League Individual Award

High Game Scratch (Men) High Game Series Scratch (Men)

League Masters Finals

3rd Runner-Up (Men)

2nd Runner-Up (Ladies)

Remy Ong (279 pin falls) Nicholas Sit (738 pin falls)

2018

Benjamin Ang (2092 pin falls) Michelle Ng (1812 pin falls)

Hearty congratulations to all our bowlers for their win!

During this year's league, NSRCC sent a team of 16 bowlers - 11 men & five ladies – to compete against seven other clubs. The league was hosted by Chinese Swimming Club from Apr 12 to Oct 7.

The prize presentation was also held at Chinese Swimming Club.

NSRCC Bowlers with their winning plaque, trophies and medals









Yay we finished 3rd!

n overwhelming number of more than 120 participants joined our annual Mid-Autumn Lantern Walk in the Golf Course this year. Held on Sep 22 at NSRCC Changi, participants were treated to clear skies for a cool and enjoyable walk! Indeed, it was most fortuitous that clear skies prevailed as it had been raining heavily for a whole week before the event, and that there was even light rain earlier that afternoon.

At 7.00pm, the event started with a pomelo peeling competition. What an event starter it was! It definitely helped to lift everyone's spirits for a fun-filled night. Congratulations to all the winners: Mr Patrick Toh's family (1st), Mr Mark Heng's family (2nd), as well as Mr Ian Lau's family and Mr Derrick Lee's family (tied at 3rd)!



Winners of the Pomelo Peeling Competition, Mr Patrick Toh's Family

Following that, the real fun began! Participants, divided into batches of 20 per group, were led into the golf course for the walk. With lanterns in their hands, the participants lighted up the NSRCC Changi golf course with every step they took; it was indeed a beautiful sight! Each participant completed a total of 1.3km and many shared that they had a wonderful family bonding time.



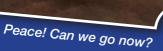


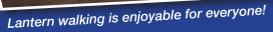
Everyone say CHEEESE



A family who walks together, stays together!







X



Who knew pomelo peeling can be competitive yet fun

Upon their return to the Clubhouse, participants were treated to light refreshments, including mooncakes to mark to the occasion. The younger participants were also given sparklers. While the children played sparklers with their newly made friends, many adults took the opportunity to savour the mooncakes in the company of their loved ones, under the bright, full moon.



 \mathbf{X}

Ready to go!



Quite fast, finishing at 2nd place!



All smiles from this lovely family





Seen & Heard

NSRCC's 5th Colfioberfest



ct 5 marks the 5th year in which NSRCC has organised its popular GolftoberFest, which combines golfing in the day and dinner at night.

This year saw a group of 111 participants, looking to have a memorable time with friends and family over a game of golf and an evening filled with German fare.

JINGER



Ready for a good game

Seen & Heard



Participants in high spirits even before the game started!



We were blessed with perfect weather as golfers teed-off excitedly over our 18 holes course.

As golfers finished their golf game, preparation for the evening's programme began. The Leaders' Room was transformed to fit the GolftoberFest theme and the aroma of delicious German delicacies filled the air.



The dinner reception started off with lots of beer for guests in attendance, living up to the true spirit of what Oktoberfest is all about!

The night was filled with games and laughter and at the end of the night, 15 lucky winners walked away with attractive prizes.

We hope to see you at our next GolftoberFest in 2019!

Congratulations to all the lucky draw winners!









A Tsukij Market in Pontian?

Pontian Wholesale Fish Market

Address : PASAR AWAM, 82000 PONTIAN, JOHOR Pontian, Malaysia

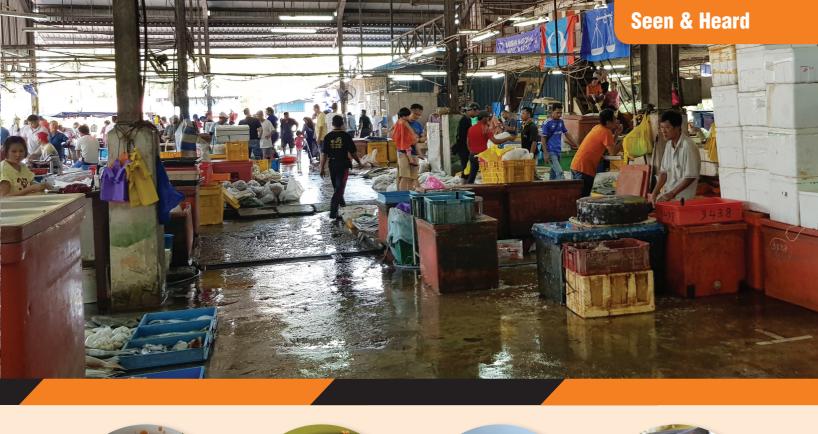
as the famed Tsukiji Market shifted to Pontian? Of course not! Although this would be most ideal as it would save fish lovers in Singapore and Malaysia a lot of time and cost in not having to fly to Tokyo for their fish fixation.

