A bi-monthly publication by National Service Resort & Country Club

# Resort View

MCI (P) 004/10/2017

September/October 2017



### **NATIONAL SERVICE RESORT & COUNTRY CLUB**

# MEMBERSHIP PROMOTION

We are proud to celebrate 50 years of National Service.

To commemorate this special occasion, sign up for a
membership with us and enjoy fabulous treats\*!











### **Membership Sign-up Promotion**

Promotion ends 15 September 2017

Membership Type	Entrance Fee	Spending Credits	
		New	Renewal
10-Year Full Membership	\$8,020 (Associate) \$7,270 (Ordinary)	\$1,588	\$1,788
5-Year Full Membership	\$5,000 (Associate) \$4,480 (Ordinary)	\$888	\$1,088
10-Year Basic Membership	\$4,400 (Associate) \$4,000 (Ordinary)	\$768	\$888
5-Year Basic Membership	\$2,600 (Associate) \$2,400 (Ordinary)	\$408	\$468

For enquiries, please contact our Membership Centre at 6540 8555 or email us at membership@nsrcc.com.sg.







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### Dear Members,

Our Club joins Singapore in saluting all NSmen as the nation marks 50 years of National Service (NS50) this year. To celebrate this landmark, the Club organised several commemorative events including a NS50 golf tournament and an Open House Carnival with attractive membership incentives. These events attracted huge turnouts but if you happened to miss them, we have the highlights in this issue.

In the sports arena, our members continue to do us proud with their achievements. Our golfers emerged first runner-up in the Singapore Golf Association's Inter-Club League, holding their own against clubs with stronger golfing traditions. Youth bowlers, Lim Wan Ling and Xavier Teo, took top honours in local and regional competitions that they competed in, signalling their future potential. Congratulations to all!

Still on sports, many golfers could be seen dressed in their best red and white outfits while out on the course on 9th August. They truly made a pretty and patriotic picture on our National Day! Golfers will also be happy to know that our new golf driving range is scheduled to be completed in 2019. In this issue, we give you a sneak preview of what it is going to look like.

And if you sniffed something wicked in the air during your recent visit to the club, it was not your imagination playing tricks! Our sell-out Durian Fiesta was holding court again, attended by a capacity crowd of durian aficionados indulging in the king of fruits. We have a picture spread that tells it as it is. For a whiff of air of a different kind, a group of members and their families went up north on a discovery tour of Desaru farms and returned with stories to tell.

Many more activities await members in September and October, foremost among which are a Mid-Autumn celebration under the stars and the ever-popular farm and other tours. Be sure to sign up early to secure your place.

Have a wonderful time at the Club!



**Chua Swee Kiat Fditor** 

Swee (Cid)



A full house at NSRCC Durian Fiesta 2017!

# Feasting on the Ming of Fruits

urian Fiesta held on 29th July was blessed with good weather, and an ambience of excitement and the occasional whiff of durians at every corner of The Courtyard. Some guests arrived as early as 5.30pm, an hour before the event was scheduled to begin. By 6.30pm, people were streaming in steadily, all looking forward to the feasting ahead! After everyone was seated comfortably, they were invited to get their first serving of the sapid Mao San Wang durians.

Everyone soon settled down to enjoy their helpings of durians, and were entertained with games related to durians of course, and also National Day which was just a week away. As the evening progressed, the durians were fast running out and guests were informed that a second batch of durians was on its way, resulting



All cut up and ready to be eaten

in them having to wait for refill. The first round of the lucky draw was conducted in the meantime, with amazing prizes waiting to be won.

The second batch of durians also ran out not too long after its arrival, filling all the hungry tummies. As everyone took their last bites, the final round of the lucky draw was conducted to bring the evening to a close.

The crowd this year was double that of last year and we would like to thank everyone for taking the time to support our second Durian Fiesta. See you at the next one!



A line-up of succulent durians waiting to be feasted on!





n Saturday, 24th June 2017, eager participants were already at the club by 6.15am, excited to head for the tour to Desaru Fruit Farm. The tour group left NSRCC at 6.40am and reached the farm before noon.

The tour started with the guide bringing the excited group around the eco farm, showing us the myriad of fruits and vegetables such as long beans, chilli padi, rock melon, and maize to cite a few examples. The children who had the opportunity to feed goats and rabbits, were enjoying themselves so much that their parents

had a hard time getting them to stop for lunch! Using the fresh ingredients from the farm, lunch scored big with everyone! After all tummies were filled, participants had the chance to try out paddy planting. It was indeed an experience for most following the distinctive steps to grow rice, and there were many satisfied faces! The group then spent some time leisurely canoeing on the lake, racing and splashing around the water.

It was time to proceed to the next destination, the Crocodile Farm, but the group did not leave until shopping at the fruit farm was completed!



Do I look too excited to be carrying a crocodile?



Exploring the vast plantation field



Children having fun feeding goats and rabbits



Shopping at the fruit farm



Canoeing by the lake - a rare opportunity for city people

The Crocodile Farm which is located at the edge of Johor, is home to approximately 100 gigantic crocodiles, both young and old. There were even crocodiles that were more than 100 years of age and massive in size! At the end of the crocodile farm tour, the young participants had a phototaking session with a cute baby crocodile. A pair of twin boys were especially excited because



Hungry crocodiles rushing to the food source

they had been looking forward to it since the start of the trip. That wrapped up the tour for the day and the group went for some shopping at AEON Tebrau City, followed by dinner at a local restaurant. It was a fun and fulfilling experience for the participants, for all! We are very grateful to the tour guide Mr Poh and coach driver Mr Yao who provided much insight to spots visited and ensured they were visited in a timely manner!



If I kiss you, will you become a princess?



Excited first timers trying out paddy planting



Move the paddy to that side

# **Our Youth Bowlers Make Us**



Lim Wan Ling (2<sup>nd</sup> from left) with Acting National Head Coach, Mr Francis Yeo (1<sup>st</sup> from left) and other winners in the U12 Girls Division (Photo Credit: SBF)

When I realised that I was leading, I told myself to continue with my pace, don't be lazy and don't be arrogant. I maintained consistency until the end. I was so happy!