The Pontian District is located southwest of Johore, Malaysia and it has a population of less than 200,000 people. Formerly a fishing village, it has been developed into an exciting small town and a leisurely drive of about one and a half hours from the causeway. Be prepared to spend more than half a day in this town as there are a lot to do and more importantly, feast on!

Evidently, the wholesale fish market is a paradise for Singaporeans as it is noted for its variety of fresh fishes sold at reasonable prices. The market starts at about 10.30 am and lorries loaded with fishes from the nearby Kukup jetty will be streaming in from 11.00 am onwards. They will then be quickly unloaded, packed in bundles and weighed to get ready for bidding by mostly retail fishmongers. Although the bidding process is conducted through whispers, the old fashion way, the market is lively, buzzing and really fun to watch. The bidding process does not take too long and thereafter, fish hunters can then start buying their favorite species. After you have selected the preferred fishes, you can request the purchase to be cut, cleaned and scaled to your desire.

Opposite the fish market there are 3 old coffee shops, selling aromatic traditional Pontian coffee,







Some of the local delicacies that you can get from coffee shops near Pontian Wholesale Fish Market

charcoal toasted bread with homemade kaya and soft-boiled eggs for RM 5 (S\$1.60). Within each coffee shop there is a "tze char" stall that sells cooked dishes such as fried black sauce noodles, "wok hei hor fun" and fried rice. I cannot vouch for the hygiene but my gut feel was – Just Eat It! If you buy the fish from the market, the stalls will cook for you for a fee. The price varies according to the style of preparation; between RM8-20 each dish depending on whether it is fried, steamed or asam curry. My 5 dishes were prepared by "Ah Huat" tze char stall for a cost of RM 72 (S\$24)!

Interestingly, there are also other stalls in and outside of the coffee shops selling local comfort food such as roti canai, fried carrot cake (char kuay), fish soup and for dessert, there is a van which doubles up as a mobile stall selling freshly cut local pineapples. Any trip there will never be short of glorious food which carries with it a high risk of over indulgence. I did not take my dinner after the huge and delicious brunch, settling for a simple bowl of oatmeal in the late evening. Guess I did that also to moderate my guilt of over eating. If you asked me if the trip was worthwhile and if I would go again, I would say yes, for at least a few more times. There is a lot more to discover about this enigmatic town which is also famous for its wonton noodles and lip-smacking bak kut teh. But let's leave that as a subject for another time.



e are at the close of 2018, which has been another busy golfing year for us especially in the SGA Inter-Club League. In the final, Team NSRCC put up a strong showing against Seletar Country Club, and emerged victorious at the 2018 SGA Inter-Club League Championship! The Ladies' Premier team also emerged the overall Division Champions and Our Senior Division Team finished as Runners'-Up. Congratulation and well done to Team NSRCC!

Looking ahead, the Greens Committee together with Club Management will continue to host our regular golf events at both NSRCC Changi and Kranji. We are heartened to see members' participation and look forward to your continued support in 2019. The club will also look into members suggestions to make these events enjoyable and challenging for the golfers. Further information on upcoming golfing events will be soon available on our website, social platforms as well as noticeboards around both clubhouses.

The Club will soon be unveiling its new 5-storey Driving Range at NSRCC Changi in the 2nd half of 2019. Many of our golfing members have been waiting eagerly for its completion, and we are glad to report that the project is on schedule as planned. During this period Carparks B and D will be closed till end of November 2018, not affecting more than 12 lots at a time and please bear with us for the inconvenience caused.

Concurrently, the Club is also renovating 5 holes at its Changi course, to comply with the reconfigured land boundaries and also improve turf conditions. Faced with the inconvenience during this interim, we are very appreciative of the understanding and patience shown by our members. Even before the renovation, our Changi course has long experienced much higher traffic than our Kranji course, and more so over the weekend/PH period. To better align our golf slot allocation to meet evolving needs, we will be increasing the allocation of internet booking slots by 4 for each of the weekend/PH day at our Changi course from January 2019 onwards. This is made possible by (1) reallocating one walk-in booking slot per AM/ PM session, and (2) reallocating one committee slot per AM/PM session to Internet booking. We appreciate the understanding of our walk-in booking users and our committee members for these changes.

On top of that and in view of the rising cyber security concerns, the Club will continue to beef up the reliability and security of our booking system to serve our members better. Internet bandwidth to the server has been increased in the last 6 months, and more enhancement to the server and application will happen in the next few months. Last but not least, to reshape the golfing traffic, the Club is implementing discounted rates for golfing at Kranji to alleviate the heavy demand at Changi, so watch out for the good news coming your way.

We look forward to your continuous support at NSRCC! Happy Golfing!



Attractive prizes to be won for Best Dressed Lady & Best Decorated Buggy!

Gadies Christmas Jpecial Wednesday, Dec 19@ NSRCC Changi

Dress Code: Christmassy Time: Afternoon Tee-Off Format of Play: Stableford

Entrance Fee :

- Golf Game : As per Club's prevailing rate
- Dinner & Party : \$35 Nett (to be collected by closing date)
- Closing Date: Tuesday, Nov 20

Please contact the NSRCC Changi Golf Reception at 6540 8500 for more details.

Golf 1-0-1 contributor Brian Tan is a member of the Greens Committee, and oversees Rules and Tournaments at NSRCC. When he's not busy officiating as a Rules Official, he can be found contributing balls to NSRCC's penalty areas.

Golf 101 – The New Rules in 2019

In a previous edition in 2017, we discussed some new rules that could potentially be introduced come Jan 1, 2019. The new Rules of Golf are now finalised, and it is now appropriate to highlight three of the more pertinent changes.

New Areas of the Course

The course is now divided into the General Area, Teeing Area, Bunkers, Penalty Areas, and Putting Green.

Of particular note are Penalty Areas. Water hazards are superseded by the expanded concept of penalty areas. A penalty area would include both (1) all areas currently defined in the Rules as a water hazard or lateral water hazard and (2) any other areas the Committee chooses to define as penalty areas. Penalty areas may therefore include areas such as deserts or jungles. In light of this new allowance, course markings at both NSRCC locations may be seeing some changes and we will be covering these changes in future Golf 101 issues.



For a more comprehensive overview, the latest Player's Guide to the Rules of Golf in the familiar handbook size is now available at the Golfing Reception for all members. It is also available for download from R&A's website or the Android Play Store or Apple App Store for free.



AllowedImage: Allowed</

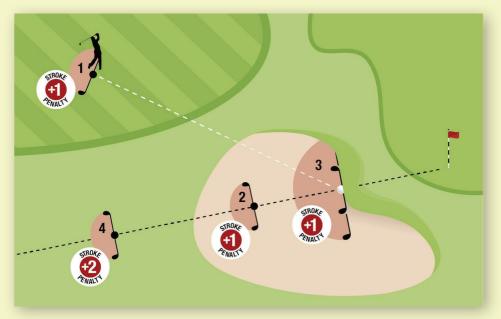
Dropping

Players must now drop balls from knee height and the ball must drop straight down without touching the player or equipment before hitting the ground. Knee height means the height of the player's knee when in a standing position.

The ball must come to rest in the relief area where it was dropped, or else the ball must be re-dropped.

Relief from Bunkers

When a player's ball lies in a bunker, there are now 4 options for relief (other than playing the ball as it lies). Option 1, play from where the previous stroke was made (Stroke-and-Distance relief). Option 2, drop in a relief area within the bunker that is based on a reference line going straight back from the hole through the spot of the original ball (Back-on-the-Line relief). Option 3, drop in a relief area within 2 club lengths within the bunker (Lateral relief). Option 4, under penalty of 2 strokes, take Back-on-the-Line relief outside the bunker.



On Par

Let's Chip with More Spin!



By Bernie Tan, Certified Instructor, Mizuno Golf School

Things that you need:



- A golf ball
- A 56 degree loft wedge with 5 8 degrees bounce
- Efficient amount of training before using on actual golf rounds

n this edition, we are going to look at how to chip a 25 foot chip with an optimum ball flight and more spin that will land where you want it to, and stop nearer to the pin.

J

First, set up at address with the ball more towards the left of the middle of your stance.

Now, place the club and open the face to its maximum with an open stance. Your body weight should be 60% left and 40% right.



Now take the swing hip high with a wrist hinge.

6



Swing it through keeping the face open with the weight on the left side and rotating through the shot.



IRRESISTIBLE OFFERS @ NSRCC Kranji

		and the second		
	Weekday		Weekend	
Discounted Green Fees	9-hole	18-hole	9-hole	18-hole
NSRCC Ordinary Member	\$10.00	\$17.00	\$25.00	\$42.00
Family of NSRCC Ordinary Member	\$13.00	\$22.00	\$31.00	\$52.00
NSRCC Basic Member	\$10.00	\$17.00	\$67.00	\$94.00
Family of NSRCC Basic Member	\$13.00	\$22.00	\$70.00	\$99.00

Terms and Conditions:

- Promotion is valid from 1st November 2018 to 30th April 2019.
- Promotion rates are applicable to green fees only. Buggy fees remain unchanged.
- All rates exclude 7% GST.