SRCC Youth Bowler, Lim Wan Ling clinched the title of Champion in the U12 Girls Masters Finals during the 49th Singapore International Open. With a total score of 1416, Wan Ling, 12 years old, defeated 17 other bowlers during the competition. She won \$500 cash and a trophy.

That marked Wan Ling's 6th bowling champion trophy, out of the 10 that she had achieved. Lo and behold, it was the first time that Wan Ling took part fully in the Singapore International Open. She also competed last



Lim Wan Ling with all of her 10 bowling trophies

year, but wasn't able to continue after facing a thumb injury before completing the qualifying rounds.

When asked what her strategy was during the finals, Wan Ling shared: "As there are many games in a Masters Final, I started slow. I took my time to get used to the lanes. Slowly, I rose to the top by the end of the game. When I realised that I was leading, I told myself to continue with my pace, don't be lazy and don't be arrogant. I maintained consistency until the end. I was so happy!"

This young talent had been participating in bowling competitions when she was just 8 years old. Her inspiration to take up bowling is none other than her elder brother, Lim Kai Jie, another NSRCC Youth Bowler. We asked Wan Ling, so now with all of her champion trophies, who is better? She answered: "My brother is still a better bowler!"

Besides the motivation that she gets from her brother, Wan Ling also attributes her superb performance in bowling to the excellent support from her parents. "They always come to every competition that I take part in, they are always there for me," she says.

She adds that the bowling 'family' at NSRCC plays a part in her achievements. "We don't just train together. At the end of training, we play games which help me to reflect on what I've learnt during training.

# Proud, Here & Overseas!



Xavier Teo receiving his Champion trophy during the 17th Kaohsiung International Open (Photo Credit abf-online.org)

ur very own NSRCC Youth Bowler made a name for himself in Taipei after triumphing as the Champion of Youth Open Masters Finals during the 17th Kaohsiung International Open. He scored an amazing 1624 points. In fact, the 16-year-old was already at the top during qualifying rounds, leaving behind bowlers from Taiwan and Malaysia. Xavier brought home USD1000 and a trophy.

"It felt really great as it is my first international title and it showed that my hard work over these years is paying off. It gives me more motivation to continue training hard and the confidence to perform better in future tournaments," Xavier said.

His astounding achievement is a stark difference from his performance during last year's Kaohsiung International Open, which saw him participating for the first time. Xavier only managed to finish the qualifying round at the 23rd position. So, what was different this year?

Xavier pointed to three things: "One of the key factors was my state of mind on day of the Masters Finals. I was composed and relaxed and I didn't feel as nervous as before. My hands weren't sweating much which possibly contributed to my win as I was able to keep my cool and execute good shots.

"Another key factor was the coaches, Coach Jensen Lim and Coach Vincent Lim, who were with me during the competition. Whenever I threw a bad shot, they would be there analysing my shot. They would tell me what went wrong so that I could take prompt action and corrective measures to improve on the next shot.

"Lastly, the support from my parents and friends also contributed to my success. Knowing that I had people rooting for me motivated me and gave me the strength I needed to persevere and don't give up."

Xavier started bowling at an early age of 9 years old. Today, the Singapore Sports School student is training under the National Development Squad. All the best and continue making us proud, Xavier!

It felt really great as it is my first international title and it showed that my hard work over these years is paying off. • •



# **Team NSRCC**

### **April 2017**

**Round Robin** 



18th Jun

**Quarterfinals vs RCC** 



9th Jul

Semifinals vs SICC



23<sup>th</sup> Jul Finals vs SCC Laguna National GCC

We would like to also acknowledge Mizuno Singapore, for their Apparel and Golf Bag Sponsorship to Team NSRCC 2017.

# CONCRATULATIONS!

# SGA Inter-Club League Tournament 2017's Overall 1st Runner Up!

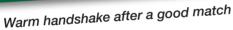
The SGA Inter-Club League (ICL) is a competition based on a mixed format of round-robin and knockout match play games. ICL is open to all SGA ordinary members/clubs and as in previous years we fielded a team to represent NSRCC.

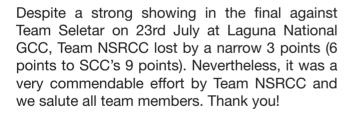
Each club forms a team of 30 players comprising 4 players in the "Premier" Division, 6 players each in the "A", "B", "Senior" Divisions and 8 players in the "Ladies" Division. The "Premier" Division is the highest and "B" Division the lowest for the men's Divisions.

Enroute to the finals playing against Seletar CC, Team NSRCC came in second in one of the two groups for the round-robin segment, eventually going on to play and defeat Raffles CC in the quarter-final and Singapore Island CC in the semi-final.









Besides being Overall 1st Runner-Up for the SGA ICL 2017, Team NSRCC also won the men's Premier, B and Senior Divisions.

Going forward, current and previous years' League players, club tournament winners and those who are interested to represent the club will be invited to do NSRCC proud again in the ICL next year.



For more photos, scan here



Brothers in golf



Was that a good shot?

# Starting Golf MIZUNO GOLF SCHOOL WWW.mizuno golfschool.com Young

**By Bernie Tan,**Certified Instructor. Mizuno Golf School

"Are they too young?" I often get this question when I am having a class with young kids aged 2-5 years old. First of all, there is no particular age for kids to start golf. Kids start learning golf at different ages and it is more important that they enjoy their lessons and the process that they go through.

However, I would like to say that starting young definitely has its benefits. Golf is a sport that can be introduced through the ages.

I started golf at the age of 7 and it has taught me so much about the game and knowing myself as a person. It is a game that is unique in its own way. There so many things we will learn in golf that can be applied in real life.

Here are some of the main reasons and benefits of starting golf from young:

- 1. Develops focus and discipline
- 2. Instills confidence and patience
- Teaches the core values of honesty and courtesy towards others. Builds body awareness, spatial awareness and functional movement skills
- Imparts skills in managing the golf course and making wise decisions for each golf shot
- 5. Builds character and integrity



Shane (centre) learning a drill during golf class

At Mizuno Golf School, we teach people of all ages from kids to adults and we take in kids as young as 2 years old. Do let your kids have a try and enjoy the journey that golf will bring them through. It will be an exciting one.

A testimony from Mdm Gina Gee on her son, Shane, who is currently 4 years old and started golf at the age of 2.5 years old:

"Shane has always been an extremely active child and he can never focus on any single activity until he found golf. He can practise on his swings and putting for up to 2 hours at a stretch, which is quite an achievement for his age. Also, I think golf has helped him learn to manage his emotions, like how he had to sit aside when he was having a bad day on the putting



The writer poses with Shane on the greens

green, instead of going on and on and getting frustrated because the ball just wasn't getting into the hole. There are also other improvements we saw, his strength and coordination. So we definitely would love for him to continue taking this sport."

Golf 1-0-1 contributor Brian Tan is a member of the Greens Committee, and oversees Rules and Tournaments at NSRCC. When he's not busy officiating as a Rules Official, he can be found losing balls in NSRCC's water hazards.



### Potential Rules Situations on the New First Tee

In this mini-series, we'll be covering potential situations you might find yourself in when playing the new 9 holes at NSRCC.

### Hole 5

Golfers may remember the tee boxes used to be part of the previous Army course. In the new layout, Hole 5 is now a Par 4.



If one has a wicked hook off the tee, you might end up in the flower beds on the left where one must be virtually certain the ball is in the flower beds in order to obtain free relief, or you'll have to go back to the tee to play as a lost ball.



A wayward tee shot to the left could end up in water, or along the buggy track. Relief is afforded on the fairway side of the buggy track as the red stakes line the left edge of the buggy track and the nearest point of relief cannot be in a hazard.



A wayward tee shot to the right could end up in the group of thick trees.



Beyond the trees lay a lateral water hazard.



The 2<sup>nd</sup> shot is over a water hazard and if your ball enters the water, there is a drop zone on the left hand side. This drop zone is meant for when balls last cross the margin of the water hazard (yellow stakes) and not for balls which entered at the portion marked as lateral water hazard (red stakes) which would be an undue advantage if used in that case.



To the back of the green is some fencing to protect the green from shots from Hole 3. If your stance or area of intended swing suffers interference from the fencing, relief is afforded. Establish the nearest point of relief not nearer the hole and then drop within 1 club length. To the far right of the green is another flower bed and beyond that is OB to protect golfers on the practice putting green. Once again, one must be virtually certain that the ball is in the flower beds before relief is afforded.



Happy golfing!





# Greenside Matters

### SEPTEMBER/OCTOBER 2017

### Dear Golfers,

The SGA maintains an **Order of Merit (OoM)** based on the Golfer's performance tracked over a rolling 12-month period ending December of each year. The **Order of Merit (OoM)** uses the R&A World Amateur Golf Ranking (WAGR) System of calculating points and players, will be ranked in accordance with the points accumulated. The Order of Merit will then be used for the selection of Golfers for participation in National or Overseas Tournaments.

To grow the interest of the game even at a senior level, and at the same time, continue to provide a more competitive platform for our senior golfers', the SGA recently announced the start of the **senior's "OoM"**. The SGA **Senior's "OoM"** Ranking System provides senior golfers' in our golfing community, the opportunity to monitor player movements based on results from SGA-organised events, tournaments or National Ranking Games (NRG).

For a start, the SGA will also include selected seniors from golf clubs, such as NSRCC, for the NRG. And as an incentive, the top three (3) OoM players will represent Singapore at the World Senior Amateur British Championship in 2018. The qualifying age for Senior OOM is 55 years old. Senior golfers' who are interested, can approach the golf reception counters at both our Clubhouses for more information.

NSRCC Rain-check Policy-Morning 9-Hole Flights. In the July/August issue of Greenside Matters, we reiterated the necessity of CAT1 announcements for the safety of our golfers', and also NSRCC's Rain-Check Policy. Further to this, a review was conducted on our "Morning 9-Hole flights" so as to better regulate the pace of play when there is a CAT1 weather delay. The review has shown that introducing a cut-off time for these flights, will better improve the overall pace of play. As such, starting from 2nd October 2017, all 0701 and 0708 flights that have not Tee-off by 0800 Hrs due to CAT1 will be cancelled and a full refund will be made. For flights that have teed-off, and if play has been suspended, they will be allowed to continue with their game once the course reopens. Notices on this change are displayed on the Notice Boards, at Golf Receptions and our golf booking website.

Club's Upcoming Golf Event - Following the successful completion of our NS50 Golf game on 15th July 2017 (See Page 16 & 17 Featured - NS50 Golf), we now look forward to our next golf event, being "Captain's Cup" on 30th September 2017. We hope to see you continue to support our Club's golfing events.

**Happy Golfing!** 

Tan Kah Han Club Captain

# CC-Celebrates #



Date	Name	Location	Handicap
28 <sup>th</sup> June 2017	Frank Koh Siong Chit	Sentosa Golf Club, The Serapong Course Hole #2	21
2nd July 2017	Kee Hwee Lee	1st Tee Hole #6	17
12 <sup>th</sup> July 2017	Lim Tian Leong	TMCC Garden Course Hole #13	22.2
22 <sup>nd</sup> July 2017	Chia Yong Kwee Willie	NSRCC Kranji Hole #5	16.9
26th July 2017	Karamjeet Singh Brar	NSRCC Kranji Hole #5	15.3
29 <sup>th</sup> July 2017	Yeo Yong Yan	NSRCC Kranji Hole #5	20.3



For results of Monthly Medal, please go to http://www.nsrcc.com.sg/posting/golf



(From left to right) Colonel (NS) Simon Lim, Director (NSAD) with Club Captain, Mr Tan Kah Han, NSRCC Club President, LG Perry Lim and NSRCC General Manager, Mr Ng Heng Chew





Minister for Defence, Dr Ng Eng Hen trying out the 'buggy tanks' that were made specially for this event!

ave you ever seen a 'buggy tank'? It was the star of NS50 celebrations at NSRCC! The buggy tank made its debut during our NS50 Golf Tournament on 15th July 2017. It got so much attention that even the Minister for Defence, Dr Ng Eng Hen, posted photos of it on his Facebook page.

The tank was a result of hard work by our course maintenance team; they decorated a green buggy and transformed it to look like a military tank. Golfers were busy posing with it after registering for their game and everyone was in high spirits.



Having fun posing with NSRCC's very own buggy tank!



Reliving their NS days with camouflage hats & plastic rifles!