Date		Name	Location	Handicap
Thurso	day, 21 st June 2018	Lee Choon Guan Larry	NSRCC Kranji Hole #2	18.0
Sunda	ay, 2 nd September 2018	Alex Chuan	NSRCC Kranji Hole #5	13.9
Mond	lay, 9 th September 2018	Cheng Chee Kong	NSRCC Changi 10 th Tee Hole #12	16.1
Saturo	day, 12 th September 2018	Tan Meng Joon	Tanah Merah Country Club Hole #16	17.1
Saturo	day, 15 th September 2018	Andrew Cher Lew Err	NSRCC Changi 10th Tee Hole #12	12.4
Sunda	ay, 23 rd September 2018	Lim Tian Leong	Keppel Club Hole #6	21.6
Sunda	ay, 29 th September 2018	Ang Thiam Huat	NSRCC Changi 10th Tee Hole #16	7.9

For results of Monthly Medal, please go to https://www.nsrcc.com.sg/golf

Front Page Story





Gotong Royong on the course

he Club's final golf tournament for this year, Captain's Cup, was held at NSRCC Kranji on Sep 22. The tournament saw participation from about 90 golfers.

Unlike other earlier tournaments held this year, Captain's Cup started off differently, with a "Gotong Royong" (a Malay term that describes



Man of the event, Club Captain with his flightmates

the spirit of working together for the benefit of the community). Golfers were seen filling up divots for the fairways and greens on the hole which they were assigned to. After finishing their part for the "Gotong Royong", golfers then moved to the next tee box to commence their play.





Filling up divots on the fairway

Front Page Story

P I a y e r s were treated to fair weather to accompany their game. Many took the chance to admire the lush greenery at NSRCC Kranji while enjoying their golfing round. After their game, golfers proceeded to The Sanctuary for dinner, lucky draw and prize presentation.

The Club would like to thank all our members and their guests for your kind support towards our golf tournaments throughout 2018 and we look forward to your continued support next year!



Equipped with the tools for Gotong Royong!

CONGRATULATIONS!

Prizes presented by Club Captain, Tan Kah Han



Champion, Chee Wee Leong



2nd Runner-Up, Daryl Low



Runner-Up, Yeo Bee Kheng



10

Winner of Nearest The Line (Home Team Hole 18), Brandon Ong



Winner of Nearest The Pin (Home Team Hole 17), Kelvin See



Winner of Nearest The Pin (Home Team Hole 14), Daryl Low



Winner of Nearest The Pin (Armed Forces Hole 2), Wee Yee Kok



Understand Your Mental Health – Coping with Change

Mental health is about how we feel, think and act as we cope with our lives. It also determines how we handle stress. Like physical health, mental health is important at every stage of life. It is crucial to take charge of your mental health. Learn how to manage life's ups and downs and build mental resilience.

It's been said that they only thing constant in life is change. Sometimes it's a breeze, other times it's a painful process. Some people see change as a positive challenge, others fret and agonize over the consequences it brings. So here are some tips to help deal with it more effectively.

Don't rush it

Give yourself time to adjust and settle down as it involves a transition from one set of circumstances to another.

Expect a reaction

Change often involves a degree of loss, so it's OK to grieve a little and fell nostalgic. Emotions will be stirred so let yourself laugh, cry or feel moody about it.

Don't take it personally

Don't obsess over who's to blame or why it happened.

Go with the flow

Be flexible, ride out the storm, and see how things turn out.

Don't go it alone

Share your problems with people you trust, be it your family or close friends. Others may offer a different angle to the situation.

Focus on the positive

Glass is always half full, remember?

Break it up

A large problem may seem insurmountable but it will be less so if you break it into little ones. Work on them one at a time, and give yourself a pat on the back each time you overcome one.

Learn from it

With new experiences, we grow wiser and stronger. Wisdom helps us make better decisions.

Know that it will end

Normality will return. No matter how big or difficult the change, it will come to an end when the new circumstances are in place and become familiar.

Source: https://www.imh.com.sg/wellness/page.aspx?id=553

For more details, call 6543 5715 today!

BRING YOUR CLUBS IN & WE PAY CASH FOR IT*

Creative Golf is the largest and established used-club shop in Singapore. We have buyers waiting to buy your clubs.

It is that simple

*Terms and Conditions Apply

CREATIVE GOLF by Joe

333, Kreta Ayer Road, #01-17, Singapore 080333

> (65) 9633 9086 www.creativegolf.net

KTV Party Deals are available from S\$54.00 that includes...