The good mood continued through the game. especially with the very lovely sunny and windy weather. The golf game was made more enjoyable with novelty prizes for Longest Drive and Nearest to Pin. We would like to extend our special thanks to the sponsors and a huge congratulation to the winners!

Dinner at Jumbo Restaurant was made more memorable with a singing duo rendering familiar tunes including the popular National Day song, Home. It was indeed a wonderful day to commemorate 50 years of National Service in our country.







### CONCRATULATEONS!

Prizes presented by Ladies' Vice Captain, Ms Jenny Chong



Longest Drive (Hole 18). Ryan Wong



Nearest to Pin (1st Tee Hole 6), Jack Kong



Nearest to Pin (10th Tee Hole 15), Marcus Yeo

### THANK YOU SPONSORS!

Momentos presented by NSRCC Club President, LG Perry Lim



AT & Besquip Asia Pacific



A Team Landscape Contractor



A busy weekend for our membership team!

# **NSRCC's Biennial Open** House, NS50-Themed!

t was a colourful weekend at NSRCC Changi from 5th to 6th August 2017. There were plenty of exciting activities during the NS50-themed Open House Carnival, both for the young and young at heart! A magic show, face painting, henna drawing and even flea market stalls selling unique knick knacks with a good deal. The treats were no less, from sweet popcorn and ice-cream, to savory, piping hot pancakes and churros.

Members who signed-up and renewed the membership during that weekend received fabulous treats including a limited edition NS50 NETS Flashpay Card.



Members signing up and renewing their memberships during NSRCC Open House.

Keen on our latest membership deals? Call our Membership Centre at 6540 8555/6.



The children in awe watching a special magic show.



Wah so colourful!





Here, son, let me teach you how to golf.



Our membership team at work.



### 5 Fun Ways to Get Active

### 1. Getting active starts at home



Did you know that doing housework burns a lot of calories? In fact, the amount of calories burnt while doing housework might even rival a short stroll. It's time to keep your house clean, and keep your body lean. Talk about killing 2 birds with 1 stone!

Try this out: Clean up and reorganise your storeroom! All the lifting, moving around the house and cleaning is guaranteed to work up a bucket of sweat. Plus, your wife may be very thankful for it.

# 2. A family that walks together stays healthy together



Activities are always fun when there are more people doing it together. More so if they are your loved ones!

Try this out: Organise a family stroll by the seaside or walk at a park nearby and make it a weekly affair. It will be a healthy opportunity to form deeper bond with your family!

### ? Time to kid around



There is no better time to foster a healthy lifestyle with your kids, than when they're young. While they are young and impressionable, it is easier to nurture a habit for healthy living.

**Try this out:** Instead of sitting at the side, why not join in? Learn with your kids by picking up a new sport like squash, tennis or basketball, or simply monkey around! By bringing out the fun side in you and embracing your inner kid, it will help build a stronger bond with your children too.

# 4. It's more than an office cubicle



Most working adults spend majority of their day in the office and it can become a great place to stay active!!

Try this out: Use a water mug with a smaller capacity; this encourages you to walk to the pantry more often for a refill. What's more, you will be more inclined to drink more water too!

### 5. Count your steps



If you prefer to get active at your pace, getting an activity tracker might be your perfect companion. Most activity tracker has nifty functions which allow you to set achievable goals. Some even have challenges you can try!

Try this out: Download an activity tracker app on your phone that helps you count your steps. Health Promotion Board has a "Healthy 365" app that has many useful functions, such as a pedometer, calorie counter and weight manager all rolled into one!

Source: https://www.healthhub.sg/programmes/65/10-fun-ways-to-get-active



SRCC Sea Sports Centre held its open house on Saturday, 12th August 2017.

Two Bahia sailing dinghies with skippers together with the ever so popular banana boat provided free rides to members of NSRCC and 'friends' of Constant Wind. Coaches are present to provide free beginner lessons for stand up paddling, windsurfing and kayaks. The morning session started at 10.00am but was interrupted by bad weather at around 11.30am. Afternoon session started at 2pm and ended at about 5pm.

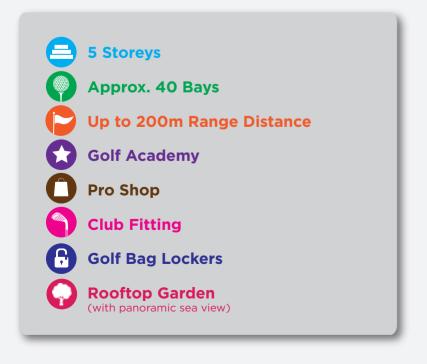
Feedback of the Open House was good as many participant went home feeling happy with time very well spent. Some members of NSRCC hope to see more banana boat rides and sailing sessions for NSRCC members.

The centre also held the South West Monsoon Series 3 regatta conducted by the Singapore Sailing Federation for various classes of windsurfing.

See you again next year!



# Proposed Driving Range Buggy Park Golf Reception Main Lobby Carpark Bungalow Reception Changi Coast Walk **Changi Beach**

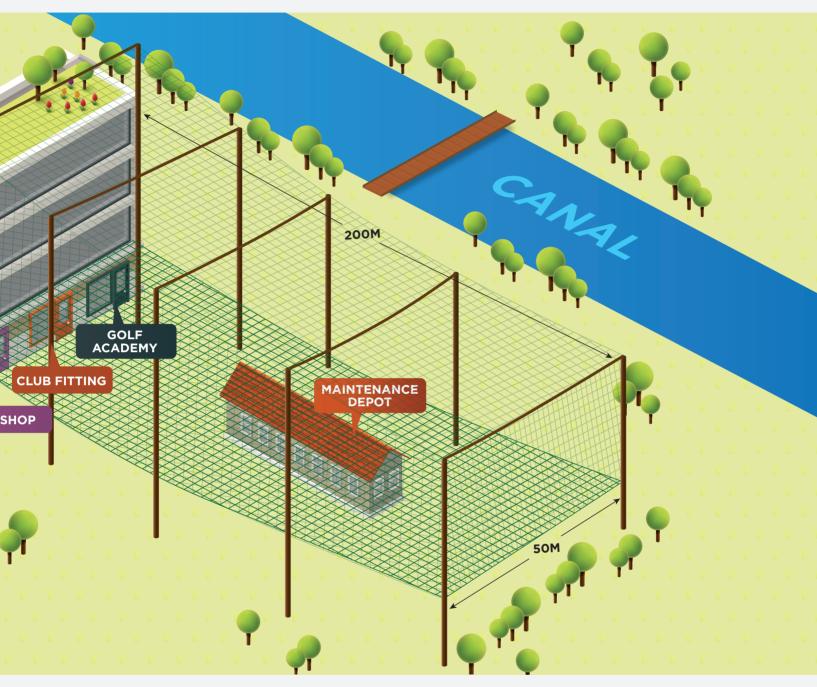


# **Proposed**



SRCC will soon be introducing a spectacular sight at Changi, when it unveils its new driving range in the second quarter of 2019. This one-of-a-kind driving range is the first in Southeast Asia, and is constructed over the current Maintenance Depot. The project is expected to commence in the first quarter of 2018, and will take about 18 months to reach completion. Once completed, the existing temporary driving range will cease operation and the land it sits on will be returned to the State.

# **Driving Range @ NSRCC**



During the construction period, minor disruptions to the carpark will be expected. The existing shuttle bus stop will also be relocated nearer to the Tennis Court, and members or guests are still able to continue utilising these services without hassle.

The new 5-storey Driving Range will consist of three levels of tee-off bays located at levels 2, 3 & 4, making it a total of approximately 40 bays. Elevated five stories above ground with a range distance of 200m long, golfers can practice their swing amidst

the splendid view of our lush green courses. The new driving range is also complemented with facilities such as a Pro Shop, Club Fitting and Golf Academy.

With panoramic views of the sea gently lapping Changi Beach, our new driving range is set to add a tantalising element to your experience as you practise to perfect your swing.



reat news for all golfers! NSRCC Changi now exclusively offers club fitting services provided by our newest business partner, Golftitude Fitting Studio located at the Driving Range. Golftitude was founded and is operated by a USA Certified Club Professional Mr Spencer Ho, who has over 20 years of experience in the golfing industry. As an appointed Callaway club fitter in Singapore, Golfitude also provides free demonstrations, where golfers can get their hands on latest Callaway clubs!

### **Opening Hours:**

12.00pm to 6.00pm (Tue to Fri) 10.00am to 6.00pm (Sat to Sun)

\*By appointment only for Mondays and Public Holidays

For more information or to book an appointment with Golftitude Fitting Studio, call 9652 4343 or email golftitude@gmail.com.



### **FoodLine**

FoodLine works with over 235 caterers in Singapore to bring to you more than 4,000 catering menus and cakes to choose from for your event. Select your preferred catering menu based on your budget and needs, place an order online, and our FoodLine Partner will contact you for confirmation of your order.

NSRCC Members enjoy up to \$30 cashback when vou order on FoodLine.

For more details, visit www.foodline.sg





### **AAS Insurance**

As the general insurance arm of Automobile Association of Singapore, besides offering motor insurance, AAS Insurance provides a wide range of products covering not only motor insurance, but also travel, personal accident, home contents, as well as other personal lines.

INSRCC members enjoy \$100 instant premium reduction on Motor Insurance, as well as up to 20% off premium.

For more information, call 6389 4241 or visit www.aas-insurance.com.sg.





## **BMJ Therapy**

BMJ Therapy is a team of Allied-Health Professionals (Physiotherapists, Occupational Therapists) and Massage Therapists with special interest in treating injuries involving Bones, Muscles and Joints. BMJ Therapists have vast clinical experience and base their treatment on the latest medical knowledge to deliver the best possible care to clients.

NSRCC members enjoy 10% off all products and services at BMJ Therapy, as well as free phone and online consultation.

> **BMJ Therapy is located at** Parkway Centre. Call 9272 2890 for consultation.





### **SPC Lubricants**

SPC SYNACE was first introduced in 1993 across the region. The SPC SYNACE range meets and even exceeds the exacting quality standards of most vehicle manufacturers. It is formulated especially for the driving conditions of the region and is blended in Singapore in accordance with ISO9001 Quality Management Systems.

INSRCC Members enjoy 30% off any SPC SYNACE Fully Synthetic Service Package.

For more details, visit www.spc.com.sg



### **Raffles Health**

Raffles Health supplements are specifically created with your health and wellness needs in mind. Raffles Health promotes optimal health with high quality and effective formulations

NSRCC members enjoy 25% off Raffles and Kidds brand of supplements.

> **Available at Raffles Health Retail Pharmacy at Raffles Hospital and** Raffles Holland V.





### **Raffles Medical**

Raffles Medical provides a comprehensive range of healthcare services through their network of multidisciplinary clinics located conveniently across Singapore.

In partnership with NSRCC, members may visit Raffles Medical for:

- Vaccinations
- Health Screening
- Dental
- Chinese Medicine Services

For general enquiries, please call 6311 2222, visit www.rafflesmedicalgroup.com or any Raffles Medical clinic





### **Upcoming Events**



### MID-AUTUMN UNDER THE STARS

Date : 30 September 2017

Dav : Saturday

: 7.30pm - 9.30pm Time Venue : NSRCC Changi, Golf

Course (Registration at The

Leaders Room)

: \$5.00 + 7% GST Fees (NSRCC Members)

\$8.00 + 7% GST (Signed-in Guests)

Maximum number of participants: 70 Closing Date: 17 September 2017, Sunday

The exclusive Mid-Autumn celebration under the stars at NSRCC is back! Bring your kids and join us for a fun walk in the golf course!



### 1 DAY HAPPY FARMER ORGANIC FARM TOUR

: 25 November 2017 : Saturday Dav : 6.30am - 10.00pm Time

Meeting

Fees

**Point** : NSRCC Changi, Main

Lobby

: \$85.00 Nett (NSRCC Members) \$90.00 Nett (Signed-in Guests) \$100.00 Nett (Non-Members)

NSRCC Members and Signed-in Guests who register for 2 persons and above enjoy a special rate of \$80/person!

Minimum number of participants: 20

Closing Date: 28 October 2017, Saturday

During this tour, get a chance to visit Happy Farmer Organic Farm & House of Swiftlets! There will also be an opportunity to explore a bee farm and understand the process of noodle making at a noodle factory.