3 Hrs of Singing

FREE snack platter

*FREE bowling games

* Terms & Conditions Apply

For more information, Call NSRCC Resort Bowl @ 6545 6365 or visit http://www.nsrcc.com.sg/ktvpartydeal



回認知



RESORT BOWL

Deals

Upcoming Events



SLIME PARTY EXTRAVAGANZA

Date	: Nov 24
Day	: Saturday
Time	: 3.00pm – 4.30pm
Venue	: NSRCC Changi
Fees:	
\$51.36	(Members)
\$53.50	(Signed-in Guest)

Minimum number of participants: 10

Closing Date: Nov 19, Monday

Hands-on Slime Party that promises to be a great deal of fun and you get to bring back your creation.



DECEMBER SCHOOL HOLIDAY FAMILY MOVIE SCREENING

Date: Dec 20Day: ThursdayTime: 7pm – 10pm (Estimated)Venue: Vivocity Golden Village

Single Ticket \$12.50 / ticket + Combo*

Two Ticket or more \$11.50/ Ticket + Combo*

Minimum number of participants: 64 Closing Date: Dec,13 Thursday

NSRCC Movie Screening is back due to popular demand!

Transformers fans come join us for a night of family gathering with the new movie – Bumblebee.



3-DAY BASIC HORSE RIDING WORKSHOP

Date	: Dec 11-13	
Day	: Tuesday - Thursday	
Venue	: Gallop Stable, Horsecity	
Fees:		
\$160.50	Nett (Members)	
\$171.20	Nett (Signed-in Guest)	
Minimum number of participants: 5		
Closing Date: Nov 27, Tuesday		

3-Day Basic Horse Riding workshop is back! Let your kids join us during this holiday to learn the basic of horse riding!.



PRE-CHRISTMAS BAZAAR

: Dec 15-16		
: Saturday & Sunday		
: 9.00am – 5.00pm		
: NSRCC Changi, Main Lobby		
Minimum number of participants: 6		
Closing Date: Dec 3, Monday		

Join us to start your entrepreneur journey during the festive season.



2 DAY 1 NIGHT BATAM GETAWAY

Date: Dec 22-23Day: Saturday – SundayDeparture:8.30am (Singapore time)

Return 5.20pm (Batam Time)

Venue : Harbourfront Centre

Minimum number of participants: 20

Closing Date: Nov 13, Tuesday

Join us in the 2 Day 1 Night Batam trip and create more precious moments with your family and loved ones!



KLUANG CNY SHOPPING TRIP

Date: Jan 19, 2019Day: SaturdayTime: 6.00am - 7.00pmVenue: NSRCC Main Lobby

Minimum number of participants: 20 Closing Date: Dec 22, Saturday

Want to have a different shopping experience? We are going to Kluang for shopping this Chinese New Year!

Upcoming Events



INLINE SKATING (BEGINNER)

Date	: Nov 24
Day	: Saturday
Time	: 5.00pm – 6.00pm
Venue	: NSRCC Changi, Multi-
	purpose court.

Fees (4 Lessons) \$160.50 Nett (Members) \$171.20 Nett (Signed-in Guests)

Minimum number of participants: 10

Closing Date: Nov 12, Monday

Inline Skating is a kind of sports that can be enjoy by both adults and child. Over these 4 weeks of workshop, the child can learn the basic of inline skating.



PILATES CLASS

Date	: Jan 11, 2019
Day	: Friday
Time	: 7.30pm – 8.30pm
Venue	: NSRCC Changi, Oriole 3

Fees (per 10 sessions)

\$267.50 Nett (Members) \$278.20 Nett (Signed-in Guests) Minimum number of participants: 4

*Saturday Class available



AIKIDO

Date	: Dec 23
Day	: Sunday
Time	: 3.00pm – 4.15pm
Venue	: NSRCC Changi, Oriole 3

Fees (per 10 sessions)

\$160.50 Nett (Members) \$171.20 Nett (Signed-in Guests)

Minimum number of participants: 10 Age Group: 5 years old and above



BOXING CLASS

Date	: Jan 9, 2019
Day	: Wednesday
Time	: 7.30pm – 8.30pm
Venue	: NSRCC Changi, Oriole 3

Fees (per 10 sessions) \$267.50 Nett (Members) \$278.20 Nett (Signed-in Guests)

Minimum number of participants: 4

*Saturday Class Available



SWIMMING (BEGINNERS)

Date Day Time	: Jan 12, 2019 : Saturday : 4.00pm – 5.00pm or 5.00pm – 6.00pm
Venue	: NSRCC Changi, Swimming Pool
\$277.15	e r 10 weeks term) Nett (Members) Nett (Signed in Queete)

\$298.55 Nett (Signed-in Guests)

Minimum number of participants: 3

Age Group: 5 years old and above



SWIMMING (BEGINNERS)

Date	: Jan 13, 2019	
Day	: Sunday	
Time	: 3.30pm – 4.30pm or	
	4.30pm – 530pm	
Venue	: NSRCC Changi, Swimming Pool	
Fees (per 10 weeks term)		

\$277.15 Nett (Members) \$298.55 Nett (Signed-in Guests)

Minimum number of participants: 3

Age Group: 5 years old and above

Do call us at 6540 8563/64 or email S&R@nsrcc.com.sg for more details!