### **NSRCC ANNUAL TENNIS SINGLES TOURNAMENT**

Date : 18 November 2017

Day : Saturday

Time : 9.00am - 1.00pm : NSRCC Changi, Tennis Venue

Court

: \$25.00 + 7% GST Fees

(NSRCC Members Only)

Minimum number of participants: 10 Closing Date: 6 November 2017,

Monday



### **NSRCC ANNUAL TENNIS DOUBLES TOURNAMENT**

Date : 25 November 2017

Day : Saturday

: 9.00am - 1.00pm Time **Venue** : NSRCC Changi, Tennis

Court

Fees : \$40.00 + 7% GST

(NSRCC Members Only)

Minimum number of participants: 10 Closing Date: 13 November 2017.

Monday



### 1 DAY BATAM TOUR

Date : 9 December 2017

: Saturday Day

Time : 6.30am - 10.00pm

Meeting

**Point** : NSRCC Changi, Main Lobby

: \$70.00 Nett (NSRCC Members) **Fees** 

\$75.00 Nett (Signed-in Guests) \$80.00 Nett (Non-Members)

Maximum number of participants: 20 Closing Date: 4 November 2017,

Saturday

Enjoy the relaxing sensation of traditional Indonesian massage in Batam! Food and shopping lovers will be delighted to visit factory outlets, bird nest shop and pineapple cake factory.



### **MOVIE SCREENING** - STAR WARS: THE LAST JEDI

**Date** : 14 December 2017

Day : Thursday

**Time** : 7.00pm - 10.00pm : Plaza Singapura, Golden **Venue** 

Village

**Fees** : \$12.50 + 7% GST

(Single Ticket) \$11.50 + 7% GST (2 or More Tickets)

Maximum number of participants:

Closing Date: 30 November 2017, Thursday

Catch the latest Star Wars movie on its release day at special prices, with savings up to 30%! All ticket prices are inclusive of popcorn combo.

### **Upcoming Events**



### **TENNIS BEGINNER'S** CLINIC

Date : 2 - 30 October 2017

> (ongoing) : Monday

Time : 7.00pm - 8.30pm Venue : NSRCC Changi,

Tennis Court

Fees (per 6 sessions)

Dav

\$192.60 Nett (Members) \$214.00 Nett (Signed-in Guests)

Minimum number of participants: 4

Age Group: 16 years old above



### CARDIO TENNIS

Date : 3 - 31 October 2017

(ongoing)

Dav : Tuesday

: 7.00pm - 8.00pm Time Venue : NSRCC Changi.

Tennis Court

Fees (per 6 sessions)

\$160.50 Nett (Members)

\$181.90 Nett (Signed-in Guests)

Minimum number of participants: 4

Age Group: 16 years old above



### **SWIMMING (BEGINNERS)**

Date : 23 September 2017 -

13 January 2018 (ongoing)

Day : Saturday

: 4.00pm - 5.00pm or Time

5.00pm - 6.00pm

Sunday classes are also available from 3.30pm - 4.30pm or 4.30pm -5.30pm

Venue : NSRCC Changi, Swimming Pool

Fees (per 10 weeks term)

\$\$277.15 Nett (Members)

\$298.55 Nett (Signed-in Guests)

Minimum number of participants: 3

Age Group: 5 years old above



### **AIKIDO**

Date : 1 October - 3 December 2017

(ongoing)

Dav : Sunday

: 3.00pm - 4.15pm Time

Venue : NSRCC Changi, Oriole 3

Fees (per 10 sessions)

\$\$160.50 Nett (Members)

\$171.20 Nett (Signed-in Guests)

\$176.55 Nett (Non-Members)

Minimum number of participants: 10

Age Group: 5 years old and above



### **ZUMBA**

Date : 7 October - 4 November 2017

(ongoing)

Day : Saturday

: 3.30pm - 4.30pm Time

Weekday classes are available on Wednesdays from 7.00pm - 8.00pm.

Venue : NSRCC Changi, Oriole 3

Fees (per 5 sessions)

\$133.75 Nett (Members)

\$144.45 Nett (Signed-in Guests)

Minimum number of participants: 4

Age Group: 16 years old above



### PILOXING KNOCKOUT

: 8 October - 5 November 2017 Date

(ongoing)

Day : Sunday

Time : 5.00pm - 6.00pm

Weekday classes are available on Thursdays from 7.00pm – 8.00pm.

Venue : NSRCC Changi, Oriole 3

Fees (per 5 sessions)

\$133.75 Nett (Members)

\$144.45 Nett (Signed-in Guests)

Minimum number of participants: 4

Age Group: 16 years old above

Do call us at 6540 8563/64 or email S&R@nsrcc.com.sg for more details!



### SONG BE GOLF RESORT

### SPECIAL GOLF AFFILIATED CLUB ESCAPADES

### **Exclusively for NSRCC Members**

### Come and enjoy Saigon!

### \* 3 days/2 nights

Group of 2 - SGD \$350

Group of 3 - SGD \$333

Group of 4 - SGD \$299

### \* Per golfer

### Package includes:

- Return airport Transfers
- 2 nights accommodation at Song Be
- Full board 6 set meals
- 2 rounds of 18 holes golf game
- Complimentary 100 driving range balls
- All prevailing taxes

### \* 4 days/3 nights

Group of 2 = SGD \$512

Group of 3 = SGD \$487

Group of 4 = SGD \$433

### \* Per golfer

### Package includes:

- Return airport Transfers
- 3 nights accommodation at Song Be
- Full board 9 set meals
- 3 rounds of 18 holes golf game
- Complimentary 100 driving range balls
- All prevailing taxes

### Weekends/Public holidays surcharge:

Minimum 3 golfers in one flight for weekend/public holiday booking

For one 18 holes golf game - SGD \$65 / For two 18 holes golf game - SGD \$130

For enquiries and booking, please e-mail to reservation@songbegolf.com.vn

or girard@songbegolf.com.vn

Enclosed registration form.

Booking must be made 8 days prior to the date of arrival Rates are valid from 15 April to 15 October 2017. For NSRCC Members only.