Celebrate Christmas with Food Line!

\$50 OFF

Use code: NSRCCXM50

Exclusively for NSRCC Members.

Min. order \$500. Valid from 1 Nov 18 to 31 Dec 18

> More details: www.FoodLine.sg/deals

6100 0029 sales@foodline.sg www.FoodLine.sg





· Lil Gift · COTTAGE





Pamper your loved ones this Christmas with 10% off on our artisan range of hand and body care and the finest lavender gift sets from Australia.

Promo Code: NSRCC10

Enjoy 15% off on gift sets with promo code: NSRCCGIFTS

🔤 info@lilgiftcottage.com 🛛 👝 www.lilgiftcottage.com 🛛 🗗 🧿 lilgiftcottage

Brides, The Label

Brides, The Label is the First Online Bridal Gown Superstore in Singapore that brings you the best and hassle-free online shopping experience. Making it simple and joy, brides in search of buying or renting bridal gowns for their wedding day can browse through the finest collections at ease. "You Dream Gown, One Click Away!".

NSRCC members enjoy 15% off with promo code: NSRBTL

brides

THE LABEL



National Geographic Subscriptions

National Geographic Subscriptions was specially set up to provide customers with an avenue to subscribe to National Geographic magazines at competitive prices, with shorter waiting time, and quick access to the full range of National Geographic's publications.

NSRCC Members enjoy up to 45% off subscription packages from www.natgeosubscriptions.com/ nsrcc





One Faber Group

Fly high above the hills onboard **Singapore Cable Car** from Faber Peak Singapore and cross the harbour on the Mount Faber Line. Then journey over jungle and sea on Sentosa Line which will take you to dozens of attractions on Sentosa. Visit **Sentosa Merlion**, a mythical creature with a lion's head and a fish's body who is Singapore's guardian of prosperity! End the night with spectacular showcase **Wings of Time**, which features stunning fire effects, laser show and water display.

NSRCC members enjoy 25% off tickets for Singapore Cable Car, Sentosa Merlion & Wings of Time.





SG Yacht

Since 2007, SG Yacht has been creating private dream charters that sail beyond our guests' expectations. Our highly experienced sea crew and unsurpassed on board service have captured the hearts and minds of many who sailed with us on a wide range of occasions including a romantic gateway, Valentine's Day celebration, weddings, corporate events and parties. You can also include fun sea activities such as fishing, diving, jet ski and banana boat rides or just some island exploration of your own.

NSRCC Members enjoy special prices for luxury yacht charter, starting from \$599.







Affiliated Clubs

Dear Members,

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at **www.nsrcc.com.sg** using your members' PIN. Please check our website for the latest/current list of affiliated clubs.



*Royal Brunei Golf & Country Club Tel: 673-2-611 582 Fax: 673-2-610 499 Email: rbgcc@gmail.com



CHINA

*Guangzhou International Golf Club Tel: 001-8620-8293-3888 Fax: 001-8620-8293-3168 Email: golf@gigc.com.cn Website: www.gigc.com.cn



Bali

*Bali National Golf Club Tel: 62-361-771 791 Fax: 62-36-771 797 Email: reservations@balinationalgolf.com Website: www.balinationalgolf.com

Batam

*SouthLinks Country Club Tel: 62-778-324 128 / 168 Fax: 62-778-323 288 Singapore Office: Tel: (65) 6270 0062 / 6278 7079 Email: sales@southlinksgolf.com Website: www.southlinksgolf.com

Jakarta

Modern Golf & Country Club Tel: 62-21-552 9228 Fax: 62-21-552 9177 / 87 Email: marketing@moderngolf.co.id Website: www.moderngolf.co.id Sedana Golf & Country Club

Tel: 62-267-644 730 (Club) 62-267-644 733 (Golf Reservation) 62-21-612 8811 (Accommodation) Fax: 62-267-644 728 (Club & Golf Reservation) 62-21-612 8822 (Accommodation) Email: marketing@sedanagolf.com Website: www.sedanagolf.sinarmasland.com/



Johor

*Tanjong Puteri Golf & Country Club Tels: 02-07-271 1888 (Office & Club) 6338 2828 / 6339 7266 (S'pore Office) Fax: 02-07-271 1333 (Office & Club) 6339 5128 (S'pore Office) Email: enquiry@tpgr.com Website: www.tpgr.com

Malacca

*A'Famosa Golf Resort Berhad

Tels: 02-06-552 0888 / 0555 Fax: 02-06-552 0695 Email: operations.golf@afamosa.com Website: www.afamosa.com

*Orna Golf & Country Club

Tel: 02-06-521 0333 Fax: 02-06-521 0222 Email: ogcc@ornaresort.com.my

Negeri Sembilan

Nilai Springs Golf & Country Club Tel: 02-06-850 8888 Fax: 02-06-850 3388 (Golf) Email: club@nilaisprings.com.my

Staffield Country Resort

Tel: 02-6018-222-1919 Fax: 02-603-8766-7173 Email: staffield@berjayaclubs.com Website: www.berjayaclubs.com/staffield/

Penang

*Penang Golf Club Tel: 02-04-644 2255 Fax: 02-04-644 9345 Email: reception@penanggolfclub.com.my Website: www.penanggolfclub.com.my

Bukit Jawi Golf Resort

Tel: 02-04-582 0759 Fax: 02-04-582 2613 Email: enquiry@bukitjawi.com.my Website: www.bukitjawi.com.my

Penang Golf Resort

Tel: 02-04-578 2022 Fax: 02-04-575 0228 Email: pgrb@penanggolfresort.com.my Website: www.penanggolfresort.com.my

Perak

Clearwater Sanctuary Golf Resort Tel: 02-05-366 7433 Fax: 02-05-366 7434 Email: email@cwsgolf.com.my Website: www.cwsgolf.com.my

Selangor

*Sultan Abdul Aziz Shah Golf & Country Club Tel: 02-03-5510 5872 Fax: 02-03-5510 5860 Website: www.kgsaas.com.my



*Ta Kang Shan Golf Tel: 886-7-636641 Fax: 886-7-6366219 Website: www.tksg.com.



*Dong Nai Golf Resort Tel: 84 – 61 – 3866 288/307 Fax: 84 – 61 – 3864426 Email: info@dongnaigolf.com.vn Website: www.dongnaigolf.com.vn

*Affiliated clubs that charges discounted "Green Fees"

Special Golfing Arrangements Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.

*Sembawang Country Club Tel: 6755 8418 Fax: 6752 0446 Website: www.sembawanggolf.org.sg Tuesdays to Fridays only (excl PH)

SOUTH AFRICA

*Spier Country Club, Cape Town 27-21809-1100 27-21881-3634 Email: info@spier.co.za Website: www.spier.co.za

*Vodacom, World of Golf, Johannesburg Tel: 27-11802-5864 Fax: 27-11802-7491 Email: rica@worldofgolf.co.za Website: www.golfersworld.co.za



*Phuket Country Club Tel: 660 76 3192004 Fax: 660 76 319206 Email: bookings@phuketcountryclub.com Website: www.phuketcountryclub.com *Gassan Khuntan Golf & Resort

*Gassan Legacy Golf Club Email: info@gassangolf.com Website: www.gassangolf.com

FACILITIES DIRECTORY

MAIN LOBBY RECEPTION:

Tel. 6542 8288 / 6543 5725 (booking of facilities) 8.00am to 8.00pm (Mon-Sun)

MEMBERSHIP CENTRE:

Tel. 6540 8555 / 8556

8.30am to 5.30pm (Mon-Fri) 10.30am to 2.30pm (Sat, Sun & Public Holidays)

GOLF FACILITIES

Driving Range

Tel: 6540 8500 7.00am to 10.00pm (Tue-Sun) 2.00pm to 10.00pm (Mon)

Golf Reception

Tel: 6540 8500 (Changi) / 6795 2300 (Kranji) Fax: 6542 7710 (Changi) / 6792 7311 (Kranji) Opening Hours: 7.00 am to 5.30 pm

Booking Hours:

Weekend Golf (Following weekend and public holidays)

In-person*: 6.00pm to 7.00pm (Fri) Internet: 6.00pm onwards (Thu) Telephone: 9.30am to 5.00pm (Fri) *currently not available at NSRCC Kranji

Weekday Golf In-person & Telephone: 9.30 am to 5.00pm (daily)

Internet: 9.30am onwards (from Mon)

Golftitude Fitting Studio (at Temporary Driving Range)

Tel: 9652 4343 12.00pm to 6.00pm (Tue to Fri) 10.00am to 6.00pm (Sat to Sun) *By appointment only for Mondays and Public Holidays

Mizuno Golf School Tel: 8727 3041

Tel: 8727 3041

Email: mizunogolfschool@gmail.com
Phil Brew Golf Academy

Tel: 6910 7057

The Golfing Lab Tel: 9752 9297 / 9276 0038 8.00am - 10.00pm (Mon-Sun)

GOLF PRO-SHOP

Transview Tel: 6543 2051 7am to 7pm, (Mon-Sun)

OTHERS

Sundry Shop 12.00pm to 8.00pm (Mon–Sun)