# Affiliated Clubs

### Dear Members.

Please produce your Letter of Introduction, and Handicap Cards to qualify for the discounted reciprocal rates. The host club will charge walk-in rates otherwise. You may print your letter of Introduction on our club website at www.nsrcc.com.sq using your members' PIN. Please check our website for the latest/current list of affiliated clubs.



### **BRUNEI**

\*Royal Brunei Golf & Country Club

Tel: 673-2-611 582 Fax: 673-2-610 499 Email: rbgcc@gmail.com



### **CHINA**

\*Guanazhou International Golf Club

Tel: 001-8620-8293-3888 Fax: 001-8620-8293-3168 Email: golf@gigc.com.cn Website: www.gigc.com.cn



### **INDONESIA**

### Bali

\*Bali National Golf Club

Tel: 62-361-771 791 Fax: 62-36-771 797

Email: reservations@balinationalgolf.com Website: www.balinationalgolf.com

### **Batam**

\*SouthLinks Country Club

Tel: 62-778-324 128 / 168 Fax: 62-778-323 288 Singapore Office:

Tel: (65) 6270 0062 / 6278 7079 Email: sales@southlinksgolf.com Website: www.southlinksgolf.com

### Jakarta

Modern Golf & Country Club

Tel: 62-21-552 9228 Fax: 62-21-552 9177 / 87 Email: marketing@moderngolf.co.id Website: www.moderngolf.co.id

### Sedana Golf & Country Club

Tel: 62-267-644 730 (Club) 62-267-644 733 (Golf Reservation)

62-21-612 8811 (Accommodation)

Fax: 62-267-644 728

(Club & Golf Reservation) 62-21-612 8822 (Accommodation)

Email: marketing@sedanagolf.com

Website: www.sedanagolf.sinarmasland.com/



### MALAYSIA

\*Tanjong Puteri Golf & Country Club

Tels: 02-07-271 1888 (Office & Club) 6338 2828 / 6339 7266 (S'pore Office)

Fax: 02-07-271 1333 (Office & Club) 6339 5128 (S'pore Office)

Email: enquiry@tpgr.com Website: www.tpgr.com

\*A'Famosa Golf Resort Berhad

Tels: 02-06-552 0888 / 0555 Fax: 02-06-552 0695

Email: operations.golf@afamosa.com Website: www.afamosa.com

\*Orna Golf & Country Club

Tel: 02-06-521 0333 Fax: 02-06-521 0222

Email: ogcc@ornaresort.com.my

### Negeri Sembilan

Nilai Springs Golf & Country Club

Tel: 02-06-850 8888 Fax: 02-06-850 3388 (Golf) Email: club@nilaisprings.com.my

Staffield Country Resort Tel: 02-6018-222-1919 Fax: 02-603-8766-7173

Email: staffield@berjayaclubs.com

Website: www.berjayaclubs.com/staffield/

\*Penang Golf Club

Tel: 02-04-644 2255 Fax: 02-04-644 9345

Email: reception@penanggolfclub.com.my Website: www.penanggolfclub.com.my

### Bukit Jawi Golf Resort

Tel: 02-04-582 0759 Fax: 02-04-582 2613

Email: enquiry@bukitjawi.com.my Website: www.bukitjawi.com.my

### Penang Golf Resort

Tel: 02-04-578 2022 Fax: 02-04-575 0228

Email: pgrb@penanggolfresort.com.my Website: www.penanggolfresort.com.my

Clearwater Sanctuary Golf Resort

Tel: 02-05-366 7433 Fax: 02-05-366 7434 Email: email@cwsgolf.com.my Website: www.cwsgolf.com.my

### Selangor

\*Sultan Abdul Aziz Shah Golf & Country Club

Tel: 02-03-5510 5872 Fax: 02-03-5510 5860 Website: www.kgsaas.com.my



### TAIWAN

\*National Golf Country Club

Tel: +886 37-743377 Fax: +886 37-740505 Email: avis@nggc.tw Website: www.ngcc.com.tw

### \*Tsai Hsing Elite Golf Club

Tel: 886-3-569-2318 Fax: 886-3-569-1097 Email: golf@the-club.com.tw Website: www.the-club.com.tw

### \*Ta Kang Shan Golf

Tel: 886-7-636641 Fax: 886-7-6366219 Website: www.tksg.com.



### VIETNAM

\*Song Be Golf Resort

Tel: 84 – 650 – 3756 660/1 Fax: 84 - 650 - 3755 804 Email: pr@songbegolf.com.vn Website: www.songbegolf.com.vn

### \*Dong Nai Golf Resort

Tel: 84 - 61 - 3866 288/307 Fax: 84 - 61 - 3864426 Email: info@dongnaigolf.com.vn Website: www.dongnaigolf.com.vn

### \*Affiliated clubs that charges discounted "Green Fees"

Special Golfing Arrangements Members need not apply for an Affiliation Card. Just present your Membership & Handicap Cards.





### **SINGAPORE**

\*Sembawang Country Club Tel: 6755 8418 Fax: 6752 0446 Website: www.sembawanggolf.org.sg Tuesdays to Fridays only (excl PH)



### **SOUTH AFRICA**

\*Spier Country Club, Cape Town 27-21809-1100 27-21881-3634 Email: info@spier.co.za Website: www.spier.co.za

Email: rica@worldofgolf.co.za

Website: www.golfersworld.co.za

\*Vodacom, World of Golf, Johannesburg Tel: 27-11802-5864 Fax: 27-11802-7491



### **THAILAND**

\*Phuket Country Club Tel: 660 76 3 192004 Fax: 660 76 319206 Email: bookings@phuketcountryclub.com Website: www.phuketcountryclub.com

\*Gassan Khuntan Golf & Resort \*Gassan Legacy Golf Club Email: info@gassangolf.com Website: www.gassangolf.com

# FACILITIES

### MAIN LOBBY RECEPTION:

Tel. 6542 8288 / 6543 5725

(booking of facilities)

8.00am to 8.00pm (Mon-Sun)

### MEMBERSHIP CENTRE:

Tel. 6540 8555 / 8556

**8.30am to 5.30pm** (Mon-Fri) **10.30am to 2.30pm** 

(Sat, Sun & Public Holidays)

### **SPORTS & SOCIAL FACILITIESS**

**Billiards Room** 

Tel: 6543 5709 10.00am to 10.00pm (Mon-Sun)

**Fitness Centre** 

Tel: 6543 5715 7.00am to 9.30pm (Mon-Fri) 7.00 am to 8.30pm (Sat, Sun & Public Holidays)

Jackpot Room

10.00am to 11.00pm (Sat to Thu) 12.00pm to 11.00pm (Fri)

**Swimming Pool & Wet Playground** 

Tel: 6540 8564

8.00am to 9.00pm (Mon-Sun)

**Squash Court** 

Tel: 6543 5725 10.00am to 10.00pm (Mon-Sun)

**Tennis Courts** 

Tel: 6543 5725

7.00am to 10.00pm (Mon-Sun)

Resort Bowl

Tel: 6545 6365 / 2059

12.00pm to 11.00pm (Mon- Thu) 12.00pm to 2.00am (Fri, Sat & Eve of

Public Holidays)

10.00am to 11.00pm (Sun, Public Holidays & School Holidays)

& School Holidays)

Eastern Pro-Shop @ Resort Bowl

2.00pm to 10.00pm (Tue-Thu, Sun & Public Holidays)

2.00pm to 11.00pm (Fri, Sat & Eve of Public Holidays)

Family Zone @ Resort Bowl

12.00pm to 10.00pm (Mon- Thu)

12.00pm to 1.00am

(Fri, Sat & Eve of Public Holidays

10.00am to 10.00pm (Sun & Public Holidays)

Karaoke @ Resort Bowl

12.00pm to 11.00pm

(Mon to Thu, Sun & Public Holidays)

12.00pm to 2.00am

(Fri, Sat & Eve of Public Holidays)

### **GOLF FACILITIES**

**Driving Range** 

Tel: 6540 8500 7.00am to 10.00pm (Tue-Sun) 2.00pm to 10.00pm (Mon)

**Golf Reception** 

Tel: 6540 8500 (Changi) / 6795 2300 (Kranji) Fax: 6542 7710 (Changi) / 6792 7311 (Kranji) Opening Hours: 7.00 am to 5.30 pm

### **Booking Hours:**

**Weekend Golf** (Following weekend and public holidays)

In-person\*: 6.00pm to 7.00pm (Fri)
Internet: 6.00pm onwards (Thu)
Telephone: 9.30am to 5.00pm (Fri)
\*currently not available at NSRCC Kranji

**Weekday Golf** 

In-person & Telephone: 9.30 am to 5.00pm (daily)

Internet: 9.30am onwards (from Mon)

### Golftitude Fitting Studio (at Temporary Driving Range)

Tel: 9652 4343 12.00pm to 6.00pm (Tue to Fri) 10.00am to 6.00pm (Sat to Sun) \*By appointment only for Mondays and Public Holidays

Mizuno Golf School

Tel: 9151 8852

Email: edmund.tan@mizuno.com.sg

**Phil Brew Golf Academy** 

Tel: 6910 7057

The Golfing Lab

Tel: 9752 9297 / 9276 0038 8.00am - 10.00pm (Mon-Sun)

### **GOLF PRO-SHOP**

Transview
Tel: 6543 2051

7am to 7pm, (Mon-Sun)

### **OTHERS**

**Sundry Shop** 

12.00pm to 8.00pm (Mon-Sun)

### CORPORATE PRIVATE EVENTS

**NSRCC Changi** 

The Falcon, The Corvette, The Leaders, Oriole 1 & Oriole 2

For booking enquiries, call 6543 5082 / 6543 5735 or email: events@nsrcc.com.sq

NSRCC Kranji

The Sanctuary I & The Sanctuary II
For booking enquiries, call 6795 3200

### F & B OUTLETS

**Appetizer @ Bowling Centre** 

12.00pm to 11.00pm (Mon-Thu)
12.00pm to 2.00 am
(Fri, Sat & Eve of Public Holidays)
10.00am to 11.00pm (Sun & Public Holidays)

JCafe @ The Deck

Tel: 6546 3839 7.00am to 8.00pm (Mon-Sun)

**Jumbo Seafood** 

Tel: 6552 3435

Lunch: 11.30am to 3.00pm (Mon-Sat) 10.00am to 3.00pm (Sun & Public Holidays) Last orders at 2.15pm

Dinner: 6.00pm to 11.00pm (Mon-Fri) 5.30pm to 11.00pm (Sat, Sun & Public Holidays) Last orders at 10.15pm

Viola

Tel: 6386 8011 4.00pm to 1.00am (Mon-Sat)

NSRCC Kranji The Terrace Café Tel: 6791 1948

7.00am to 8.00pm (Mon-Sun)

### SEA SPORTS CENTRE

**Facilities** 

Centre for Performance Transformation

Tel: 6214 9412

Constant Wind Sea Sports Centre & Pro-shop

Tel: 6445 5108

10.00am to 7.00pm (Mon-Sun)

F&B Outlets

**Bellyview Cafe** 

Tel: 6445 5108 11.30am to 9.45pm (Mon-Sun)

Gurame Indonesian Restaurant

Tel: 6542 2038

Lunch: 11.00am to 2.30pm (Mon-Sun)

Last orders at 2.00pm

Dinner: 6.00pm to 9.30pm (Mon-Sun) Last orders at 9.00pm

STELLA

Tel: 6214 9168

12.00pm to 12.00am (Mon-Sun)

### **BUNGALOW**RECEPTION

Tel: 6542 2036 Fax: 6545 6544 Opening Hours: 9.00am to 8.00pm (Mon-Sun) Booking Hours: 9.00am to 7.00pm (Mon-Sun)

Six-month advance bookings are open on a rolling basis. Members can make bookings via phone, in-person or the Internet at our website www.nsrcc.com.sg

Check-in: 2.00pm to 7.00pm Check-out: 9.00am to 10.00am





# STAR WARS The Last Jedi

: 14 December 2017 5ave up to 30% !!!! Date

Time: 7.30pm - 10.30pm (Estimated)

Venue: Plaza Singapura Golden Village

Single : \$12.50/ticket + Combo

2 or more: \$11.50/ticket + Combo

Combo' - Regular Popcorn + 500ml Coke

For ticket reservations, please contact Stephen at 6540 8563 or email S&R@nsrcc.com.sg

Registration will close on 30 November 2017.