SPORTS & SOCIAL FACILITIESS

Billiards Room Tel: 6543 5709 10.00am to 10.00pm (Mon-Sun)

Fitness Centre Tel: 6543 5715 7.00am to 9.30pm (Mon-Fri) 7.00 am to 8.30pm (Sat, Sun & Public Holidays)

Jackpot Room 10.00am to 11.00pm (Sat to Thu) 12.00pm to 11.00pm (Fri)

Swimming Pool & Wet Playground Tel: 6540 8564 8.00am to 9.00pm (Mon-Sun)

Squash Court Tel: 6543 5725

10.00am to 10.00pm (Mon-Sun) Tennis Courts

Tel: 6543 5725 7.00am to 10.00pm (Mon-Sun)

CORPORATE PRIVATE EVENTS

NSRCC Changi

The Falcon, The Corvette, The Leaders, Oriole 1 & Oriole 2 For booking enquiries, call 6543 5082 /

6543 5735 or email: events@nsrcc.com.sg

NSRCC Kranji

The Sanctuary I & The Sanctuary II For booking enquiries, call 6795 3200

F & B OUTLETS

Appetizer @ Bowling Centre

12.00pm to 11.00pm (Mon-Thu) 12.00pm to 2.00 am (Fri, Sat & Eve of Public Holidays) 10.00am to 11.00pm (Sun & Public Holidays)

JCafe @ The Deck 7.00am to 8.00pm (Mon-Sun) Last orders @ 7.30pm

Jumbo Seafood

Tel: 6552 3435 Lunch: 11.30am to 3.00pm (Mon-Sat) 10.00am to 3.00pm (Sun & Public Holidays) Last orders at 2.15pm

Dinner: 6.00pm to 11.00pm (Mon-Fri) 5.30pm to 11.00pm (Sat, Sun & Public Holidays) Last orders at 10.15pm

Viola Tel: 6386 8011 4.00pm to 1.00am (Mon-Sat)

NSRCC Kranji

The Terrace Café Tel: 6791 1948 7.00am to 8.00pm (Mon-Sun)

Resort Bowl

Tel: 6545 6365 / 2059 12.00pm to 11.00pm (Mon- Thu) 12.00pm to 2.00am (Fri, Sat & Eve of Public Holidays) 10.00am to 11.00pm (Sun, Public Holidays & School Holidays)

Eastern Pro-Shop @ Resort Bowl 2.00pm to 10.00pm (Tue-Thu, Sun & Public Holidays) 2.00pm to 11.00pm (Fri, Sat & Eve of Public Holidays)

Family Zone @ Resort Bowl 12.00pm to 10.00pm (Mon- Thu) 12.00pm to 1.00am (Fri, Sat & Eve of Public Holidays 10.00am to 10.00pm (Sun & Public Holidays)

Karaoke @ Resort Bowl 12.00pm to 11.00pm (Mon to Thu, Sun & Public Holidays) 12.00pm to 2.00am (Fri, Sat & Eve of Public Holidays)

SEA SPORTS CENTRE

Facilities

Centre for Performance Transformation Tel: 6214 9412

Constant Wind Sea Sports Centre & Pro-shop Tel: 6445 5108 10.00am to 7.00pm (Mon-Sun)

F&B Outlets

Bellyview Cafe Tel: 6445 5108 11.30am to 9.45pm (Mon-Sun)

Gurame Indonesian Restaurant

Tel: 6542 2038 Lunch: 11.00am to 2.30pm (Mon-Sun) Last orders at 2.00pm Dinner: 6.00pm to 9.30pm (Mon-Sun) Last orders at 9.00pm

STELLA Tel: 6214 9168 12.00pm to 12.00am (Mon-Sun)

BUNGALOW RECEPTION

Tel: 6542 2036 Fax: 6545 6544 Opening Hours: 9.00am to 8.00pm (Mon-Sun) Booking Hours: 9.00am to 7.00pm (Mon-Sun)

Six-month advance bookings are open on a rolling basis. Members can make bookings via phone, in-person or the Internet at our website www.nsrcc.com.sg

Check-in: 2.00pm to 7.00pm Check-out: 9.00am to 10.00am

Advertise with us, for a perfect fit

to your product's needs

With a readership of over 8,000 and for as little as \$800, we'll help you score that hole-in-one for your product!

Position	Rate Per Insertion (S\$)
Outside Back Cover	2,400.00
Inside Front Cover	2,200.00
Inside Back Cover	1,900.00
Prime Double Spread	2,500.00
Full Page Colour	1,200.00
Half Page Colour	800.00
Inserts (A4)	1,300.00

Call Now! 6540 8550 or 6540 8557



to reserve a space for your products today!



Snapshots from Connection 2018





